

Behavioral Health Clinical Quality Measures Tool

As the State transitions to a value-based care delivery system, monitoring and accountability for effective clinical treatment using vetted quality measures may be a new concept for some behavioral health providers, leaving them feeling unprepared or overwhelmed.

Developed to assist behavioral health providers in their practice transformation efforts, this tool consolidates behavioral health-related clinical quality measures endorsed by the National Quality Forum (NQF), a convening of multiple stakeholders in relevant areas responsible for reviewing and recommending healthcare quality measures. Coaches can use this tool as a reference guide as they help providers and practices navigate toward whole-person care

Why Measure?

Measuring performance and client outcomes:

- Drives quality improvement efforts within an organization
- Improves quality of care provided to clients
- Enhances the provider's positioning and influence for value-based payment



GLOSSARY OF TERMINOLOGY

WA STATE MEDICAID TRANSFORMATION DEMONSTRATION

A 5-year agreement between Washington State and Centers for Medicare and Medicaid Services to provide federal investment in the state's health system transformation efforts. The Medicaid Transformation Demonstration and its associated measures are currently one of the primary focuses for Washington State.

Project Metrics¹

Outcome measures for individual projects used by the state to award funds to the Accountable Communities of Health to distribute to partnering providers for each project.

COMMON MEASURE SET²

A statewide set of measures developed to allow for a uniform way to track important elements of health and health care performance within Washington State. The Common Measure Set is currently one of the primary focuses for Washington State.

PROCESS MEASURES

Process measures indicate how well a provider is maintaining or improving health.

OUTCOME MEASURES

Outcome measures reflect the impact of the health care service or intervention on the health status of a patient.

OUTCOME: Patient-Reported Outcome Based Performance Measures (PRO-PM)³

Performance measures are based on aggregated patient-reported outcome (PRO) data, utilizing tools, instruments, or single-item measures (e.g. PHQ-9) to assess for patient-reported health status (e.g. depression). PRO is defined as a self-report of a person's health condition, health behavior, or experience with healthcare without interpretation of the person's response by a clinician.

MEASURE STEWARD

Organization responsible for providing required measure information and measure maintenance process.

¹ <https://www.hca.wa.gov/assets/program/project-metrics-appendix.pdf>

² <https://www.hca.wa.gov/about-hca/healthier-washington/performance-measures>

³ https://www.qualityforum.org/Publications/2012/12/Patient-Reported_Outcomes_in_Performance_Measurement.aspx

ACRONYM KEY

AMA-PCPI - American Medical Association-convened Physician Consortium for Performance Improvement <https://www.thepcpi.org>

CMS – Center for Medicare and Medicaid Services <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/QualityMeasures/index.html>

DSHS-RDA – Washington State DSHS Research and Data Analysis <https://www.dshs.wa.gov/sesa/research-and-data-analysis>

MN Community Measurement – Minnesota Community Measurement <http://mncm.org/>

NCQA – National Committee for Quality Assurance <http://www.ncqa.org/>

NQF – National Quality Forum <http://www.qualityforum.org>

PQA – Pharmacy Quality Alliance <https://pqaalliance.org/>

For further information on each measure’s specification, please refer to links below or footnotes:

NQF’s Measurement Tool: <http://www.qualityforum.org/Qps/QpsTool.aspx>

Bree Collaborative: <http://www.breecollaborative.org/topic-areas/opioid/>

APPLE HEALTH CONTRACT MEASURES – COMMON MEASURE SET			
Title	NQF #	Measure Steward	Medicaid Transformation Demonstration
Antidepressant Medication Management: Effective Acute Phase Treatment	0105	NCQA	X
Antidepressant Medication Management: Effective Continuation Phase Treatment	0105	NCQA	X
Follow-up Care for Children Prescribed ADHD Medication	0108	NCQA	
Medical Assistance with Smoking and Tobacco Use Cessation	1799	NCQA	
Mental Health Service (Treatment) Penetration	N/A	DSHS-RDA	X
Substance Use Treatment Service Penetration	N/A	DSHS-RDA	X
30-Day Psychiatric Inpatient Readmissions	N/A	DSHS-RDA	

APPLE HEALTH CONTRACT MEASURES – NOT PART OF COMMON MEASURE SET			
Title	NQF #	Measure Steward	Medicaid Transformation Demonstration
Adherence to Antipsychotic Medication for Individuals with Schizophrenia	1879	CMS	
Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia	1933	NCQA	
Diabetes Monitoring for People with Diabetes and Schizophrenia	1934	NCQA	
Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications	1932	NCQA	
Follow-up After Emergency Department Visit for Mental Illness or Alcohol and Other Drug Dependence	2605	NCQA	X
Mental Health Utilization	N/A	NCQA	
Metabolic Monitoring for Children and Adolescents on Antipsychotics	2800	NCQA	
Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics	2801	NCQA	
Use of Multiple Concurrent Antipsychotics in Children and Adolescents	N/A	NCQA	
Use of Opioids at High Dosage	N/A	NCQA	
Use of Opioids from Multiple Providers	N/A	NCQA	

APPLE HEALTH MANAGED CARE CONTRACT MEASURES – VALUE-BASED PAYMENT				
Title	NQF #	Measure Steward	Common Measure Set	Medicaid Transformation Demonstration
Antidepressant Medication Management: Effective Acute Phase Treatment	0105	NCQA	X	X
Antidepressant Medication Management: Effective Continuation Phase Treatment	0105	NCQA	X	X

FULLY INTEGRATED MANAGED CARE CONTRACT MEASURES – VALUE-BASED PAYMENT				
Title	NQF #	Measure Steward	Common Measure Set	Medicaid Transformation Demonstration
Antidepressant Medication Management: Effective Acute Phase Treatment	0105	NCQA	X	X
Antidepressant Medication Management: Effective Continuation Phase Treatment	0105	NCQA	X	X
Substance Use Treatment (Service) Penetration	N/A	DSHS-RDA	X	X
Substance Use Disorder Initiation ⁴	N/A	Washington Circle		
Substance Use Disorder Engagement ⁵	N/A	Washington Circle		
Mental Health Treatment (Service) Penetration	N/A	DSHS-RDA	X	X

⁴ <https://www.dshs.wa.gov/sites/default/files/SESA/rda/documents/cross-system/SUD-Treatment-Initiation-and-Engagemen.pdf>

⁵ <https://www.dshs.wa.gov/sites/default/files/SESA/rda/documents/cross-system/SUD-Treatment-Initiation-and-Engagemen.pdf>

MEDICAID TRANSFORMATION DEMONSTRATION METRICS: ALL				
Title	NQF #	Measure Steward	Associated Project Areas	Common Measure Set
Antidepressant Medication Management	0105	NCQA	2A	X
Follow-up After Discharge from ED for Mental Health, Alcohol, or Other Drug Dependence	2605	NCQA	2A, 2B, 2C	
Follow-up After Hospitalization for Mental Illness	0576	NCQA	2A, 2B, 2C	X
Mental Health Treatment Penetration (Broad Version) ⁶	N/A	DSHS-RDA	2A, 2B, 3B	X
Substance Use Disorder Treatment Penetration ⁷	N/A	DSHS-RDA	2A, 2B, 3B	X
Substance use Disorder Treatment Penetration (Opioid)	N/A	DSHS-RDA	3A	
Emergency Department Visits per 1000 Member Months (Broad)	N/A	NCQA/DSHS-RDA	2A, 2B, 2C, 2D, 3A, 3B, 3C, 3D	X
Patients on high-dose chronic opioid therapy by varying thresholds	N/A	Bree Collaborative	3A	
Patients with concurrent sedatives prescription	N/A	Bree Collaborative	3A	

⁶ <https://www.dshs.wa.gov/sites/default/files/SESA/rda/documents/cross-system/DSHS-RDA-Medicaid-MH-svc-pen-broad.pdf>

⁷ <https://www.dshs.wa.gov/sites/default/files/SESA/rda/documents/cross-system/DSHS-RDA-Medicaid-SUD-treatment-penetration.pdf>

PROCESS MEASURES: Physical Health				
Title	NQF #	Measure Steward	Common Measure Set	Medicaid Transformation Demonstration
Antipsychotic Use in Persons with Dementia	2111	PQA		
Body Mass Index Screening and Follow-up for People with Serious Mental Illness	2601	NCQA		
Cardiovascular Health Screening for People with Schizophrenia or Bipolar Disorder Who are Prescribed Antipsychotic Medications	1927	NCQA		
Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia	1933	NCQA		
Diabetes Care for People with Serious Mental Illness: Eye Exam	2609	NCQA		
Diabetes Care for People with Serious Mental Illness: Hemoglobin A1c Testing	2603	NCQA		
Diabetes Care for People with Serious Mental Illness: Medical Attention for Nephropathy	2604	NCQA		
Diabetes Monitoring for People with Diabetes and Schizophrenia	1934	NCQA		
Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications	1932	NCQA		
Metabolic Monitoring for Children and Adolescents on Antipsychotics	2800	NCQA		
Persistent Indicators of Dementia without Diagnosis – Long Stay	2091	American Medical Directors Association		
Tobacco Use and Help with Quitting Among Adolescents	2803	NCQA		
Tobacco Use Screening and Follow-up for People with Serious Mental Illness or Alcohol or Other Drug Dependence	2600	NCQA		
Use of Opioids at High Dosage in Persons without Cancer	2940	PQA		
Use of Opioids from Multiple Providers and at High Dosage in Persons without Cancer	2951	PQA		
Use of Opioids from Multiple Providers in Persons without Cancer	2950	PQA		

PROCESS MEASURES: Pediatric				
Title	NQF #	Measure Steward	Common Measure Set	Medicaid Transformation Demonstration
Antipsychotic Use in Children Under 5 Years Old	2337	PQA		
Child & Adolescent Major Depressive Disorder: Suicide Risk Assessment	1365	AMA-PCPI		
Follow-up After Hospitalization for Mental Illness	0576	NCQA	X	X
Follow-up Care for Children Prescribed ADHD Medication	0108	NCQA	X	
Metabolic Monitoring for Children and Adolescents on Antipsychotics	2800	NCQA		
Pediatric Psychosis: Screening for Drugs of Abuse in the Emergency Department	2806	Seattle Children's Research Institute		
Preventive Care and Screening: Screening for Clinical Depression and Follow-up Plan	3148	CMS		
Preventive Care and Screening: Screening for Depression and Follow-up Plan	3132	CMS		
Tobacco Use and Help with Quitting Among Adolescents	2803	NCQA		
Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics	2801	NCQA		

PROCESS MEASURES: Mental Health				
Title	NQF #	Measure Steward	Common Measure Set	Medicaid Transformation Demonstration
Adherence to Antipsychotic Medications for Individuals with Schizophrenia	1879	CMS		
Adult Major Depressive Disorder (MDD): Suicide Risk Assessment	0104	AMA-PCPI		
Alcohol Screening and Follow-up for People with Serious Mental Illness	2599	NCQA		
Antidepressant Medication Management	0105	NCQA	X	X
Antipsychotic Use in Children Under 5 Years Old	2337	PQA		
Antipsychotic Use in Persons with Dementia	2111	PQA		
Body Mass Index Screening and Follow-up for People with Serious Mental Illness	2601	NCQA		
Cardiovascular Health Screening for People with Schizophrenia or Bipolar Disorder Who are Prescribed Antipsychotic Medications	1927	NCQA		

Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia	1933	NCQA		
Child & Adolescent Major Depressive Disorder: Suicide Risk Assessment	1365	AMA-PCPI		
Depression Assessment Conducted	0518	CMMS		
Depression Utilization of the PHQ-9 Tool	0712	MN Community Measurement		
Diabetes Care for People with Serious Mental Illness: Eye Exam	2609	NCQA		
Diabetes Care for People with Serious Mental Illness: Hemoglobin A1c Testing	2603	NCQA		
Diabetes Care for People with Serious Mental Illness: Medical Attention for Nephropathy	2604	NCQA		
Diabetes Monitoring for People with Diabetes and Schizophrenia	1934	NCQA		
Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications	1932	NCQA		
Follow-up After Emergency Department Visit for Mental Illness or Alcohol and Other Drug Dependence	2605	NCQA		X
Follow-up After Hospitalization for Mental Illness	0576	NCQA	X	X
Follow-up After Hospitalization for Schizophrenia (7- and 30-day)	1937	NCQA		
Follow-up Care for Children Prescribed ADHD Medication	0108	NCQA	X	
Metabolic Monitoring for Children and Adolescents on Antipsychotics	2800	NCQA		
Pediatric Psychosis: Screening for Drugs of Abuse in the Emergency Department	2806	Seattle Children's Research Institute		
Preventive Care and Screening: Screening for Clinical Depression and Follow-up Plan	3148	CMS		
Preventive Care and Screening: Screening for Depression and Follow-up Plan	3132	CMS		
Tobacco Use Screening and Follow-up for People with Serious Mental Illness or Alcohol or Other Drug Dependence	2600	NCQA		
Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics	2801	NCQA		

PROCESS MEASURES: Substance Use Disorder				
Title	NQF #	Measure Steward	Common Measure Set	Medicaid Transformation Demonstration
Alcohol Screening and Follow-up for People with Serious Mental Illness	2599	NCQA		
Follow-up After Emergency Department Visit for Mental Illness or Alcohol and Other Drug Dependence	2605	NCQA		X
Initiation and Engagement of Alcohol and Other Drug Dependence Treatment	0004	NCQA		
Pediatric Psychosis: Screening for Drugs of Abuse in the Emergency Department	2806	Seattle Children's Research Institute		
Preventive Care and Screening: Unhealthy Alcohol Use: Screening & Brief Counseling	2152	AMA- PCPI		
SUB-1 Alcohol Use Screening	1661	The Joint Commission		
SUB-2 Alcohol Use Brief Intervention Provided or Offered and SUB-2a Alcohol Use Brief Intervention	1663	The Joint Commission		
SUB-3 Alcohol & Other Drug Use Disorder Treatment Provided or Offered at Discharge and SUB-3a Alcohol & Other Drug Use Disorder Treatment at Discharge	1664	The Joint Commission		
Tobacco Use and Help with Quitting Among Adolescents	2803	NCQA		
Tobacco Use Screening and Follow-up for People with Serious Mental Illness or Alcohol or Other Drug Dependence	2600	NCQA		
Use of Opioids at High Dosage in Persons without Cancer	2940	PQA		
Use of Opioids from Multiple Providers and at High Dosage in Persons without Cancer	2951	PQA		
Use of Opioids from Multiple Providers in Persons without Cancer	2950	PQA		

OUTCOME MEASURES: ALL				
Title	NQF #	Measure Steward	Common Measure Set	Medicaid Transformation Demonstration
Controlling High Blood Pressure for People with Serious Mental Illness	2602	NCQA		
Diabetes Care for People with Serious Mental Illness: Blood Pressure Control (<140/90mm Hg)	2606	NCQA		
Diabetes Care for People with Serious Mental Illness: Hemoglobin A1c Control (<8.0%)	2608	NCQA		
Diabetes Care for People with Serious Mental Illness: Hemoglobin A1c Poor Control (>9.0%)	2607	NCQA		
Diabetes Long-Term Complications Admission Rate	0274	Agency for Healthcare Research and Quality		
Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS)	0166	CMS		
Inpatient Rehabilitation Facility Functional Outcome Measure: Change in Mobility Score for Medical Rehabilitation Patients	2634	CMS		
Risk-Standardized Acute Admission Rates for Patients with Chronic Conditions	2888	CMS		
30-Day All-Cause Unplanned Readmission Following Psychiatric Hospitalization in an Inpatient Psychiatric Facility	2860	CMS		

OUTCOME: PRO-PM MEASURES: ALL				
Title	NQF #	Measure Steward	Common Measure Set	Medicaid Transformation Demonstration
CAHPS Home- and Community-Based Services Measures	2967	CMS		
Depression Remission at Six Months	0711	MN Community Measurement		
Depression Remission at Twelve Months	0710	MN Community Measurement		
Depression Response at Six Months- Progress Towards Remission	1884	MN Community Measurement		
Depression Response at Twelve Months – Progress Towards Remission	1885	MN Community Measurement		
Experience of Care and Health Outcomes Survey (behavioral health, managed care versions)	0008	Agency for Healthcare Research and Quality		
Patient Experience of Psychiatric Care as Measured by the Inpatient Consumer Survey	0726	National Assoc. of State Mental Health Program Directors Research Institute		

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