Advisor Job Description

- 1. Liaison for resident to faculty body
 - a. communicating summative evaluations
 - b. communicating concerns or specific needs
- 2. Educational coordination
 - a. Elective rotations
 - b. Remedation plans if necessary
 - i. Documentation of necessity, goals, and timelines involved
 - ii. Involving other faculty or staff as is appropriate
 - c. Tutorial plans based on individual need
- 3. Point person for resident resident may choose to seek out mentor, but should always have advisor available to them

Responsibilities:

- 1. Programatic Review. Regular meetings with the resident review the evaluations as well as the resident's self evaluation and goals. **Assure alignment between program's summative evaluation and resident's self assessment.** Assess for any particular needs or deficits within their training.
 - a. Monthly for Interns during first quarter, then quarterly (or trimesterly)
 - b. Quarterly (trimesterly) for R2 and R3
- 2. Curricular review
 - a. Panel mix
 - b. Tracking in New innovations
 - i. Continuity OB
 - ii. Sports PE
 - iii. Nursing Home
 - iv. Home visit
 - v. Procedural documentation
 - c. Elective Rotation review appropriateness/timing/etc
 - d. Inservice Exams
 - e. Boards or licensure issues
 - f. Review metrics for the ACGME core values
 - i. Patient care
 - ii. Professionalism
 - iii. System Practice
 - iv. Interpersonal Skills and Communication
 - v. Medical Knowledge
 - vi. Practice Based Learning

- g. Offer guidance for scholarly achievements
- 3. Personal review unlike above, Advisor is to make themselves available should resident have concerns or issues. Encouraging personal well-being in addition to academic
 - a. May involve further discussion with Chief Resident or program director
 - b. May assist in finding medical care, however not provide that care
 - c. Advise the resident of "Due Process Policy" for issue resolution

.

Providence St. Peter Family Medicine Olympia, WA

Advising

Each resident has a faculty advisor assigned for each year in the program. The role of the advisor is to assist the resident in his/her progress through the residency curriculum, and to help tailor the experience to meet the resident's unique needs. The advisor is the liaison between the faculty and the resident for program feedback and summative evaluation. The resident's progress toward promotion and graduation requirements is monitored by the advisor to ensure that required experiences are documented. The advisor may provide resources for educational experiences and personal wellness needs, but is not a therapist for the resident or his/her family.

Duties and Responsibilities of the advisor:

- 1. Meet with the resident during Orientation to get acquainted and discuss goals for the year.
- 2. Meet with the R1 advisees monthly and with R2 and R3 advisees at least quarterly. Residents write a quarterly self-assessment to evaluate progress and commit to goals for the next quarter. The faculty meets for a Quarterly Review to discuss each resident's academic progress, activity and QI reports, summative feedback and professional development. The advisor and resident review the feedback and self-assessment, and plan educational goals and strategies.
- 3. Complete a Summary form for the Quarterly Review session with the resident which is signed by the resident and advisor and placed in the resident file. Resident concerns, trends, and an individual education plan are included in the report.
- 4. Be available to meet with the advisee when issues arise or the resident requests advice and guidance.
- 5. Keep the program director appraised of potential program or curricular problems identified by the resident and assist the program director in resolving program or system issues related to the advisee
- 6. Serve as resident advocate in case concerns or issues arise with the advise. The advisor will convey these issues to the resident and work to resolve them with the resident. Advise the resident of the Due Process Policy as needed to resolve issues successfully.



RESIDENT DEVELOPMENTAL ISSUES

"The Journey from Student to Colleague"

Goals:

- 1. Recognize psychosocial issues, professional issues, and knowledge/skill development which vary from one resident level to the next in a family practice residency.
- 2. Discuss teaching strategies which facilitate resident growth.

YEAR 1

PSYCHOSOCIAL ISSUES:

Personal

- 1. Increased complexity in setting priorities and managing time
- 2. Establishing or maintaining social support esp. during away rotations
- 3. Maintaining personal health (adequate rest, exercise)
- 4. Building confidence level and comfort with responsibility
- 5. Adjusting to new job and location
- 6. Dealing with missed expectations and unmet needs
- 7. Feeling overwhelmed, intense emotions
- 8. Fearing burnout and fantasizing about careers other than medicine
- 9. Taking on new roles in own family as provider of medical information and/or care
- 10. Fearing making an error in an emergency that might "kill" a patient
- 11. Losing idealism
- Dealing with the "loneliness" of internship, i.e. not having enough time or energy to build new bonds or process the big events and losses

Medical Community

- 1. Establishing new relationships with faculty and staff
- 2. Establishing new relationships with other residents, esp. own year group
- 3. Identifying possible mentors

Community

- 1. Taking care of basic needs: housing, utilities, driver's license, finances
- 2. Establishing a new provider for personal and family health care
- 3. Exploring local cultural, leisure and social activities

LEARNING NEEDS:

Personal

- 1. Transition from medical student to physician
- 2. Learning to be more self-motivated and self-directed
- 3. Knowing limitations and asking for help

Patient Care

- 1. Learning inpatient clinical skills: emergency care, cross-cover management, large volume of data, charting, d/c summaries
- 2. Doing more procedures
- 3. Prescribing many new drugs
- 4. Learning practical outpatient family medicine knowledge and skills
- 5. Learning to adapt charting skills to the outpatient setting

Precepting

- Not wanting too much information; just what's needed to survive or help the patient right then
- 2. Refining skills in formulating questions for preceptors

Medical Community

- 1. Gaining knowledge of clinic and hospital systems
- 2. Getting to know consultants
- 3. Gaining knowledge of social services, allied health systems, community resources

PROFESSIONAL ISSUES:

Personal

- 1. Dealing with the discrepancy between perceived expectations of supervisors and perceived ability to fulfill those expectations
- 2. Coping with frequent changes of service with concomitant changes in expectations of supervisors
- 3. Feeling pulled between conflicting expectations of Family Practice and other services
- 4. Being punctual and reliable
- 5. Refining judgement
- 6. Fitting in, i.e. "walking the walk and talking the talk"
- 7. Caring for patients you don't like

Patient Care

- 1. Being less efficient than more senior colleagues
- 2. Managing a broad spectrum of patients
- 3 Having increased responsibility for patients
- 4. Being inexperienced with continuous, family-oriented, comprehensive care

Medical Community

- 1. Working as a team member
- 2. Communicating with consultants and other team members
- 3. Learning to charge appropriately, i.e. how valuable is your time
- 4. Participating in program or institution activities

YEAR 2

PSYCHOSOCIAL ISSUES:

Personal

- 1. Comfort with increased responsibility
- 2. Dealing with anger, lack of control
- 3. Dealing with emotional fallout and effects of internship on personal relationships
- 4. Spending increased time with family and friends
- 5. Questioning choice of specialty; having time to think about this
- 6. Coping with the increased financial burden of student loan payments
- Questioning whether you have learned half of what you should at the mid-way point of residency

Medical Community

- I. Establishing mentor relationships
- 2. Acknowledging the effects of training on caring and compassion
- 3. Discovering that faculty are not "perfect," i.e. not always available and not brilliant

Community

1. Relocation or house purchase

LEARNING NEEDS:

Personal

- 1. Transition from learner to teacher, supervisory skills
- 2. Adjusting to different teaching styles of preceptors which are designed to foster independence; may appear that faculty don't care as much
- 3. Increased discomfort for some due to the reduced structure in residency curriculum

Patient Care

- 1. Learning advanced inpatient skills
- 2. Increasing knowledge and use of behavioral skills
- 3. Doing more preventive care
- 4. Caring for continuity obstetrical patients
- 5. Doing FP night call and telephone medicine
- 6. Practicing in moonlighting settings
- 7. Refining follow-up plans

Precepting

- 1. Coping with ambiguity, multiple options
- 2. Striking a balance between greater independence/autonomy and seeking help and guidance when needed

Medical Community

More effective utilization of social services and other health care team members

PROFESSIONAL ISSUES:

Personal

- Refining problem solving skills 1.
- Establishing professional style and persona 2.
- Being open-minded and flexible 3.
- Beginning to consider career options 4.

Patient Care

- 1. Expectation of an increased volume of outpatient visits
- Increased frustration with residency clinic operation after away rotation or community 2. practice experiences

Medical Community

- Feeling more integrated into family practice center 1. 2.
- Participating more in residency or medical organizations
- Establishing preferred style of interaction with nursing and support staff 3.

YEAR 3

PSYCHOSOCIAL ISSUES:

Personal

- Anxiety about independence and evolving autonomy 1. 2.
- Personal and family concerns/uncertainty over career choice
- Personal transitions: pregnancy, partnerships 3.
- Renewed relationships with family and friends 4. 5.
- Anxiety over leaving the familiar comfort of the program and geographic area; "starting
- 6. Feeling on the "outside" or isolated because of impending departure

Medical Community

- Terminating relationships with teachers, mentors, staff 1.
- Transitioning to collegial relationships with faculty 2.

Community

Increased time for community activities/cultural and social events

LEARNING NEEDS:

Personal

Developing a CME approach to ongoing knowledge and skill building

Precepting

- 1. Utilizing preceptors more effectively
- 2. Being more selective in which patients to discuss with preceptor

Patient Care

- 1. Advanced outpatient management skills
- 2. Acquisition and improvement of outpatient procedural skills
- 3. Loss or re-definition of inpatient skills
- 4. Handling a much larger volume of patients

Medical Community

- 1. Improving skills in managed care setting
- 2. Being more invested in clinic operation and problem solving, balanced against pulling away because of planned departure

PROFESSIONAL:

Personal

- 1. Dealing with uncertainty
- 2. Being overconfident or under confident
- 3. Fearing missed educational opportunities
- 4. Increased reliance on peer group for on-call communication/cooperation
- 5. Increased awareness of the future of Family Practice as a specialty
- 6. Anxiety crescendo of finding a job (interviewing/evaluating practice sites and contracts)

Patient Care

- 1. Recognizing strengths and capabilities
- 2. Terminating relationships with patients
- 3. Being more comfortable in outpatient setting, enjoying time in FP center
- 4. Dealing with increased percentage of visits with patients who don't get better
- 5. Perception that clinic runs worse than last year, due to increased time spent in clinic (sampling error)

Medical Community

- 1 Taking on leadership roles in residency program
- 2. Serving as a role model for medical students and junior residents

g:\wpdata\admin\workshop\advising\resdev.hdt

How do you assess resident maturity?

Job maturity:

- What rotations have you already taken? 1
- What has been your prior experience in this area? 2. 3.
- What are your clinical limitations you want to work on?
- What do you need from this rotation? 4.
- e.g. How many deliveries have you done? 5.
- e.g. How many new diabetics have you evaluated in the outpatient setting? 6.

Psychological maturity:

- Is the resident willing to assume responsibility? 1.
- Does the resident have the desire to achieve? 2. 3.
- Does the resident persist rather than give up with complex tasks? 4.
- Is the resident willing to work independently? 5.
- Does the resident have a positive work attitude?
- Does the resident over function or under function?

How does knowledge of resident developmental stages help teachers?

- 1 Gives them increased awareness of the learner's perspective
- Helps them separate a troubling behavior from a resident with a predictable reaction to 2 3
- Helps them prepare learners for these stages
- Assists them in providing more effective advising and career counseling 4 5.
- Assists them in making programmatic changes which address these issues

Examples of changes based on knowledge of these

For First Year Residents

- preceptors spend more time assessing level of prior experience
- preceptors /ward attendings are explicit about expectations of the intern
- residency program provides a mechanism for interns to get as much information about their
- representation in the management of common outpatient problems
- faculty and program assist residents and their families in acclimating to the community

For Second Year Residents

- ⇒ faculty use a more "hands off" style of precepting to allow for more independent decision making
- residency program provides training in supervisory and teaching skills
- faculty and clinic personnel encourage residents to be more involved and integrated into

For Third Year Residents

- faculty use a more collegial or "senior to junior partner" style of precepting; faculty consult
- residency programs provides more education in managed care skills
- program provides more leadership roles in residency program and clinic operation
- faculty allow greater resident autonomy in decision-making esp. when resident is on-call

Patient Care - Is capable of gathering essential and accu	urate data to formulate a basic assessment & plan using a
caring approach to patients.	· -
Average score on Quarterly Faculty Evaluations =	≥5 Adult intubations on Surgery-1
Competency	2 Mauve teams (1 OB & 1 Peds)
	2 Sim labs- ACLS
Passes all rotation evaluations	10 NBR's at delivery
	≥ 10 SVD's per OB block
	Complete BSQ's in AROM, FSE and IUPC placement after
	1 st block rotation
	10 Blue teams by end of 2 nd year
	See ≥ 150 patients in SPFM
Comments:	See 2 130 patients in 31 1 W
Commence.	
Madical Knowledge Demonstrates a broadth of know	rledge with which to appropriately treat common medical
conditions, and is able to prioritize more urgent probler	
Average score on Quarterly Faculty Evaluations =	NRP
	BLS/ACLS
Competency	
	ALSO
	PALS
Passes all rotation evaluations	FHT certification (Health Stream)
	Attend Acid-Base Lecture & do test
	Attend >50% of didactics, etc
	Complete 2OB Monographs on NOB
	Pass ITE by program margin or complete IEP
Comments:	
Dunctice based Legunium Creates a goal eviented plan	for solf directed loorning to able to access the medical
Practice-based Learning - Creates a goal-oriented plan	
literature, present topics in an evidence-based (EB) man	nner, and care for a panel of pts in an outcomes-driven
manner.	
Average score on Quarterly Faculty Evaluations =	Complete 4 qtrly Self-assessments
Competency	Present an EB Med case conference
	Present an EB OB-GYN topic
Passes all rotation evaluations	Present an EB Surgery topic
	Review Care Manager list of pts with DM & chronic pain
	with team MA
Comments:	

R1 Competencies - By the end of the year, the resident will:

Interpersonal and Communication Skills - Establishes to sensitive manner. Communicates effectively with all members. Completes medical records in a timely fashion.	herapeutic and empathetic relationships in a culturally embers of the health care team in person and by electronic
Demonstrates the ability to supervise & teach new R1's	Demonstrate competency in Pt -Centered Communication per checklists
Average score on Quarterly Faculty Evaluations = Competency	
Passes all rotation evaluations	
Comments:	
Professionalism - Demonstrates compassion, honesty, regulations pertaining to medical practice and SPFM po	integrity, respect for others, and compliance with laws and olicies.
Average score on Quarterly Faculty Evaluations = Competency	Annual Resident Retreat Attend Interns' Pause Complete Health Stream on time
Passes all rotation evaluations	Complete SPFM office notes within 48 hrs No pattern of delinquency on PSPH records
Comments:	
Systems-based Practice - Identifies issues related to endelivery of health care.	rors, cost and the need for interdisciplinary collaboration in the
Average score on Quarterly Faculty Evaluations = Competency Passes all rotation evaluations	Complete Health Systems Curriculum on RFP
Comments:	
Q1 Faculty signature	Date
O1 Resident signature	Date

Date
Date
Date

R1 Competencies - By the end of the year, the resident will:

Patient Care - Uses a team approach to supervise & del	iver care that is patient-focused and includes advanced				
assessment and care planning across a variety of health care settings.					
Average score on Quarterly Faculty Evaluations =	Manage ≥ 10 Code Blues				
Competency	2 Mauve teams (1 OB & 1 Peds)				
Passes all rotation evaluations	2 Sim labs- ACLS				
	≥ 10 SVD's per OB block				
	Manage ≥ 15 ICU pts by graduation				
	3 Sports Med events by graduation				
	See ≥ 1650 patients in SPFM over 3 years				
Comments:					
•	o critique medical knowledge important to specific cases, and				
demonstrates critical judgment to care for patients who					
Average score on Quarterly Faculty Evaluations =	Attend Acid-Base lecture & score >70% on test				
Competency	Attend >60% of didactics, etc				
	Pass ECG BSQ test				
	Complete 4 Monographs on NIR				
Passes all rotation evaluations	FHT certification (Health Stream)				
	Pass ITE by program margin or complete IEP				
	Pass Part III of USMLE/Comlex Board Exam				
Comments:					
	well, to improve self and others. Adapts knowledge and clinical				
practice based on evidence, peer review, system deman					
Average score on Quarterly Faculty Evaluations =	Complete 4 qtrly Self-assessments				
Competency	Present an EB Med case conference				
	Present an EB OB-GYN topic				
Passes all rotation evaluations	Present an EB Peds topic				
	Manage Care Manager list of DM & chronic pain patients				
	with RN Specialist				
Comments:					

· · · · · · · · · · · · · · · · · · ·	etient's & family's ability to engage with difficult information & e models effective communication on a health care team and			
Average score on Quarterly Faculty Evaluations = Competency	1 Peds Home Visit with MSW Perform at least one Beh. Sci Dx interview with MSW			
Passes all rotation evaluations				
Comments:				
Professionalism - Manages patient care with compassion altruism, humanism, & accountability to self & others.	on, respect for diversity & patient autonomy. Role models			
Average score on Quarterly Faculty Evaluations = Competency Passes all rotation evaluations	 Annual Resident Retreat Spirituality Retreat (1 of 3) ≥ 2Graduation CME's by graduation Complete Health Stream on time Complete SPFM office notes within 48 hrs No pattern of delinquency on PSPH records 			
Comments:				
Systems-based Practice - Role models and teaches cost the provision of team-based care.	awareness, risk-benefit analysis, and a systems approach in			
Average score on Quarterly Faculty Evaluations =CompetencyPasses all rotation evaluations	Complete Health Systems Curriculum on RFP			
Comments:				
Q1 Faculty signature	Date			
Q1 Resident signature	Date			
Q2 Resident signature	Date			
Q3 Resident signature	Date			
Q4 Resident signature	Date			

Patient Care - Effectively provides family-centered patie	ent care in all settings, including health promotion, chronic
disease management, acute care, and end-of-life care.	
Average score on Quarterly Faculty Evaluations =	12 ED shifts
Competency	5 Urology sessions
Passes all rotation evaluations and completes:	Care for ≥ 2 continuity Nursing Home pts over 2 years
1. 8 Chief weeks	≥ 50 SVD's
2. 8 Green/Elective weeks including:	≥ 15 continuity OB's
1 Ortho,	Manage ≥ 15 ICU pts.
1 Sports Med	Successfully perform all required BSQ's and procedure #'s
1 ENT/Opth week	(see list)
	3 Sports Med events
	See ≥ 1650 patients in SPFM over 3 years
Comments:	
Medical Knowledge - Role-models how to adapt evide	nce-based knowledge to patient needs within our health care
system, and teaches residents, medical students and ot	her health care professionals these skills.
Average score on Quarterly Faculty Evaluations =	Attend >80% of didactics, etc
Competency	Pass ITE by program margin or complete IEP
	Recert - NRP
	Recert - BLS/ACLS
Passes all rotation evaluations	☐ Take & pass the ABFM certification exam
Comments:	I.
Practice-based Learning - Systematically analyzes pract	ice using quality-improvement methods, and implements
	romote life-long learning. Educates the health care team.
Average score on Quarterly Faculty Evaluations =	Complete 4 gtrly Self-assessments
Competency	Present an EB Peds topic
- Composition of	Present 2 didactic lectures
Passes all rotation evaluations	Complete a QI project
assess an rotation evaluations	Lead 2 Journal Clubs
	Proactively manages DM and chronic pain panels with
	clinical team
Comments:	
Comments.	

R3 Competencies - By the end of the year, the resident will:

	atient-centered communication to facilitate a health-care team
approach that promotes cost-effective optimal patient	
Average score on Quarterly Faculty Evaluations =	4 Home Visits with FP faculty as R3 (1 geriatric)
Competency	
Dance all materials and backing	
Passes all rotation evaluations	
Comments:	
Professionalism - Mentors other learners in the use of	multidisciplinary collaboration for the benefit of the individual
and the community. Advocates for patient needs and as	
	-
Average score on Quarterly Faculty Evaluations =	Annual Resident Retreat
Competency	Spirituality Retreat (1 of 3)
	≥ 2Graduation CME's
Passes all rotation evaluations	Complete Health Stream on time
	Complete SPFM office notes within 48 hrs
	No pattern of delinquency on PSPH records
Comments:	
•	urce-based care of patients, advocating for optimal health care
systems and improved patient safety.	
Average score on Quarterly Faculty Evaluations =	15 OOC meetings
Competency	10 Practice Management seminars
(F	Complete a Community Medicine project
Passes all rotation evaluations	Complete Health Systems Curriculum on RFP
Comments:	,
Q1 Faculty signature	Date
Q1 Resident signature	Date
Q2 Resident signature	Date

Q3 Resident signature	Date
Q4 Resident signature	

R3 Competencies - By the end of the year, the resident will:

Procedure Log Report

Resident:		Year:	
-----------	--	-------	--

	Minimum required for	Cumulative Total				BSQ
PROCEDURAL SKILLS	Graduation	Q1	Q2	Q3	Q4	Completed
Amnioinfusion	(3)					
Anoscopy	(2)					
AROM	(3)					
Aseptic Technique	Surgery Checklist					
C- Section Assist	(5)					
Casting/Splinting	(2)					
Cervical Cancer Screening	BSQ ONLY					
Circumcision with nerve block	(5)					
Colposcopy (w ECC)	(10)					
Cryotherapy- skin	(2)					
ECG	BSQ ONLY					
Endometrial Biopsy	(3)					
Episiotomy/OB Lac Repair (1 & 2 Degree)	(5)					
Fetal Scalp Electrode	(3)					
ICU Patients - Medical Management	(15)					
Incision & drainage	(3)					
Intubation - adult	(10)					
Injection/aspiration large joint	(3 each: shoulder & knee)					
IUD Mirena/Paraguard	(3)					
IUPC placement	(3)					
Labor augmentation/induction	(5)					
Laceration repair - skin	(5)					
LP (total Adult & Peds)	(3)					
Pelvic Exam/Pregnancy Dating	BSQ ONLY					
Resuscitation - Adult (Code Mgmt)	(10) Sim Lab Check List					
Resuscitation - Newborn	(10) Sim Lab Check List					
Skin procedures- excisions, punch, shave	(10)					
Slit Lamp Exam	BSQ ONLY					
SVD	(50)					
SVD/C-section - Continuity	(15 continuity)					
Toenail removal with digital block	(3)					
Trigger point injection	(3)					
Ultrasound OB Basic	(5)					
Vacuum assist delivery	(5)					
Vasectomy	(2) BSQ Req for Privileges					

Quarterly Advisor / Advisee Meeting Summary Page

Resident's Name: Resident name

	Data	<u>ı:</u>								
	☐ Review PGY year schedule as of									
		Review evaluations (resident & faculty) of completed rotations								
		Review S	Review SnapShot evaluations							
		List any	new presen	tations give	n					
		Review p	orocedure li	st and noon	conference	e attendance)			
		Review p	productivity	reports (wh	nen availabl	e)				
		Review I	n-training e	exams (2 rd qı	uarter)					
	<u>Plan</u>	ning/Reside	ent Develop	ment:						
	□ resic	Identify : Ients own o			eficiencies	from evalua	tions, exan	n results and		
		Plan lear	ning goals	based on str	engths, lim	its, and defi	ciencies			
		Determin	ne learning	activities to	achieve go	als for the y	ear ear			
		Identify	Identify new (or review) personal goals for overall well-being							
		Discuss s	cholarly pro	oject or qua	lity improve	ement proje	ct (as appr	opriate)		
		Miscellaneous information addressed in this meeting								
Γ										
	Com	ments								
_										
	Novice Advanced Beginner		_	Comp	petent	Prof	icient 8	Expert		
met	imes	Consistently	Sometimes	Consistently	Sometimes	Consistently	Sometimes	Consistently	Sometimes	
	(Resident Signature)				(Fac	culty Advisor Si	gnature)	_		
	(Date)						(Date)		_	