

SPOKANE RESIDENCY FAMILY MEDICINE CLERKSHIP INFORMATION

FMS Site Description

FAMILY MEDICINE SPOKANE RESIDENCY
104 W. Fifth Avenue, Suite 200W
Spokane, Washington 99204
(509) 624-2313

SITE DIRECTOR: Colleen Zimmermann, MD
Colleen.Zimmermann@providence.org

SITE COORDINATOR: Linda Barkley
linda.barkley2@providence.org

GENERAL INFORMATION

Site Details:

The Group Health Spokane clerkship will take place at one of three clinics: Riverfront, Lidgerwood, or Veradale Medical Centers. The student will spend time with two or three family physicians in a busy outpatient practice. Our physicians provide the full range of family medicine services, including obstetrics, procedures, and newborn to geriatric care. The majority of the rotation will be in the outpatient clinic, but will also include exposure to after hours urgent care and hospital medicine. GHC Spokane is structured slightly differently than the GHC clinics in western Washington. All of our clinics are staffed with primary care physicians. For consultant services and hospital care, we use the same specialty groups and hospitals as our non Group Health colleagues in the community.

An exciting feature of our practice is that since 2008 we have been incorporating the medical home model into our patient care. Features of the medical home include techniques for improved physician-patient communication, better coordination of care, improved self management for patients with chronic conditions, and developing close working relationships between physicians and other health professionals.

The student will be actively involved working with other members of our team, including nurses, pharmacists, social workers and physician assistants. You will truly experience working on an interprofessional team.

Facilities within the clinic include an outpatient laboratory, osteopathic manipulation room, counseling room, two procedure rooms and large conference room.

Faculty:

Colleen Zimmermann, MD coordinates the student's activities and serves as the key contact individuals for the students while in the clinic. The student will always be supervised by at least one faculty member or resident physician. Diane Borgwardt, Residency Coordinator, is the initial contact person for the program and responsible for the organizing the student's scheduled activities.

Housing: Apartment. No crib available. No pets.

Transportation: Car required. Please park at the back of patient parking on your first day.

PRELIMINARY ARRANGEMENTS

Preparing for the clerkship:

Read the technical information sheet (attached) for details on how the living quarters are set up and equipped, what you might want to bring with you, and other living considerations.

1. Read all the clerkship materials
2. Email the Student Summary Sheet to Nancene Hendrickson at nancene.hendrickson@providence.org.
3. Also call her at 509-459-0688 at least two weeks prior to your rotation to make preliminary arrangements. If the clerkship is scheduled to begin on a holiday, ask whether you will be expected to work that day. The coordinator makes this decision. This is also an opportunity to ask any questions that you have after reading over the orientation manual and site description.

On Arrival:

You should begin your orientation at 8:00 a.m. on the first day of the rotation. You will meet with Nancene Hendrickson, Site Coordinator. She will go over your morning's orientation schedule with you upon arrival at the clinic.

CLINICAL WORK

In the Clinic: You will work with several different physicians with one as your primary preceptor for each week. Most teaching is centered around the problems presented during the daily schedule in the ambulatory care setting.

With clinic patients you will usually take the initial history then present your findings and plan to your preceptor. Your preceptor will discuss each case with you and see the patient him/herself. As the faculty determines your competency level and judgment, you will be allowed to assume more responsibility. You are always expected to interrupt faculty for any questions or areas of uncertainty. Students may participate in/observe procedures as they are available. Checking with Linda Rumsfelt, RN, on a daily basis is advised to assess the clinic's surgical and procedural activities. Students are to dictate or type one note per day regarding their patient visits. These notes will then be reviewed by the attending physician.

On-Call:

The focus of the clerkship is on outpatient medicine and continuity of care. One Saturday is spent working in our urgent care clinic. The student has the option of taking an OB night call with one of their preceptors.

Hospital Rounds: The primary focus of Family Medicine Spokane's family practice clerkship is based in the ambulatory care setting. Students will also make rounds with the Chief Resident rounding team and the faculty on-call for hospital rounds of the family practice teaching service for one week of the rotation. The family practice teaching service will introduce the student to the scope of problems managed by family physicians. Furthermore, students are encouraged to be available for hospital admits directly from the ambulatory care center. In these instances the student should make an attempt to round on the patients they manage with the Chief Resident rounding team. The student should be prepared to present patients they are involved with, including history and physical exam, lab, differential diagnosis, working diagnosis, and ultimate work-up and therapeutic plan.

Regular Conferences: The student is required to participate in all the regular scheduled resident educational seminars. During the orientation on the first day of the rotation the student will be introduced to the schedule of weekly conferences. These typically occur on Thursday afternoons. Lunch is provided during noon conferences.

COMMUNITY PERSPECTIVE

Spokane is considered the heart of the Inland Northwest, a region that encompasses Eastern Washington, Northern Idaho, and Western Montana. The name "Spokane" comes from the Native American tribe that makes its home in this area, it means "Children of the Sun", which is exactly what you will find in Spokane. This area is known for its bright blue skies, easily accessible mountains, glistening rivers and lakes, and our welcoming community spirit.

Spokane is home to great schools, many churches, and more than 12 libraries. The citizens of Spokane promote a "Family Values" lifestyle, which is shown in the multitude of charity fund raising events, community support for the local blood banks, Red Cross, and a host of other charitable events throughout the year.

Whether it is golf, water-skiing, rock climbing, camping or most any outdoor activity you can think of, Spokane is ready to host your adventures. When the snow arrives, Spokane offers alpine, Nordic, and backcountry skiing, snowmobiling, and ice skating.

The Spokane area is also known as the cultural hub of the Inland Northwest. The Spokane Symphony Orchestra recently celebrated 50 years of outstanding performances. The Spokane Jazz Orchestra is the oldest performing jazz orchestra in the United States. The Spokane Opera House offers a regular season of Broadway hits, exciting concerts and international dance companies. The Spokane Arena is the site of world-class concerts and sporting events. We're also home to four community theaters and one professional company that offer a full season of

comedies, dramas, and musical events. Add art galleries, improve troops, museums, and festivals, to this list as well. There is most definitely something for everyone in Spokane.

OTHER CLERKSHIP RESOURCES

Our program offers the opportunity to participate in some top notch specialty clinics with family medicine senior residents. These include GYN clinic, Psychiatric Clinic, Procedure clinic, Pediatric clinic, Podiatry clinic, Nutrition clinic, Orthopedic clinic and Geriatric assessment clinic. If you desire a dynamic, broad based clerkship experience in Family Medicine, this is the place to get it!

DRESS CODE

The basic objective of the clerkship is to give you first-person experience in being a family physician in the community. The best way to get this experience is to emulate the physicians with whom you work. The usual attire for physicians in our facility is a standard white lab coat over slacks and a button up shirt for males and for females it's a lab coat over slacks/skirt and blouse or a professional attire dress. It is required that you wear your UW nametag while working with our patients either in the clinic or at the hospital. Our patients have been told that students will be involved in their care.

SPOKANE RESIDENCY SITE TECHNICAL INFORMATION

SPOKANE WWAMI HOUSING -- 3RD YEAR MEDICAL STUDENTS

BEFORE ARRIVAL IN SPOKANE:

If there are special problems or requests regarding your clerkship here in Spokane, please call the Spokane WWAMI Office at (509) 474-4966 or best to email Nancy at Poodles349@aol.com. Bringing along a spouse and/or children requires special consideration. Call at least 5 months before you plan to be here. Requires approval from 2nd student. Tub/shower in one bedroom only.

UPON ARRIVAL IN SPOKANE:

You may check into your apartment after **7pm Saturday** during the weekend prior to your first clerkship day. When you arrive in Spokane, you should go the main entrance of Sacred Heart Medical Center. Head down the hallway until you see the **Gift Shop** on your right. The **Admit Transfer Center Office** is to your right around the corner. Their hours are 7am to 6pm, Mon thru Fri. This is posted on the door and there is a number to call if you arrive after these hours. There will be an envelope at the desk with your name on it containing your apartment keys, Rules & Regulations of apartment usage and your maps and driving directions. This envelope will be available for pickup on Saturday prior to your first day of clerkship.

LIVING ARRANGEMENTS:

Rockcliffe Apartments
Management Office: (509) 543-6926
2389 South Southeast Boulevard
Spokane, WA 99203
322 apartments • Built in 1981



There are two-bedroom apartments – with 1 ½ baths, living room, kitchen, and dining area. A coin-operated washer and dryer, tennis court, seasonal swimming pool, hot tub and workout room are on site near the Office. Shopping areas are close. The area surrounding the apartments is nice for biking and running.



The apartment provisions are; air conditioning, basic furniture, microwave, coffee maker, dishes, silverware, pots and pans, utensils, towels, linens, blankets, TV with DVD player, wireless and cable internet hookup. If you wish



cable TV hookup you need to call Comcast and pay for this service yourself. Students are expected to do their laundry and leave the apartment and linen clean when they are finished at the Spokane site. Pets are not allowed in the apartment.

You need to bring alarm clock, personal soaps, dishwasher & laundry soaps, cleaners, toilet paper etc. *Photos courtesy of Homestore, Inc. © Copyright 1997-2002.*

HOUSING:

- Address: Rockcliffe Apartments
Management Office: (509) 543-6926
2389 South Southeast Boulevard
Spokane, WA 99203
322 apartments • Built in 1981
- Phone: Phone is available in the apartment.
NO LONG DISTANCE PHONE CALLS TO BE CHARGED TO APARTMENT PHONE. COLLECT CALLS / CREDIT CARD CALLS ONLY.
- Provided: Towels, linens, kitchen utensils, etc. Vacuum (shared with OB/Peds student apts.)
- Bring: Personal items.
- Additional Info: No pets allowed; no crib available.

Students are requested to clean the apartment upon departure, including vacuuming.

KEYS: The apartment will not be available until the Saturday before the rotation begins. If you have any questions, you can phone Nancy Granlund at 509-474-4966 or email at nangran77@comcast.net. You may also contact Janie Tresko by phone at 509/747-7211 or by email at jtresko@u.washington.edu

TRANSPORTATION: A CAR IS REQUIRED AT THIS SITE.
Parking at apartment is provided.

EXTRAS: Questions about the apartment should be directed to Ms. Nancy Granlund 509-474-4966, weekdays.

Revised October 2013