



FAMILY MEDICINE CLERKSHIP

EOQ HIGHLIGHTS Newsletter

March 3-4 2017

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RSVP for the SPRING Friday, June 2nd EOQ

RSVP Link: <https://catalyst.uw.edu/webq/survey/fmclerk/332163>

SAVE-THE-DATE: 2017-2018 End of Quarter Meetings

AUTUMN October 13, 2017

WINTER March 9,10 2018

SPRING June 8, 2018

Top Five Take-away Points from the March EOQ

- 1) **New** PCOF videos and updated form at www.pcof.us Faculty do not have to complete the entire form every time, consider focusing on the areas that apply to one of the three main parts of an encounter for any given observation: agenda setting and rapport, data gathering and physical exam, or shared decision making and closure.
- 2) Assess kitchen literacy: ask your patients if they cook.
 - For recipes and resources, check out the Tulane Goldring Center for Culinary Medicine: www.culinarymedicine.org
- 3) Remember to ask about animals in the home and to collaborate with animal medicine colleagues.
- 4) There are resources on talking about suffering with students on our Info for Faculty website. Contact Tom Egnew (TEgnew@multicare.org) if interested in working more on this
- 5) Look at the website for a summary of best practices.



Group Photo: EOQ Participants

Clerkship and Site Updates and Announcements

Clerkship

- Clerkship Evaluation Overview: Family Medicine Clerkship reported 100% of sites give mid and end of clerkship review to students. Thank you to all sites for your efforts.
- Spring A and B will have students new to clinical rotations. New academic year for clerkships will run from the end of March to the end of March each year.
- Completed a Clerkship 360 Survey – update at June EOQ.
- Clarification on the concerns about talking about religion with students: Talking about religion as it relates to patient care is absolutely acceptable. Religion is a big part of many of our communities, and can be a very important part of life experience for many of our patients. The concern is when students feel put on the spot to discuss their own religious preferences or experiences, and we ask that you avoid doing this.
- **Teaching Physician – Login: uwfamedmse & Password: uwfamedpassword**
 - **Focus of the month:** <https://www.teachingphysician.org/content/focus-of-the-month/april-2017>

Site

- Some sites taking Primary Care Practicum (PCP) students and really enjoying it.
- A lot of growth at clerkship sites.
- A few new sites are starting to take medical students, please let us know if you have questions.



Discussion on the PCOF Curriculum Update

Patient Centered Care Curriculum Update

Larry Mauksch, MEd & Jeanne Cawse-Lucas, MD

This was an engaging session about the updated training now available on Patient Centered Care. If you were not at the EOQ please be sure to complete the new PCOF training and look through all linked resources below. Be sure to check out the linked slide-set below if contains links to some excellent online videos on empathy.

Complete the updated training here: PCOF.US

The Patient Centered Observation Form (PCOF) is a communication and relationship assessment tool to help health care team members communicate effectively with patients. Using the PCOF promotes self-assessment and enables users to provide articulate, focused feedback to others. Users of this site are introduced to the PCOF through rating video interactions between health care team members and patients. A downloaded version of the PCOF is used for qualitative and quantitative evaluation. Once completed, the anonymous user transfers quantitative ratings to our website and then is able to compare their own evaluations with expert quantitative and qualitative evaluations of the same videos.

Presentation slides and some additional links and resources for the update PCOF Curriculum:

- Updated link: PCOF.US – to the PCOF training and handouts!
- Patient Centered Care Curriculum Slides: <http://tiny.cc/PCOFupdate>
 - o *Contains links to excellent online videos on empathy!*
- Physicians' Interruptions During Interactions With Patients: <http://tiny.cc/Mauksch2017jama>
- Using the patient centered observation form: Evaluation of an online training program: <http://tiny.cc/usingPCOFmkjclmkjc>

Delicious Sells Better Than Disease

Anne-Marie Gloster, PhD, RD and Chef Andrea Benson

Anne-Marie Gloster, a dietician, and Chef Andrea Benson, presented on the importance of assessing kitchen literacy during patient interactions, and activating patients to start preparing their own meals. Home-cooked meals have significantly fewer calories and sodium, and also cost less and use fewer processed foods. She also led the groups in a competition to make the best salad. See the recipe card linked below!

Useful website, slides, handout:

- The Goldring Center for Culinary Medicine: <https://culinarymedicine.org>
- Slides from talk: <http://tiny.cc/deliciousellsbetter>
- Salad Recipe Card: <http://tiny.cc/makeasalad>



Interactive group activity with EOQ Participants



Participants listen to Dr. Rabinowitz

One Health: Connections Between Humans, Animals and Their Shared Environments in Primary Care

Peter Rabinowitz, MD, MPH

Dr. Peter Rabinowitz is the director of the UW Center for One Health Research, which explores the connections between human, animal, and environmental science. Dr. Rabinowitz explored the challenges that family physicians face while navigating complex relationships between humans and their pets, including support animals or exotic pets in the home, and the trend of animals becoming more involved in family life, which in turn translates to concerns about disease. He urged participants to remember veterinarians as a resource for these questions, and to communicate with them.

One Health Resources:

- Slides from talk: <http://tiny.cc/onehealth>
- Center for One Health Research: <http://deohs.washington.edu/cohr/>



Jeanne Cawse-Lucas, Tom Greer, and Misbah Keen acknowledge Dozier Tabb, Hanly Burton, and Travis Nielsen for the 2015-16 Family Medicine Clerkship Outstanding Faculty Awards (Additional winners not present in photos is Brad Volk and Jennifer Hyer)

Evening Celebration

Faculty Recognition and Awards

Distinguished Faculty

This award is given to clinical faculty for providing a substantial contribution to medical education within the Family Medicine Clerkship at the University of Washington School of Medicine. At this End of Quarter Meeting we acknowledge the following for their dedication to medical students.

Janice Gommersall, MD

Family Medicine Clerkship Outstanding Faculty Awards

This award is given to the top 1% of Family Medicine Clerkship faculty for demonstrating excellence and commitment to medical student teaching. The winners for 2013-14 academic year are

Hanly Burton, MD
Jennifer Hyer, MD
Travis Nielsen, DO
A. Dozier Tabb, MD
Brad Volk, MD



In addition to recognizing our faculty we also said thank you to Matthew Thompson, MD for his support of the clerkship as acting Chair over the last year.

Breakout Session: Productivity Focus Group

Tomoko Sairenji, MD, Misbah Keen, MD, Tom Greer, MD, & Pam Pentin, MD

Tomoko Sairenji and a team of facilitators led small group discussions on preceptor productivity. The purpose of the focus groups are to find out preceptor thoughts on productivity in clinic and how teaching a medical student may affect it. We collected input by recording each session and are currently working to analyze the transcripts collected. Focus group participants also completed a brief questionnaire. An update will be provided at the October End of Quarter Meeting on Friday, October 13, 2017.



Interactive discussion about new *optional* Curriculum on Suffering

Curriculum about Suffering

Tom Egnew, EdD, LICSW, & Pam Pentin, MD

Tom Egnew and Pam Pentin continued the discussion about teaching suffering in the Family Medicine Clerkship. Faculty wrote about their own patients who were suffering and then discussed these patients with colleagues. It was noted that no one hesitated before writing down the experience with suffering, but that many still struggle with how to respond to a student's experience of suffering. Several sites will pilot this new curriculum, and will report back to the group on an ongoing basis.

All resources are currently available on the FMC Info for Faculty page:

- <https://depts.washington.edu/fammed/education/courses/clerkship/info-faculty/>

Best Practices: Facilitated Group Discussion

Sonja Olson, MD, Misbah Keen, MD, Jeanne Cawse-Lucas, MD, & Jeremiah Bernhardt, MD

Here is a link to an outline of notes from the best practices session:

- <http://tiny.cc/bestpractice2017>

Thank you all for your hard work & Thank you for attending!

We are very open to feedback for upcoming EOQs. If there is a particular topic you would like to see covered, please email: fmclerk@uw.edu