

SAVE/PRINT this E-mail: Renton Clerkship Information

VALLEY FAMILY MEDICINE
Valley Professional Center North, Suite 401
3915 Talbot Road South
Renton, WA 98055
425/ 228-3440 ext. 1959

SITE COORDINATORS: Heather Rudisill, MD and Sarah Maitre, MD

SITE ADMINISTRATIVE ASSISTANT: *****

GENERAL INFORMATION

Centrally located in the beautiful Puget Sound Region of the Pacific Northwest, Valley Family Medicine, the family medicine residency of Valley Medical Center (VMC) was established in 1986. It is a community-based, graduate medical education training program committed to excellence in the teaching and professional development of highly qualified family physicians.

Twenty-four residents, 9 family medicine faculty, a medicine pediatric hospitalist, a behavioral scientist, a psychiatrist, a pediatrician, clinical pharmacists, DO OMT preceptors, external family medicine preceptors, and other support personnel staff this site. Family medicine faculty all do full-spectrum care and teaching including outpatient clinic and procedures as well as inpatient adult, pediatrics, and obstetrics.

Valley Family Medicine offers an innovative curriculum that provides a breadth of experience and flexibility to prepare family physicians to practice in a variety of settings. The training includes full spectrum family medicine with quality inpatient and outpatient primary care, obstetrics, and behavioral medicine. Unique components include scheduling residents in clinic on a daily basis (known as Clinic First), disease management and population-based care, integration of evidenced-based medicine, and healthcare management seminars that are targeted to each academic year. The entire program is designed to create an emotionally supportive environment that encourages intellectual debate and lifelong professional development.

The obstetrics curriculum is a key component of the training. Obstetric experiences begin on the first day of the program and continue throughout residency. Residents work closely with obstetricians, perinatologists, and family physicians, and can typically perform approximately 100 vaginal deliveries over the course of their training. In addition, they assist with high- and low-risk deliveries, including assisting with C-sections. By the time they graduate, residents will have performed or participated in more deliveries than most other family medicine residents.

Another key component of the curriculum is training residents in doctor-patient communications. Residents receive regular one-on-one precepting in their continuity clinic with both family medicine and behavioral science faculty (Focus Clinic). Working closely with faculty allows residents to hone their interpersonal and clinical skills. Our goal is to optimize clinical outcomes through the use of effective communication.

Residents pursue individualized curriculum priorities through rotations during their 3 years at Valley Family Medicine.

UW Medicine/Valley Medical Center is the sponsoring institution and is the largest and most comprehensive medical complex in South King County, with a medical staff that represents virtually every clinical specialty and subspecialty in medicine.

Our medical student rotation focuses on clinic experiences. Students are paired with faculty and third year residents.

With clinic patients students will usually take the initial history then present findings and a plan to their preceptor. The preceptor will discuss each case with them and see the patient him/herself. As the faculty and third year residents determines the competency level and judgment, students will be allowed to assume more responsibility. Students are always expected to interrupt faculty or residents for any questions or areas of uncertainty. Students may participate in/observe procedures as they are available. Notes, orders and medications are written in the EMR by the student, reviewed and co-signed by the attending physician or third year resident. Commonly performed procedures in the clinic include:

- * Colposcopy
- * Sigmoidoscopy
- * Vasectomy
- * Circumcision
- * Minor Bx's
- * OB Ultrasound
- * OB Nonstress tests
- * IUD placement and removal
- * Endometrial biopsies

Students are often involved through observation or in performing: circumcisions, minor biopsies, OB ultrasounds, IUD placement/removal with opportunities for other procedure observation or participation depending on the clinic schedule and availability.

There are also significant other experiences built in to the schedule.

Obstetrical experience is available by seeing obstetrical patients in clinic, and following a faculty or resident's obstetrical patient from prenatal care to delivery. As part of the after hours (call) experience the students are assigned to continuity obstetric patients that they see in clinic and then are called in for the delivery. They also often are able to see the mom and baby for clinic follow up after discharge. Students have time with the RN who does the chronic disease management of diabetes and identify a patient to set self-management goals and follow up in clinic with the patient and the primary physician. Students may join the behavioral scientist in doing consultations with residents' patients, including smoking cessation. Students also identify a patient they see in clinic, and then meet later with the behavioral scientist to review genogram use and psychosocial implications for the patient's care. Students are scheduled for the afternoon workshops with the residents when appropriate. Students make a site visit to a long-term care facility and spend one day with a hospice visiting nurse. Students also attend pediatric and orthopedic specialty clinics.

Seminars and didactics are required 3-4 days per week 12:40 p.m. to 1:30 p.m. in one of the dining conference rooms. Students will be given a conference schedule during orientation.

The student sets up individualized after hours (call) experience during the rotation. Four evening experiences are required and may include a variety of options. These experiences may include: a medicine

or pediatric clinic patient admission from the ER with the inpatient resident team, following a patient admitted from clinic to the hospital to finish the admission, coming in for the obstetric continuity patients assigned to them, or attending a high school sporting event with the sports medicine faculty in the evening.

Faculty:

Dr. Heather Rudisill, MD coordinates student activities.

***** is responsible for the student's daily schedule.

The student will always be supervised by at least one faculty member or third year resident.

Transportation: Car required.

Meals: Not provided, on-site hospital cafeteria available.

PRELIMINARY ARRANGEMENTS

1. Call ***** at 425-228-3440 ext. 1959 prior to your rotation to make preliminary arrangements.
2. Be sure to send the completed Student Summary to the Site administrator at familymedicine@valleymed.org at least two weeks before the starting date of your rotation.

The student should prepare to begin the rotation at 9:00 a.m. on the first day of the rotation. This day is spent in orientation activities. Students will meet with Dr. Rudisill or Dr. Maitre at the Valley Family Medicine clinic in Suite 401.

DRIVING DIRECTIONS TO VALLEY FAMILY MEDICINE

- I-5 South to I-405 North toward Renton
- To WA-167 South via Exit 2 toward Kent / Auburn
- Take the first exit: E. Valley Road / S.W. 41st St. exit toward S. 180th St.
- Turn LEFT on E. Valley Rd.
- Turn LEFT on S. 180th St.
- S. 180th St. becomes S. 43rd St.
- Go over WA-167 to the next light at Talbot Road South
- Turn left on Talbot Road South and proceed past the hospital and its parking lot to the stand-alone building on the next corner – marked “Valley Professional Center North” directly across from the Puget Sound Cooperative Credit Union. You can park in any parking area without specialty parking signs. Proceed to the 4th Floor – Suite 401.

STUDENT SUMMARY SHEET

BEFORE YOU ARRIVE TO START YOUR ROTATION, SEND THIS FORM COMPLETED WITH REQUESTED INFORMATION TO YOUR CLERKSHIP SITE DIRECTOR

Student Summary Sheet

Housing Needs:

Please contact us if housing needs have changed after submitting your initial housing survey i.e. accompanying spouse/children/etc.

Name	Clerkship Site
Address:	Clerkship Dates
Phone	Pager

First Year spent at (please circle one):
UW WSU UWY UA UI MSU

Madigan Students only:
Soc Sec. _____
Use for secure purposes only.

Education Information:

College/Major/Degree
1.
2.
3.
Major Clerkships Completed:

Ambulatory Experience (includes clerkship or course name and number of weeks/hours spent in ambulatory care):

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Personal Information

Your site would like to get to know you as a person. Please provide the following information. This information will not be reflected in the faculty's evaluation of you.

Birth Place	Other places you have lived
Places you have traveled	Hobbies/Interest/Recreation

Short and Long Term Career Plans:

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Future goals outside of medicine:

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Your expectations of this rotation:

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Is there anything else you would like to add?

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