

RN Care Manager Role Treating Opioid Use Disorder

Integrated Care and the Expanding Role of Nurses

Seattle Airport Marriott, SeaTac, WA
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The Healthier Washington Practice Transformation Support Hub





UNIVERSITY *of* WASHINGTON

PSYCHIATRY & BEHAVIORAL SCIENCES

School of Medicine

DESIGNING AND REFINING POLICIES, PROTOCOLS, WORKFLOWS AND GUIDELINES

SESSION 4

LEARNING OBJECTIVES

- Identify foundational policies for treating Opioid Use Disorder
- Compare policies among organizations
- Identify quality assurance and quality improvement strategies regarding program policy

ODD PROGRAM POLICIES

DEA

UA

Attendance

**Lost
medication**

Diversion

Discharge

**Re-
engagement**

Confidentiality

PURPOSE AND LIMITATIONS OF POLICIES

- **Aligns with mission of program**
- **Describes who does what when**
- **Protects from risk or prevents bad outcomes**
- **Diminishes bias/special treatment**
- **Limits creativity**
- **Creates “hard lines”**
- **Implicit bias is embedded**

EXAMPLE

- **Harborview Medical Center Adult Medicine Clinic OBOT**
 - To start buprenorphine, patient needed to provide UDT with only opiates and no other illicit substances
 - *Rationale*: people heavily using other illicit substances would need a higher level of care than primary care could provide



- **How does this policy protect from risk or bad outcome?**
- **How does this policy eliminate bias? How does this policy underscore bias?**

Evaluation Of Policy

Linking patients with buprenorphine treatment in primary care: Predictors of engagement

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60% of patients lost before starting medication

POLICY CHANGE

- **HMC OBOT no longer requires UDT without illicit substances prior to starting buprenorphine treatment**
- **Evaluation of policy change is on-going**
- **Preliminary data suggests more people start, fewer people retained in treatment**

SMALL GROUP POLICY WORK

- **Look at policy (each group will bring policy/guideline/work flow we request)**
- **Discuss the following:**
 - Alignment with mission
 - Risk reduction
 - Bias
 - Limitations
 - Evaluation

DISCUSS POLICY #1



- **Small workgroups 10 minutes**
- **Large group discussion 5 minutes**

DISCUSS POLICY #2



- **Small workgroups 10 minutes**
- **Large group discussion 5 minutes**

DISCUSS POLICY #3 (IF TIME PERMITS)



- **Small workgroups 10 minutes**
- **Large group discussion 5 minutes**

BIG IDEAS WORKSHEET



Prompt

1. Write down any big ideas from this session.

Big Ideas Worksheet
RN Care Manager Role Treating Opioid Use Disorder (OUD)

Instructions
After each session write down ideas, inspirations or things you want to take back to your organization.

Session 1: Core Skills For Nurses Treating Opioid Use Disorder (OUD)

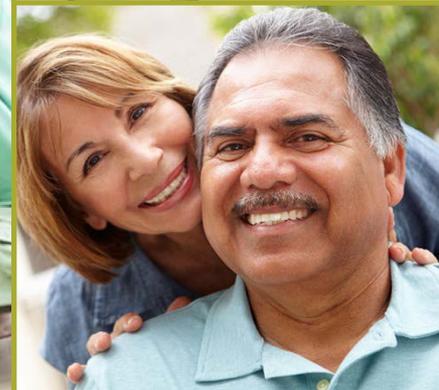
Session 2: Overview of Polysubstance Use

Session 3: Clinical Challenges and Co-occurring Conditions

Session 4: Designing and Refining Policies, Protocols, Workflows and Guidelines

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