BILLINGS FAMILY MEDICINE

Montana Family Medicine Residency 123 S 27th St Billings, MT 59101 406.247.3306

Billings Clinic West 2675 Central Ave Billings, MT 59102 406.238.2900

St. Vincent Healthcare West Grand 2750 Grand Ave Billings, MT 59102 406.237.4040

SITE DIRECTOR

Mathew Westmark, MD 123 S 27th St Billings, MT 59101 Mathew.wes@riverstonehealth.org

SITE COORDINATOR

Suzie Thomas suzie.tho@riverstonehealth.org

GENERAL INFORMATION

20 residents, 10 faculty members, and a variety of support personnel staff the Montana Family Medicine Residency (MFMR). Students will do one of two rotations both based out of the Community Health Center where MFMR is based. Students spend two weeks in the outpatient CHC clinic, two weeks with the inpatient Family Medicine Service hospital team and two weeks with another outpatient Family Medicine clinic affiliated with one of the local hospitals. The alternative rotation involves the 1st and 6th week at the CHC, with the middle four weeks spent at an outpatient Family Medicine clinic that practices full scope care, where inpatient medicine is available. Preceptors at all sites have extensive experience teaching, and many are affiliated with UWSOM. During inpatient experiences, students will admit and care for a limited number of hospital patients. Students are expected to participate in educational meetings/Wednesday afternoon didactics at the residency. There are many excellent recreational opportunities in the Billings area including skiing, world---class fly---fishing, climbing, road and mountain bicycling, golf, and tennis.

Faculty:

Dr.Roxanne Fahrenwald, the track coordinating physician and site director, and Suzie Thomas, suzie.tho@riverstonehealth.org will handle the overall coordination of the track. You can contact the Billings Track Office with any questions about your rotation to make preliminary arrangements and feel free to contact them with any questions or concerns during your time in Billings

<u>Housing</u>: Six bedroom house which may be shared with other students. Need advance notice for children, but families welcome. No pets. Please review housing information section prior to arrival.

PRELIMINARY ARRANGEMENTS

- **1.** Contact site coordinator Suzie Thomas, suzie.tho@riverstonehealth.org 406.247.3297 prior to your rotation to make preliminary arrangements.
- 2. Be sure to email the completed Student Summary Sheet to Suzie Thomas, suzie.tho@riverstonehealth.org

On Arrival:

You should plan to arrive in Billings the day before the beginning of the rotation. You should arrange with Ms. Thomas to pick up the keys to the house. Please see the Billings Housing Information section below for further instruction.

You will have Billings Track/Family Medicine Clerkship orientation from 8:00-- -9:00am on the first day. You should prepare to begin your rotation at 9:00 a.m. on the first day of the rotation. Orientation to MFMR will include faculty and staff introductions,

interdisciplinary team. You will:

- Be the first clinical contact for 2-3 patients per session (total 40 patients).
- Learn how integrated community systems provide clinical care and other social, legal, and behavioral support for homeless, indigent, and at risk populations.
- Observe how comprehensive health assessment, education, and care are delivered in a CHC, homeless clinic, and a correctional facility by an interdisciplinary team.
- Develop an understanding of the role of community based teams in supporting healthy learning and behaviors in the under---resourced populations.
- Experience the role of the physician in developing a care plan in long term care facilities (sometimes available).
- " Utilize point-of-care mental health resources and personnel for mentally ill patients.

<u>In the Hospital</u>: You may spend two weeks working with the Family Medicine Teaching Service (10 full days). During this time you will be assigned patients at one of the two teaching hospitals and will manage these patients under the direct supervision of the senior resident at that hospital and the teaching attending physician. Some of your potential duties may include:

- Be the first clinical contact for 2 patients per day including rounding on assigned patients daily during their hospitalization, writing daily notes under the supervision of the resident team, presenting the patient at teaching rounds for discussion by the team, and being first contact for some admissions under the supervision of the admitting team (target 10---15 patient encounters over 2 weeks).
- Manage several inpatients from the time of admission to discharge including the admission history and physical and management plan, daily management, discharge planning, and discharge note.
- " Learn how a larger health care team is involved in the facilitation of inpatient management.
- Participate in daily teaching patient rounds including the primary presentation of the patients you follow.
- " When applicable, prepare the clinical case presentation for one inpatient grand rounds noon conference.
- Take short call with a night float team during the two weeks.
- Prepare a short teaching point presentation (5 minutes) to present during daily rounds (once per week when applicable)

On Call

You may take short call with the inpatient team for during your two hospital based weeks. Call rooms are available in the hospital if needed; some call may be taken from home at the discretion of the supervising physician/residents

TEACHING AND DIDACTICS

Students should expect to participate in a number of educational/didactic meetings:

History of Medicine/Evening Lecture Series-once during rotation at Student House Wednesday afternoon Residency Didactics-schedule provided during orientation

Off---Site Visits: Part of your schedule may include visiting other health care facilities in Billings; nursing home, prison, Women and Family Shelter, Men's Rescue Mission, Youth Services Center, Remote Access Points.

<u>Dress</u>: Attire generally worn while seeing patients will be discussed at orientation. The basic objective of the clerkship is to give you first---person experience in being a family physician in the community. The best way to get this experience is to emulate the physicians with whom you work. In each of these practices, the patients have been told that students will be involved in their care. You should make a point of wearing your UW nametag, white coat in the hospital and sometimes clinical settings, and student nametag given to you at the facilities. You should introduce yourself as a student physician working with the practice as part of your medical studies at the University of Washington.

OTHER CLERKSHIP RESOURCES

BILLINGS SITE HOUSING INFORMATION

HOUSING ADDRESS: 2601 Virginia Lane, Billings, MT59102,

HOW IS MAIL/PHONE HANDLED? Personal mail can be delivered to the house. Do not submit a change of address with the post office. If need be, arrange a local P.O. Box. Students must use calling cards or cell phones for long distance.

ARE PAGERS/E-MAIL PROVIDED? There is a main desktop computer in the study for student use and can connect to UW system. The house is set up for the Internet service using a DSL line (desktop) and Wi-Fi (laptops) so bring a laptop if you have one. Pagers are not provided. Cell phones are necessary.

DESCRIPTION OF HOUSING: 6-bedroom, two bath, kitchen, living room, and dining room --- NO PETS.

WHAT IS PROVIDED IN HOUSING? Furnishings, linens, towels, dishes, kitchen utensils, a few kitchen appliances (blender, toaster), television with cable and DVD player, desktop computer, washer and dryer

WHAT IS SUGGESTED THAT THE STUDENT BRING? Music, any equipment/clothing for outdoor activities, and seasonal clothing

WILL STUDENT RECEIVE ADDITIONAL NOTIFICATION OR INSTRUCTIONS REGARDING HOUSING BEFORE BEGINNING CLERKSHIP? The Billings Track office will send maps and driving instructions the week prior to your start in Billings. Also, go to www.billingstrack.org for more information regarding the clerkship.

MEALS

Lunches provided at RiverStone Health for noon conference meetings most days.

TRANSPORTATION

A car is generally necessary for this site. There is public transportation available if needed. Hospitals are a 10-minute walk from the student house. RiverStone Health Clinic is a 30-minute walk.

KEYS

UW medical students rotating at Montana Family Medicine Residency should arrange with Suzie Thomas when and where to pick up the keys to the house prior to his or her arrival in Billings. This can be done by calling Suzie Thomas at 406.247.3297 or by e-mail. You will have a few forms to sign for keys and house responsibilities.

A cleaning service does clean the house every **second Friday**, however you are **expected** to keep the house clean, **especially** the common living areas. When your rotation is done the kitchen should be left clean with dishes washed and put away. Any food items that will spoil should be discarded before you leave unless you know someone is arriving immediately after your stay. Please discard any reading materials, notes, mail and newspapers before you leave. Bed and bath linens should be laundered and left folded on the bed when you leave and ready for the next student's arrival.

Please arrange with Suzie Thomas where to leave both keys (door & mail) at the time of your departure.

Revised July 2012