TARGETED RURAL UNDERSERVED TRACK (TRUST)

This year a record number of TRUST Scholars completed their medical school education and celebrated the milestone at the Washington State Convention Center with their WWAMI classmates on May 24, 2018. Each Scholar received a TRUST plaque and stole to wear with their regalia for the School of Medicine ceremony.

24 TRUST scholars successfully graduate with the class of 2018

2018 MATCH RESULTS SUPPORT WORKFORCE AIMS OF TRUST

Over 50% of TRUST graduates chose careers in primary care since the inception of TRUST in 2008. 8% of TRUST graduates matched into General Surgery which highlights another key workforce need in the rural and underserved regions of the U.S. Every year the results continue to show encouraging outcomes for the future of the TRUST program.
RUOP PLACES 146 STUDENTS

As RUOP heads into its 29th season, the Office of Rural Programs would like to thank our regional Placement Coordinators for their continual support. Since its inception, RUOP relies on regional Placement Coordinators to recruit primary care preceptors, secure housing, cover student travel expenses and provide other logistical support to ensure our medical students have an overall great experience. This summer, Placement Coordinators helped the Rural Programs team place 146 students (54% of the class) across the WWAMI region.

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TRUST Graduation Match Data since the Inception of TRUST in 2008

87 graduates total since the inception of TRUST

Updates includes 2018 match results (24 graduates total in 2018)

<table>
<thead>
<tr>
<th>Specialty</th>
<th>Matched 2018</th>
<th>Matched 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Medicine:</td>
<td>32 (37%)</td>
<td>6 in 2018</td>
</tr>
<tr>
<td>Internal Medicine:</td>
<td>12 (14%)</td>
<td>3 in 2018</td>
</tr>
<tr>
<td>Internal Medicine – Primary Care:</td>
<td>7 (8%)</td>
<td>2 in 2018</td>
</tr>
<tr>
<td>Emergency Medicine:</td>
<td>7 (8%)</td>
<td>2 in 2018</td>
</tr>
<tr>
<td>General Surgery:</td>
<td>7 (8%)</td>
<td>1 in 2018</td>
</tr>
<tr>
<td>Pediatrics:</td>
<td>6 (7%)</td>
<td>1 in 2018</td>
</tr>
<tr>
<td>Psychiatry:</td>
<td>2 (2%)</td>
<td>2 in 2018</td>
</tr>
<tr>
<td>Radiology-Diagnostic:</td>
<td>2 (2%)</td>
<td>2 in 2018</td>
</tr>
<tr>
<td>Orthopedic Surgery:</td>
<td>2 (2%)</td>
<td>1 in 2018</td>
</tr>
<tr>
<td>Dermatology:</td>
<td>1 (1%)</td>
<td>1 in 2018</td>
</tr>
<tr>
<td>Phys Medicine &amp; Rehab:</td>
<td>1 (1%)</td>
<td>1 in 2018</td>
</tr>
<tr>
<td>Neurology:</td>
<td>1 (1%)</td>
<td>1 in 2018</td>
</tr>
<tr>
<td>Medicine/Pediatrics:</td>
<td>1 (1%)</td>
<td></td>
</tr>
<tr>
<td>Obstetrics/Gynecology:</td>
<td>4 (5%)</td>
<td></td>
</tr>
<tr>
<td>Anesthesia:</td>
<td>1 (1%)</td>
<td></td>
</tr>
</tbody>
</table>

**Primary Care = 45/87 = 52% of all TRUST graduates (Total graduates: 87)**

*Family Medicine, Primary Care IM, and Pediatrics*
WWAMI AHEC SCHOLARS PROGRAM
Leading Rural or Underserved Health Care into the Future

WWAMI AHEC Scholars is an inter-professional and nationally recognized certificate program that emphasizes a team-based approach to addressing health disparities. This two-year program complements a student's existing coursework and provides him/her with the agile skill set needed to lead health care transformation in rural and urban underserved environments.

Who We Are:
Faculty from the UW School of Medicine teamed up with the WWAMI Area Health Education Center (AHEC) Program Office and its regional Centers in Washington and Idaho to develop a program, which emphasizes inter-professional and experiential learning. AHEC is a large federal health care training organization with specific expertise in underserved and rural health care.

The Program:
In this two-year program, students can expect to participate in the following experiences:

1. Participate in two Inter-professional courses (6 early evening sessions per academic year; online modules with ZOOM meetings option is also available). 1 credit option or no-cost no-credit
option available. P/F grading.

2. Topics cover:

- Inter-professional education
- Practice transformation in team-based underserved settings
- Behavioral health integration
- Rural health
- Health Equity
- Other emerging topics in underserved care
- Take a field trip to an urban underserved or rural health care setting
- Community/experiential/community training through a community project or service learning (but could also easily be completed via your program's clinical component.)
- Take part in a networking event with potential employers

To Learn More visit our website: [http://depts.washington.edu/ahec/](http://depts.washington.edu/ahec/)
The WWAMI AHEC Scholars program is currently taking applications for the 2018 school year.
For questions, please contact AHEC Associate Director, Stacey Morrison at uwahec@uw.edu.


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**TESTING THE APPLICATION OF COMPETENCY BASED EVALUATION IN WRITE**

*By Lawrence Kirven, M.D. and Danielle Bienz, M.Ed.*

The UW Department of Family Medicine Advanced Outpatient Clerkship (AOC) is an Advanced Patient Care (APC) requirement that was incorporated into the curriculum at WRITE sites that do not offer the OB/GYN clerkship, beginning with the 2017-18 academic year. Since the completion of two APC rotations are now a graduation requirement, adding the 4-week Family Medicine AOC clerkship to WRITE offered the opportunity for students to complete this 4th year curricular requirement. Completing the Family Medicine AOC clerkship allows students to refine core skills, improve clinical reasoning, and expand medical knowledge by taking on the primary responsibility for patient care with appropriate supervision. The longitudinal clinical relationship with the same preceptors and patient care team places WRITE students in a unique position to achieve a higher level of patient care involvement than the traditional 6-week clerkship. In addition, the longitudinal clinical relationship in WRITE offers an opportunity to pilot a competency-based model for assessing student progress.

The American Association of Medical Colleges (AAMC) published new guidelines in May 2014 to provide expectations for both learners and teachers, which included 13 activities that all medical students should be able to perform upon entering residency. Entrustable Professional Activities (EPAs) were chosen as the framework as they offer a practical approach to assessing clinical competence. During the WRITE AOC pilot study a competency-based evaluation was used to assess the first 6 of the 13 core EPA’s as a measure of student progress ([https://www.aamc.org/initiatives/coreepas/](https://www.aamc.org/initiatives/coreepas/)).

WRITE preceptors were asked to rank their level of trust in the student’s ability for each of the 6 EPAs, including observed critical functions, both at the beginning of the 4-week AOC clerkship as well as at the
end. To date, 19 students from both the early and late start cohorts of WRITE students participated in the pilot during the 2017-18 academic year.

### Results: All WRITE Students Completing AOC Clerkship

<table>
<thead>
<tr>
<th>Overall Averages</th>
<th>EPA 1</th>
<th>EPA 2</th>
<th>EPA 3</th>
<th>EPA 4</th>
<th>EPA 5</th>
<th>EPA 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre</td>
<td>4.2</td>
<td>3.9</td>
<td>4.0</td>
<td>3.2</td>
<td>4.5</td>
<td>4.4</td>
</tr>
<tr>
<td>Post</td>
<td>4.9</td>
<td>4.5</td>
<td>4.6</td>
<td>4.4</td>
<td>4.7</td>
<td>4.8</td>
</tr>
</tbody>
</table>

Overall, the pilot has demonstrated that a competency-based evaluation has merit for both preceptors and students in providing an objective assessment of student abilities and measuring progress in student competency. The results demonstrate student progress over four weeks in each of the core EPAs. The form did not seem to be a burden for preceptors with an average completion time of 15 minutes. This assessment method received positive reviews from both preceptors and students. The pilot will continue in WRITE during the 2018-19 academic year.

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### RURAL PROGRAMS RECOGNITION

**Dr. John Anderson Memorial Award Recipient**

Tobe Harberd, M.D.

**Family Medicine with Obstetrics**

*Dr. Tobe Harberd (RUOP, TRUST, & WRITE Preceptor in Chelan, WA) is the recipient of the 2018 Dr. John Anderson Memorial Award for Outstanding Rural Health Practitioner. The Washington State Rural Health Association recognizes this award to those who, “demonstrate leadership skills and dedicate to provide quality healthcare services to rural communities.” Congratulations Dr. Harberd!*  

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**HUSKY 100: Management/Administration**

Justin Thompson, Medicine

**E-16 TRUST Scholar**

*The Husky 100 recognizes 100 UW undergraduate and graduate students in all areas of study at the University of Washington in Seattle, Bothell, and Tacoma. This year Justin Thompson, a third year medical TRUST scholar, received recognition in the area of management and administration. Congratulations Justin! To read more about his story, please visit the HUSKY 100 website.*

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### MESSAGE FROM THE ASSISTANT DEAN OF RURAL PROGRAMS

When I started this job, a little over a year ago, I felt like our rural programs was consistently playing catch-up. We were scrambling to get people in place, policies aligned with historical practices, and identify where we were going as a unit. It was a little harried to make sure we were not losing ground. As I reflect on where we are today, Rural Programs is in a much better place. We completed some key hires and have landed a team of dedicated people striving to advance care for the students and
ultimately patients of the region. My belief is that if one has the right people in place, things will work out. Many of you have heard of, written to, or chatted with my colleagues from the Rural Programs team. They are a dedicated group who are mission driven and hopefully you have come to appreciate their work.

I am routinely rejuvenated when I return from meeting with this powerful, thoughtful, dedicated group of people in Seattle who are committed to supporting you and the students you work with in rural WWAMI. Each of them individually and all collectively are striving to advance rural medical education.

We are not playing catch-up any longer. We are not “treading water” as the Office of Rural Programs has become intercalated in Seattle and hopefully in your region. We are advancing the goals and vision of our office to support rural medical education and know that we stand on the shoulders of our predecessors, and alongside our colleagues in the trenches, to accomplish the goal of providing/supporting a rural work force. We will continue to work to meet the needs of our region, are appreciative of your work to support a rural work force, and are always open to ways that we can do better.

John F. McCarthy, M.D.
Assistant Dean
Office of Rural Programs

UPCOMING EVENTS & ANNOUNCEMENTS

CME WRITE Faculty Development - September 13-14, 2018
Seattle TRUST Welcome Dinner - September 6, 2018

CONTACT US:
Office of Rural Programs
Location: HSC E 301
Email: somrural@uw.edu
Visit us at: https://blogs.uw.edu/somrural

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