

THE MOSES LAKE CLINIC WELCOMES

1ST YEAR MEDICAL STUDENT

MAEVE SAYRES



Hello, Moses Lake!

My name is Maeve Sayres and I am a first-year medical student at the University of Washington. I was raised in beautiful Valleyford, WA and was part tight-knit and very supportive community. The contiguous fields and forest accommodated an abundance of wildlife, such as deer, coyotes, turkey, porcupines, and the occasional moose or herd of wild elk. My brothers and I spent most of our childhood outdoors acquiring ticks and bee stings, and climbing and shooting hay bales with our bows and arrows.

I ran cross country and track for Western Washington University in Bellingham, WA and graduated with a B.A. in Spanish. During summer breaks I fed my interest in community health as an intern and team member at Spokane Regional Health Department and later at Whatcom County Health Department. We worked on very cool projects such as improving communication between the health department and the local Hispanic/ Latino population. Other projects focused on educating at-risk teens and low-income families on sexual health and budget-minded nutrition.

I spent a year studying at the Universidad de Cantabria of Santander, Spain where my Spanish language skills advanced from pathetic to nearly fluent. Through school and local sports clubs I founded life-long friendships with locals and other exchange students from around the world and developed a rich understanding of other cultures.

After graduation I completed a practicum in the Communicable Disease and Epidemiology Department of the Whatcom County Health Department where I created and facilitated a descriptive research project, which studied the injection drug using client population at the Needle Exchange Program. I also worked at Brigid Collins, a private non-profit family support center for families who are at risk of substance and child abuse.

I enjoy outdoor activities like running, hiking, biking, camping, and skiing. I love to read and travel, and to spend time with my family and friends. I find the challenges of eloquent recipes, such as gnocchi or crab cakes, to be exciting. My current focus has been perfecting pizza and reaching consistency when it comes to baking yeast breads.



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UW Medicine
UW SCHOOL
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TRUST

(Targeted Rural/Underserved Track)

The goal of Washington TRUST is to allow for a focused medical school experience in underserved care, with the eventual goal of returning physicians to practice in the underserved areas of Washington. Washington TRUST scholars will have multiple opportunities to experience first hand the joys and satisfaction of practicing medicine in an underserved community.

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