Wenatchee Clerkship Information

Site Directors: Stephen Voorhies, MD and Cici Asplund, MD

The student will primarily spend time at the East Wenatchee Clinic, Wenatchee Family Practice, Columbia Valley Community Health (CVCH), or Central Washington Physicians. The student will also spend a few days at the Wenatchee Valley Medical Center with specialists. The student will have one or two main preceptors. The student will round daily with the physician preceptor and have one or two inpatients to follow daily. After the first day, the student will see the patient and then present his/her findings to the physician preceptor.

On-call responsibilities average about once a week and one weekend per rotation. There are many opportunities for community visits per students' requests. Students are also invited to participate in weekly seminars and meetings. CVCH offers Spanish language classes and obstetrics as well.

Pathways: This clerkship fulfills the Hispanic Health Pathway and the Underserved Pathway.

General Arrangements:

Wenatchee Area Physicians

Site Director: Stephen Voorhies, MD svoorhies@wvmedical.com

Associate Site Director: Cici Asplund, MD casplund@wvmedical.com

East Wenatchee Clinic 100 Highline Drive East Wenatchee, WA 98802

Wenatchee Family Medicine Haug Building 707 N. Emerson Wenatchee, WA 98801 Phone: 509 884-0614

Fax: 509 665-5812

The Wenatchee clerkship takes place in four practices, all located in the Greater Wenatchee area. You will work in one of the four practices, with faculty contributions and continuity experiences available across several additional potential locations.

<u>Wenatchee Family Physicians</u> is a 7-physician practice, located on the SW corner of the campus of the Wenatchee Valley Medical Center, across Emerson Street from the Stanley Bldg. Dr Stephen Voorhies, the clerkship Site Director, will be the primary faculty preceptor at this site, with additional precepting and obstetrical continuity opportunities with Dr Patricia Ortiz and Dr Tom Ross.

<u>Columbia Valley Community Health</u> is a Federally Qualified Health Center with more than a dozen primary care clinicians at the Wenatchee location, which also includes a Walk-In Clinic and dental services on-site, as well as behavioral medicine services. It is located a few blocks uphill from the downtown core of Wenatchee, about a mile north of Central Washington Hospital, where they have an active obstetrical practice. Primary faculty at CVCH will be Dr Eric Olson and Dr Louise Simons.

<u>Central Washington Hospital Family Physicians</u> is a four-physician practice, located on the campus of Central Washington Hospital, near the southern aspect of the Wenatchee foothills. Dr Steven Aguilu will be the primary preceptor at this site.

<u>East Wenatchee Clinic</u> is a primary-care satellite of the Wenatchee Valley Medical Center, which includes an 11-physician Family Medicine practice, a Walk-In Clinic, a 3-clinician Pediatrics practice, and a Behavioral Medicine specialist. It is located across the Columbia River, less than 5 miles away from the other sites. Dr Barbara Bates is the primary faculty preceptor at this site, with assistance from Dr Ted O'Donnell, Dr Kelly Gillespie, Dr Debra Lapo, and Dr Shawn Nixon. Dr Cici Asplund also serves as Associate Site Director from this location.

PRELIMINARY ARRANGEMENTS:

On arrival, the student should contact Alicia Smith at 509.664.4868 ext 5232, or alsmith@wvmedical.com.

Their office is in the Quality and Education Department, first floor of the Stanley Bldg. Almost all WWAMI clerkship students will have their apartment located in the Stanley Bldg, on the second floor.

Preparation:

- 1. Please complete the Student Summary Sheet and email it Alicia Smith at WVMC (for distribution to your primary preceptor, Dr Voorhies and Dr Asplund) no later than <u>2 weeks prior</u> to your arrival in Wenatchee.
- 2. Come prepared with interests and questions for us!

Dress Code Requirements

UW Nametag required.

Recommendation from WVMC Handbook: "....professional business standards with regard to personal appearance and hygiene. A conservative approach to grooming, dress, and hairstyles is most compatible" with local service standards.

CLINICAL WORK:

The major component of this clerkship is seeing patients in the physician's office. You may work with several different physicians, although your primary preceptor will monitor the overall experience with you. Most teaching is centered around the problems presented during the day. Faculty will be available at the end of each clinical session to go over any problems and questions you have.

With clinic patients, you will usually take the initial history, then present your findings and plan to your preceptor. Your preceptor will discuss each case with you and see the patient him/herself. As the faculty determine your level of competence and judgment, they allow you to assume more responsibility. You are always expected to interrupt faculty for any questions or areas of uncertainty.

Pre-visit medical record review, especially for chronic illness visits, will be encouraged. You will create chart notes for selected patients you see. Faculty will review these notes, and give feedback to you. Your primary preceptor will review documentation expectations ("number of write-ups per day") with you during your first week, and ask you to keep your Assignment Tracker entries updated weekly.

Office processes and workflow, such as on-site lab, imaging, ECG, information systems and practice management issues and opportunities will be presented, including the concepts involved in the Patient-Centered Medical Home model of care. Continuity experiences into other areas of the local medical and allied-health community will be encouraged: "Plan to follow your patient through the process, whenever possible."

On-Call and in the Hospital:

Your weekly schedule will be determined based on your primary preceptor's schedule, along with his/her partners'. Your schedule, and any enrichment opportunities available after regular office hours, will be collaboratively created during the first week of your rotation. You can anticipate one weekend to be spent 'on-call' with a preceptor, during your rotation here. Prenatal, obstetrical, post-partum continuity experiences, and additional hospital experiences, can be available for each student, based on your level of interest.

Community Experiences:

The Wenatchee community, both medical and non-medical, offers a rich array of enrichment and elective opportunities. In addition to 'following your patient through the process' of obtaining additional services such as Physical Therapy, sub-specialty care, or home / hospice care visits, you may be interested in scheduling time with a dietician, diabetic educator, behavioral medicine or occupational medicine program, or observing local structured chronic pain classes or a disease-specific peer support group. Sports Medicine opportunities abound, mirroring the seasonal recreational tempo of the Wenatchee Valley. Social and public health service opportunities can be arranged, often more easily in a small city like Wenatchee, where key contacts are often only "one or two degrees of separation" away from our local faculty members. Please come prepared with a list of potential interests, and we'll work to accommodate your interests, in breadth or in depth. Your primary preceptor and Dr Asplund are your primary contacts to help you create an enrichment schedule.

Didactic and group experiences:

You are encouraged to participate in the regular medical education schedule, including quarterly CWH Grand Rounds and county Medical Society meetings, teleconference opportunities, and local group practice meetings. In addition, WVMC and CWH are both in the process of implementing new EMR systems, making 'process re-design' and 'adult learning styles' new topics for our medical community. Your primary preceptor and Dr Asplund are your primary sources for these additions to your weekly calendar, if some do not already appear on your schedule at the time of your local orientation.

Student Presentation:

At the end of your rotation, you will present to your clinical site and primary preceptor, as well as other interested clinical faculty, a brief overview of either:

- 1. A clinical case study, with a significant continuity- or biopsychosocial- component
- 2. A practice improvement project (work-process evaluation, clinical registry management, or patient education project)

You and your primary preceptor will schedule this presentation to occur during your final week in Wenatchee.

Clerkship on site resources:

On-line: Clinical Pharmacology, Up-To-Date, and other resources available at WVMC. Heminger Health Library at CWH: http://www.cwhs.com/healthinfo/library.aspx

For information about housing please explore the "WWAMI" website, created especially for students planning to do clerkships in Wenatchee: http://wwmedical.com/wwami/index.htm

Revised August 2012