

Clinicians: caring for patients with complex pain medication regimens? We're behind you.

## UW Medicine Pain and Opioid Consult Hotline for Clinicians **1-844-520-PAIN (7246)**

UW Medicine pain pharmacists and physicians are available Monday through Friday, 8:30 a.m. to 4:30 p.m. (excluding holidays) to provide clinical advice at no charge to you.

### **Consultations for clinicians treating patients with complex pain medication regimens, particularly high dose opioids:**

- Interpret Washington State Prescription Monitoring Program record to guide you on dosing
- Individualized opioid taper plans
- Systematic management of withdrawal syndrome
- Evaluate/recommend non-opioid/ adjuvant analgesic treatment
- Triage and risk screening
- Individualized case consultation for client care and medication management
- Explain/review Center for Disease Control and Prevention (CDC) opioid guidelines: <https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm>
- Will help identify and refer to other resources:
  - ▷ Evaluation of Substance Use Disorder, Washington Recovery Help Line 1-866-789-1511
  - ▷ Local pain clinics for patient referrals: [www.doh.wa.gov/Emergencies/PainClinicClosures/PainClinicAvailability](http://www.doh.wa.gov/Emergencies/PainClinicClosures/PainClinicAvailability)
  - ▷ UW TelePain Services: Available Wednesdays noon to 1:30 p.m. <http://depts.washington.edu/anesth/care/pain/telepain>



UW Medicine is not able to take over prescribing opioid or other medications. The PCP needs to prescribe as appropriate. Pain pharmacists are consultants to help guide providers, and are not liable for any information provided. This phone consultation satisfies a consultation by a pain specialist provider in accordance with WAC 246-853-670; however, it does not constitute a patient/provider relationship.