F[**Billings Family Medicine**](https://depts.washington.edu/fammed/education/courses/clerkship/sites/billings-family-medicine/)**-Updated May 2016**

**City**

Billings

**State**

MT

**DETAILS**

# BILLINGS FAMILY MEDICINE

RiverStone Health Clinic

Montana Family Medicine Residency

123 South 27th Street

Billings, MT 59101

# LEAD PRECEPTOR FOR FAMILY MEDICINE CLERKSHIP

# Mathew Westmark, MD

# LEAD PHYSICIAN FOR THE BILLINGS TRACK

# Roxanne Fahrenwald, MD

# BILLINGS TRACK SITE COORDINATOR

# Suzie Thomas

# [Suzie.tho@riverstonehealth.org](mailto:Suzie.tho@riverstonehealth.org)

# 406.247.3285

**BILLINGS COMMUNITY**

Billings is the largest community in Montana, serving both as a primary care and specialty referral center.

Billings is called the “trailhead” to Little Bighorn Battlefield, Pompeys Pillar National Monument, the Dinosaur Trail, Yellowstone National Park, plus excellent year round recreational opportunities.; hiking, skiing, fishing, kayaking, mountain and road bicycling, golf, and tennis. There are many great local restaurants and micro-breweries as well.

* **Billings Trivia “Facts”**
* Billings has two Level II trauma hospitals, St. Vincent Healthcare and Billings Clinic
* On average, the warmest month is July, with December being the coldest.
* The highest recorded temperature was 112°F in 1901. The coldest was -49°F in 1899
* It is sunny all year!

# BILLINGS TRACK GENERAL INFORMATION

# Billings is Montana’s largest city. Our two hospitals, Billings Clinic and St. Vincent Healthcare, practice full scope patient care to provide specialty care to an area larger than the entire northeastern United States.

The Billings Family Medicine rotations are based out of RiverStone Health, a community health teaching center. The Montana Family Medicine Residency, a recognized Patient Centered Medical Home with interdisciplinary care teams and fully integrated behavior health is also located at RiverStone Health. There are 24 residents, 16 faculty and numerous professional support personnel.

Students spend their first and last week at RiverStone Health, the middle four weeks are spent at one of the outpatient Family Medicine clinics affiliated with the two local hospitals. Hospital inpatient service with the Family Medicine Service hospital team can be arranged.

Our preceptors have extensive experience teaching. Many are affiliated with UWSOM. Our sites are multidisciplinary including pharmacy, sports medicine, osteopathic, psychology, and hospitalist.

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| --- | --- | --- |
| **RiverStone Health Clinic**  123 South 27th Street  Billings, MT 59101 | **Billings Clinic West**  2675 Central Ave  Billings, MT 59102 | **St. Vincent Healthcare West** **Grand**  2750 Grand Ave  Billings, MT 59102 |

Dr. Mathew Westmark, the Family Medicine clerkship coordinating physician and Suzie Thomas, the track coordinator, will handle the overall coordination of the track. You can contact the Billings Track Office with any questions about your rotation to make preliminary arrangements and feel free to contact them with any questions or concerns during your time in Billings.

# Preliminary Arrangements

You will receive an email from Suzie approximately 4 weeks prior to the start of your rotation. This email will give you all the information regarding your Family Medicine rotation; orientation on your first day, housing; directions and entrance into the Student House. Two weeks before the start of your rotation, an introductory email will be sent to you and your preceptor. This is an opportunity for the student and preceptor to communicate with each other before the start of the rotation.

**Arrival**

You should plan to arrive in Billings no later than the day before the beginning of your rotation.

**Orientation**

On the first day of your rotation you will participate in the Billings Track, Family Medicine Clerkship Orientation at RiverStone Health with Suzie Thomas. You will receive an email with more specific instructions. The orientation will include a tour of RiverStone Health, faculty and staff introductions, procedures and policies of the clinic. Dr. Mathew Westmark, the lead preceptor will also meet with you. A laptop will be assigned to you and training will be provided on the use of our electronic health records.

You will also participate in an orientation for the outpatient clinic you spend the middle four weeks of your rotation.

**Dress**

The basic objective of the clerkship is for you to experience being a family physician in the community. The best way to get this experience is to emulate the physicians with whom you work. In each of these practices, the patients have been told that students will be involved in their care. You should make a point of wearing your UW nametag, white coat in the hospital and sometimes clinical settings, and student nametags given to you at the facilities. You should introduce yourself as a student physician working with the practice as part of your medical studies at the University of Washington.

**Satellites**

Healthcare for the homeless and incarcerated

Evening Walk-in Clinic

Saturday Urgent Care

Rural Clinics in Worden, Bridger, and Joliet may be arranged depending on interests and preceptor availability

**Duties**

**Clinical Work**

* Observe how comprehensive health assessment, education, and care are delivered in a CHC, homeless clinic, and a correctional facility by an interdisciplinary team.
* Develop an understanding of the role of community based teams in supporting healthy learning and behaviors in the under‐resourced populations.
* Experience the role of the physician in developing a care plan in long term care facilities.
* Utilize point-of‐care mental health resources and personnel for mentally ill patients.

# Education and Didactics

Students should expect to participate in a number of educational/didactic meetings:

* Frank Discussions, named after Frank Newman, one of the pioneers in the development of the WWAMI program. Frank Discussions is usually scheduled once during each rotation block at the student house. Local preceptors are scheduled to present a hot topic learning experience. A meal is provided.
* MFMR Didactics - Wednesday afternoon - schedule provided during orientation
* Part of your schedule may include visiting other health care facilities in Billings; nursing home, Women and Family Shelter, Men’s Rescue Mission, Youth Services Center, Remote Access Points.

**Patients**

At the RiverStone Health Clinic (a community health clinic and patient-centered medical home), students see a mix of family medicine patients including lower income and the underserved. At the local hospital affiliated clinics, students will see a more typical mixture of outpatient populations.

**Housing**

The Billings Student House is a six bedroom, 3 bathroom home located within walking distance of both hospitals, St. Vincent Healthcare and Billings Clinic. It is also in close proximity to downtown Billings and RiverStone Health Clinic.

The Billings Student House has the capacity to accommodate 8 students comfortably. Two of the rooms are large enough for two queen sized beds. In the event there are 8 students at the same time staying in the Billings Student House, you may be sharing a room. The Student House is fully furnished; kitchen, laundry facilities; 2 large refrigerators, wireless and cable, towels and linens are provided. Family accommodations may be available with advance notice and availability. No pets.

**Transportation**

Students are asked to provide their own transportation. You may have the opportunity to spend time in one of our outreach clinics, plus you will have time off during your rotation and want your own transportation to get out of town to explore! Students also bring their bikes to Billings.

**Features**

RiverStone Health is a community health center, and one of the first 11 Teaching Health Centers. Practicing in a community health center has several advantages. Providers care for high-needs patients with limited resources and access to care. They learn to treat patients in the full spectrum of their illness and social milieu while using resources wisely. As a National Committee for Quality Assurance recognized Patient-Centered Medical Home, behavioral health consultants, care managers and pharmacists are integrated into clinical care teams, helping residents understand the options and resources necessary to surmount obstacles to care.  We prepare our graduates to be comfortable with a wide range of practice choices from rural and frontier communities to underserved populations or in hospital settings. Wilderness Medicine Fellowship through the Wilderness Medicine Academy offers an additional skill set many residents have used in medical missions, expeditions, and trauma care.

Underserved Pathway

# STUDENT SUMMARY SHEET

Email your completed form to and email Suzie Thomas [suzie.tho@riverstonehealth.org](mailto:suzie.tho@riverstonehealth.org) two weeks prior to your arrival at the site.

**Housing Needs:**

**Student Summary Sheet**

*Please contact us if housing needs have changed after submitting your initial housing survey i.e. accompanying spouse/children/etc.*

|  |  |
| --- | --- |
| **Name** | **Clerkship Site** |
|  |  |
| **Address:** | **Clerkship Dates** |
|  |  |
| **Phone** | **Pager** |
|  |  |

**First Year spent at (please circle one): Madigan Students only:**

UW WSU UWY UA UI MSU Soc Sec.

\*\*\*Use for secure purposes only.\*\*\*\*

**Education Information:**

College/Major/Degree

1.

2.

3.

Major Clerkships Completed:

**Ambulatory Experience** (includes clerkship or course name and number of weeks/hours spent in ambulatory care):

**Personal Information**

*Your site would like to get to know you as a person. Please provide the following information. This information will not be reflected in the faculty’s evaluation of you.*

**Birth Place Other places you have lived**

**Short and Long Term Career Plans:**

**Future goals outside of medicine:**

**Your expectations of this rotation:**

**Is there anything else you w**

**ould like to add?**