# SAVE/PRINT this E-­‐mail: Anacortes Clerkship Information

FIDALGO MEDICAL ASSOCIATES, P.S.

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# GENERAL INFORMATION

The Anacortes clerkship takes place in two practices located in the Puget Sound community. The primary teaching site, Fidalgo Medical Associates, is a multi-specialty group practice of 11 physicians and three family nurse practitioners. Students may also be placed at Island Family Physicians in Anacortes. Students spend the majority of time in ambulatory care clinics, but also are actively involved in the care of hospitalized patients, including surgical assisting and obstetrics. Students rotate on emergency call at the hospital. Students spend time at the Swinomish Indian reservation to experience some of the cultural diversity seen in medicine. Anacortes is a medium-sized rural community and gives students an opportunity to see medicine practiced in various group settings.

Practice:

Established in 1972, Anacortes is one of the original Family Medicine Clerkship sites. The physician, faculty, and office staff are used to working with students and enjoy integrating them into their practices. Two family practices participate in the Family Medicine Clerkship in Anacortes:

* Fidalgo Medical Associates (FMA): a 11-­‐physician multi-­‐specialty group practice with teaching done primarily by Dr. Robert Rieger.
* Island Family Physicians (IFP): 4 physician family medicine group. All 4 physicians are active with teaching: Drs. Reiger, Bjorseth, James, and Sweeney.

Faculty:

Robert Rieger, MD is the clerkship Site Director and responsible for scheduling, orientation, etc. He is with Fidalgo Medical Associates.

Dr. Mark Backman has students work with him at the Swinomish Indian Reservation.

Drs. Mike James, Meg Sweeney and Frank Bjorseth form the second family practice group in Anacortes.

Housing: One-bedroom, non-smoking daylight basement home. It is approximately one mile from Island hospital and Fidalgo Medical.

Transportation: The apartment is about 1 mile or a 20-minute walk away.

# COMMUNITY PERSPECTIVE

You are urged to seek out contact with other agencies and personnel, especially in reference to the care of specific patients. Discussions will focus on community health needs, hazards, and resources. You will be included in the clinical faculty's own community activities. You may visit community centers and resources such as those listed below:

* Swinomish Indian Reservation;
* Employee Health at Tesoro Oil Refinery;
* Nursing home rounds one morning with Dr. Rieger

# PRELIMINARY ARRANGEMENTS

Read the technical information sheet for details on how the living quarters are set up and equipped, what you might want to bring with you, and other living considerations.

On Arrival:

You should plan on arriving in Anacortes on the day before the rotation. After arriving, check in at the hospital with the nursing supervisor and the main nurses’ station, who should have keys to the apartments. Patty Codd will meet with you at 8 am on the first day of your rotation in the in the business office of FMA.

This will include a tour of the facility and introduction to key people and medical staff. Orientation to include the following:

* Review living accommodations and arrangements.
* Review list of medical staff and their various roles in the clerkship.
* Discuss objectives of the clerkship: clinical, community and managerial.
* Discuss problem-­‐oriented charting and patient management.
* Discuss procedures for admitting to the hospital, the protocol for getting orders and charts signed, dictation, mailbox, and library medical records.
* Determine interests and needs of student (Clinical Skills Inventory) and assign rotations appropriate to the individual.
* Establish a mutually satisfactory call schedule and review other expectations of the clerkship. Dr. Rieger will meet to review expectations after your tour.

Follow Up Clerkship Meetings:

During the first week, you will meet with Dr. Rieger to raise any questions or problems and to review with her the processes of internal communication in the office, ER call, and review any other issues of concern.

Final Clerkship Debriefing:

On the last Friday of the clerkship, arrange to meet with Patty Codd so that details can be attended to, including cleaning the apartment, returning books and journals, keys, etc. During the final week of the clerkship, arrange for a brief exit interview with Dr. Hogge

# CLINICAL WORK

In the Office: The major component of this clerkship is seeing patients in the physician's office. You will work with several different physicians. Most teaching is centered around the problems presented during the day. Faculty are available at the end of the day to go over any problems and questions you have.

With clinic patients, you will usually take the initial history, then present your findings and plan to your preceptor. Your preceptor will discuss each case with you and see the patient him/herself. As the faculty determine your level of competence and judgment, they allow you to assume more responsibility. You are always expected to interrupt faculty for any questions or areas of uncertainty.

You will dictate chart notes for the patients you see. Faculty will review these notes with feedback to you.

On Call: Students are on call five weekday call nights and one weekend (Friday-­‐Sunday) during the rotation. You will participate in making up your schedule. When on call, you will generally be called first and start evaluating the patient. After you have evaluated the patient, the emergency room physician or attending physician will examine the patient and you will arrive at a consensus on disposition of the patient. If procedures are required, e.g., suturing, these may be done by you under the supervision of the ER physician. You will dictate your workups for hospital charts.

Home visits: Students are encouraged to become closely acquainted with the lives of patients and their families. House calls are made as appropriate.

If in Anacortes, you are expected to attend Continuing Medical Education (CME) meetings held every Wednesday, topics and times will vary. Breakfast is provided.

Dress: Please see the official clerkship dress code.

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* Swinomish Indian Reservation;
* Island Home Health Care;
* Employee Health at Tesoro Oil Refinery;
* Secret Harbor Schools for Youth.

# OTHER CLERKSHIP RESOURCES

Medical reference libraries are available in the practices and the hospital. Individuals in the hospital and the broader community are also interested in the medical student teaching program and would welcome student interest in their perspective on health care and the health care system in the area. Internet access is available in clinic and at the house.

Many of the site faculty are interested in helping students make informed decisions about medical specialties and about structuring a satisfying life within any medical career.

# ANACORTES SITE TECHNICAL INFORMATION

TRANSPORTATION: The student apartment is about one mile from Anacortes Island Hospital (Including Island and Fidalgo clinics).

HOUSING: 3406 K Ave. One bedroom-­‐daylight basement of a house with all the amenities.

EXTRAS: Hiking, mountain biking, water sports, skiing swimming, crabbing, city recreation all available. The Physical Therapy department at the hospital is often available for workouts. Orcas Island has kayaking and sailing very close by.