Welcome!

FAMILY MEDICINE CLERKSHIP
UNIVERSITY of WASHINGTON
SCHOOL OF MEDICINE

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Co-Director                Co-Director

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Clerkship Administrator
Goals

Learn and apply key components of the Family Medicine approach to health care:

1. Biopsychosocial Aspects of Care
2. Comprehensive Care
3. Continuity of Care
4. Context of Care
5. Coordination and Integration of Care
Objective 1: Principles of Care

1. Discuss the **principles of care** within the framework of family medicine, and the critical **role of family physicians** within any health care system.
Objectives 2-4: Clinical Knowledge

2. Gather information, formulate differential diagnoses, propose initial diagnostic evaluation, and offer management plans for patients with common presentations within the framework of family medicine.

3. Manage initial evaluation and follow-up visits with patients needing longitudinal care, such as chronic disease and pregnancy, in a family medicine setting.

4. Collaboratively, with patient input, develop evidence-based health promotion/disease prevention plans for patients of any age or gender in a family medicine setting.
Objectives 5-6: Communication & Professionalism

5. Demonstrate use of patient centered communication skills during history taking, physical exam, use of electronic health records, and collaborative decision making in an outpatient setting.

6. Demonstrate professionalism in the care of patients and families, and in interactions with the health care team and communities.
Welcome to the Family Medicine Clerkship!

Orientation
- Family Medicine Clerkship Syllabus 2019-20 (for Clerkships beginning 4/1/19 and after)
  - Please read the syllabus prior to beginning your Clerkship to familiarize yourself with the goals and objectives, evaluation process, and policies.
- For last academic year's syllabus (2018/2019), please click here.
- Orientation Slide Deck for Webinar 2019-20
  - The orientation webinar is always on the FIRST DAY of the Clerkship from 12-1pm PST – hosted by Family Medicine Clerkship Administrator. Join by Zoom or Phone.
  - ZOOM Links
  - PHONE (both work)
  - 1-428-638-0995, Meeting ID: 5538534759
  - 1-428-638-0995, Meeting ID: 5538534759
- UW School of Medicine – MD Program Handbook

Clerkship Sites & Required Documents
- Resources & Requirements
- Clerkship Sites & Credentialing Info

Assignment Tracker
During the clerkship, refer to the Assignment Tracker for all curricular responsibilities and timelines. Weekly updates of the Assignment Tracker is a requirement of the clerkship.

Family Medicine Tracker

Clinical Encounters
Logging hours is a requirement of the clerkship.
- Clinical Encounters login
- How to log clinical encounters video

NBME Final Exam:
- NBME Testing Information
- Required Cases and Readings
- FM Shelf Exam Review
- FM NBME Shelf Exam Study Resources
- Testing Location by Site
Assignment Tracker

- Track all curricular activities and timelines online
- Update Assignment Tracker WEEKLY
- Review tracker with preceptor at Mid Clerkship Review and at end of clerkship
- SCROLL ALL THE WAY DOWN. Weekly assignments at bottom of tracker
Required Clinical Experiences: Acute*

- Low Back Pain
- Fever
- Asthma

*If you are unable to see any of the required clinical encounters, you may complete a reading. Links will be on our website.

On the tracker, there is a list of other common presentations that are NOT required but may guide your reading and choice of clinical encounters.
Required Clinical Experiences: Chronic

- Depression
- Type 2 Diabetes
- COPD
- Childhood ADHD
- Substance Abuse and Dependence
- Chronic Pain Management
Required Clinical Experiences: Preventive Care

- Health Maintenance Adult
  - Male 50-75
  - Female 50-75
  - Female 14-45

- Childhood Immunizations

- Prenatal Management
Clinical Encounters on E*Value

- Log clinical encounters every time you see them.
- Though you can log multiple encounters, you only need to log them once.
- Link:
  - https://sites.uw.edu/medevalu/clinical-encounters/

<table>
<thead>
<tr>
<th>Diagnosis Name</th>
<th>Count</th>
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<tr>
<td>Asthma</td>
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<tr>
<td>Childhood ADHD</td>
<td>23</td>
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<tr>
<td>Childhood Immunizations</td>
<td>36</td>
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<tr>
<td>Chronic Obstructive Pulmonary Disease</td>
<td>39</td>
</tr>
<tr>
<td>Chronic Pain management</td>
<td>50</td>
</tr>
<tr>
<td>Depression</td>
<td>68</td>
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<tr>
<td>Diabetes Mellitus Type -2</td>
<td>54</td>
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<tr>
<td>Fever</td>
<td>32</td>
</tr>
<tr>
<td>Health Maintenance Adult 14 to 45 Female (Reproductive age)</td>
<td>43</td>
</tr>
<tr>
<td>Health Maintenance Adult 50 to 75 Female</td>
<td>56</td>
</tr>
<tr>
<td>Health Maintenance Adult 50 to 75 Male</td>
<td>58</td>
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<tr>
<td>Low Back Pain</td>
<td>62</td>
</tr>
<tr>
<td>Prenatal management</td>
<td>42</td>
</tr>
<tr>
<td>Substance Use / Dependence / Abuse</td>
<td>47</td>
</tr>
</tbody>
</table>
Effective Patient Centered Care (EPCC)

WEEKS 1&2

Learn EPCC concepts through:

✓ Articles
✓ Videos
✓ Direct Observations
Effective Patient Centered Care (EPCC) Mini-CEX for FMC:

- **WEEKS 2-6**
  - **Apply EPCC concepts into practice using the Patient Centered Observation Form**
  - **Use form 4-6 times**
  - **Link to form: [www.pcof.us](http://www.pcof.us)**
Optional Curriculum

- Suffering in Medicine
- UW Medicine WISH Online Learning modules (Suturing Curriculum)
- Articulating and Reflecting on Tacit Expertise
EHR Orientation Checklist

See: Family Medicine Clerkship website > Info for Students

EVALUATION DOCUMENTS
- MiniCEX – Effective Patient-Centered Care (EPCC), PCOF Form – Physician
- Professionalism in the Family Medicine Clerkship
- Feedback and Evaluation Form (Grade Anchors)
- Grade Appeal Form

OTHER DOCUMENTS
- Recipe for Family Medicine Clerkship Success
- EHR Orientation Checklist
- Guide to Identifying Student Mistreatment
- Body Fluid Exposure Procedure
- Higher Order Thinking Skills
- UW School of Medicine Handbook – MD Program Handbook
You have been introduced to the SOAP-Q format in EHM

- Subjective
- Objective
- Assessment
- Plan
- Quality

Clerkship site directors have been introduced to this framework

Check in with your site director to see if they would like you to use it if you encounter a quality or safety issue during patient care
Professionalism

- **Review:**
  - Professional expectations of the clerkship
  - Professionalism section of Feedback & Evaluation form

- Discuss professional performance at Mid & End of Clerkship Review - REQUIRED

- Professionalism Award Nominations:
  - Student Award
  - Staff and Faculty Award

2016-17 Student Award for Professionalism: Recipient, Nick Swenson with Dr. Sonja Olson, Country Doctor
1. Responsibilities of Teachers:

- Treat learners fairly, respectfully, and without bias related to their age, race, gender, sexual orientation, disability, religion, or national origin.
- Give learners timely, constructive, and accurate feedback.
2. Responsibilities of Learners:

- Be courteous and respectful of others.
- Put patients’ welfare ahead of educational needs.
- Know limitations and ask for help when needed.
- Maintain patient confidentiality.
- View feedback as an opportunity to improve knowledge and performance skills.

2016-17 Student Professionalism Award being presented to Angela Primbas by Dr. Jeanne Cawse-Lucas
Learning Environment Concerns

Reporting Mistreatment or a Serious Concern:

- To report mistreatment or a serious concern that doesn’t require immediate response, use the Learning Environment Feedback Tool.

- You are able to provide a description of your concern and indicate your follow-up preference and how you would like your feedback shared.

- You will have the option of reporting completely anonymously or indicating how you want your identity and the identity of anyone else involved in the situation to be shared.

http://blogs.uw.edu/esom/learning-environment/
Professionalism Concerning Learning Environment Concerns

- We aim to protect student confidentiality.

- Unless there is imminent danger we do not notify the site until anonymity can reasonably be assured.

- We would like permission to contact you, but we respect your choice.

Photo: Deb Coolidge
Tickchik Alaska State Park
Tools for FM Clerkship Success

Examples of Helpful Tips:

• It's essential to know your patients well, which includes reading up on their illnesses and upcoming surgeries. You can also do the corresponding articles/cases that pertain to a patient’s diagnosis (see the assignment tracker for details).

• Participate (even if you are shy or uncertain) and don't be afraid to get answers wrong! A majority of students commented that being wrong is not nearly as important as students fear it is. Go back and find out the answer to a question you got wrong and report back to your team. One medical student said, "Answering questions wrong is NOT a red flag, but not trying is."

• Oral presentations are very important so put in the time to do them well. They should be well-organized and CONCISE, touching on only the most important details. Keep in mind the goal of the presentation—to convey information to your attendings and the team.
Duty Hours

Please check your UWSOM MD Program Handbook for work hours policy.
Final Exam: The last Thursday of the clerkship at nearest testing location

Family Medicine Modular Exam
• Questions: 90
• Time: 2 hours 15 minutes
FINAL EXAM CONTENT

System
• General Principles, Including Normal Age-Related Findings and Care of the Well Patient 5%–10%
• Immune System 1%–5%
• Blood & Lymphoreticular System 1%–5%
• Behavioral Health 5%–10%
• Nervous System & Special Senses 1%–5%
• Skin & Subcutaneous Tissue 3%–7%
• Musculoskeletal System (% increases with the addition of the Musculoskeletal module) 5%–10%
• Cardiovascular System 5%–10%
• Respiratory System 5%–10%
• Gastrointestinal System 5%–10%
• Renal & Urinary System 1%–5%
• Pregnancy, Childbirth, & the Puerperium 1%–5%
• Female Reproductive System & Breast 1%–5%
• Male Reproductive System 1%–5%
• Endocrine System 5%–10%
• Multisystem Processes & Disorders 1%–5%
• Biostatistics, Epidemiology/Population Health, & Interpretation of the Medical Lit. 1%–5%
• Social Sciences 5%–10%
  • Communication and interpersonal skills
  • Medical ethics and jurisprudence
  • Systems-based practice and patient safety

Physician Task
• Health Maintenance, Prevention & Surveillance 20%–25%
• Diagnosis, including Foundational Science Concepts 40%–50%
• Pharmacotherapy, Intervention & Management 25%–30%

Site of Care
• Ambulatory 100%

Patient Age
• Birth to 17: 15%–20%
• 18 to 65: 55%–65%
• 66 and older: 15%–20%
Readings

- **Step-Up to Family Medicine**: Outline format, easy to get through in 4 weeks, written specifically to do well on the FM Clerkship and shelf exam.

- **Review articles on AAFP.org** (the readings for the required clinical encounters almost all are in this category)

- **Case Files for FM**: Good if you are a case-based learner and can get through in a 6-week clerkship

- **Essentials of FM**: Very good book, but very long, maybe difficult to get through in 6 weeks.
FINAL EXAM STUDY MATERIALS

Questions:

- AAFP board review questions
  - Become a student member for free and you will have free access to these questions. Past students have found these very helpful.
  - It takes a few days to activate your account, so sign up early in the rotation.
  - Well over a 1000 questions. On average the question stems may be a little shorter than the ones on the shelf.

- NBME Practice Tests
  - Available for purchase on the NBME website

- Pretest FM
  - If you like Pretest for other clerkships you will probably like it for this clerkship as well. It does cost money.
Required Activities

Week One
✓ Site Orientation
✓ Clerkship Orientation Webinar

Week Three
✓ Mid-Clerkship Review

Photo: Quinn Rivera MS1 | Cody, WY
Required Activities

Week Six
✓ Final Exam
✓ End of Clerkship Review
✓ Friday is a travel day

End of Week Six
✓ Site and Faculty Evaluations

4-6 Times DURING the Rotation
✓ Use of the PCOF form as the mini-CEX
Evaluation Process

Site Director collects feedback from preceptors about student’s performance.

Site Director incorporates feedback into preliminary grade form considering depth, length of time, and when each faculty worked with the student.

Final grades are assigned by Clerkship Directors at the Seattle office based on the site’s scores and final exam performance.
Grade Anchors

Student Evaluations are based on 11 scoring categories and the final exam:

1. Knowledge of Subject Area
2. Data-Gathering Skills
3. Clinical Skills
4. Patient-Centered Care Skills
5. Management Skills
6. Integration Skills
7. Communication Skills
8. Relationships with Patients
9. Professional Relationships
10. Dependability and Responsibility
11. Educational Attitudes
# Feedback & Evaluation Form

Link to Grade Anchors

## FAMILY MEDICINE CLERKSHIP FEEDBACK AND EVALUATION FORM

Name: __________________________

Location: ________________________

The Family Medicine Clerkship is a mastery-based required clerkship. Evaluation is primarily based on the student’s performance in the last 2–3 weeks of the clerkship with possible exceptions involving unacceptable professional behavior. Review the anchors in each category and select the category that most closely mirrors the student’s performance in that area. The anchors are not a checklist where all items are required to achieve a particular grade.

## CLINICAL KNOWLEDGE AND SKILLS SECTION

<table>
<thead>
<tr>
<th>Knowledge in Subject Area:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Includes level of knowledge and application to clinical problems.</td>
<td>Never demonstrates an understanding of basic principles.</td>
<td>Inconsistently demonstrates understanding of basic principles.</td>
<td>Generally, demonstrates understanding of basic principles.</td>
<td>Often demonstrates understanding of basic and some complex principles.</td>
<td>Consistently demonstrates understanding of basic and most complex principles.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Data Gathering Skills:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Includes basic history and physical examination.</td>
<td>Never obtains basic history and physical</td>
<td>Inconsistently obtains basic history and physical</td>
<td>Generally obtains basic history and physical.</td>
<td>Often obtains basic history and physical.</td>
<td>Consistently obtains basic history and physical.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Clinical Skills:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Includes oral case presentations, written or dictated notes, histories, physical exams and procedural skills.</td>
<td>Never communicates medical histories and physical exams in an organized or complete manner.</td>
<td>Inconsistently communicates medical histories and physical exams in an organized or complete manner.</td>
<td>Generally communicates medical histories and physical exams in an organized or complete manner.</td>
<td>Often communicates medical histories and physical exams in an organized or complete manner.</td>
<td>Consistently communicates medical histories and physical exams in an organized or complete manner.</td>
</tr>
</tbody>
</table>

**COMMENTS:**

1. CLINICAL KNOWLEDGE AND SKILLS (Constructive criticism will not appear in the dean’s letter unless there is a pattern of similar behavior across other clerkships).
# Grading Criteria

## University of Washington Family Medicine Clerkship (FMC)

Each category will have a score from 1 to 5 and a GPA will be averaged based on aggregate of the scores. **NOTE**: A score of 1 in any category, will result in a Final Grade of Fail.

**Honors**
- GPA of 4.7 to 5.0

**High Pass**
- GPA of 4.2 to 4.6

**Pass**
- GPA of 2.8 to 4.1

**Fail**
- GPA of less than 2.8 OR a score of 1 in any category

## 2. Final Exam Grade:
For the 2019-20 school year the final exam scores will be interpreted as follows:

**Honors**
- 84 percent and above = Grade adjustment: +0.1
- 68 to 83 percent = Grade adjustment: No adjustment
- 50 to 67 percent = Grade adjustment: -0.2 Max final GPA 4.6. Not eligible for honors

**Pass**
- Less than 50 percent = Failed clerkship (updated 3/20/2019)

## 3. Final Grade:
The Final Grade is a combination of the Clinical Grade and the grade adjustment of the Final Exam Grade.

**Honors**
- GPA 4.7 to 5.1

**High Pass**
- GPA 4.2 to 4.6

**Pass**
- GPA 2.6 to 4.1 OR a score of 2 in any category

**Fail**
- GPA of less than 2.6 OR failed exam OR a score of 1 in any category

Upon completion of the Family Medicine Clerkship, you can view your final evaluation form on E*Value by four weeks after the end of a rotation. Once the Department of Family Medicine has assigned your final grade, you will receive an email notification and a link to view it. Please note that because you will be able to view and print your final evaluations online, we will not be mailing hard copies.

Students who have concerns about their final grade should submit the "Grade Appeal Form" listed on the clerkship website. Per the School of Medicine’s Policy for Grade Appeal in the Required Clerkships, all requests for grade review should be made before 12 weeks following the end of the clerkship. Requests made after 12 weeks will not be considered. The complete policy can be found in the School of Medicine Student Handbook.

## SAFETY

The Family Medicine Clerkship follows all School of Medicine Policies with regard to Bloodborne Pathogen Exposure and Infection Protection. The policy document can be found here:

- [http://www.uwmedicine.org/education/Pages/body-fluid-exposure.aspx](http://www.uwmedicine.org/education/Pages/body-fluid-exposure.aspx)

Your site orientation should include a discussion of the safety policies and procedures at the site. You should learn the location of necessary protective equipment and ask for anything you

<table>
<thead>
<tr>
<th>EXAM GRADE</th>
<th>SCORE</th>
<th>FINAL GRADE ADJUSTMENT</th>
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<tbody>
<tr>
<td>HONORS</td>
<td>84% +</td>
<td>+0.1</td>
</tr>
<tr>
<td>HIGH PASS</td>
<td>68-83%</td>
<td>No Adjustment</td>
</tr>
<tr>
<td>PASS</td>
<td>50-67%</td>
<td>Max final GPA 4.6. Not eligible for honors. Grade decrease: -0.2</td>
</tr>
<tr>
<td>FAIL</td>
<td>Less than 50%</td>
<td>Retake 6 week Clerkship</td>
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</table>
QUESTIONS?

YOU CAN ALWAYS CONTACT US AT:

fmclerk@uw.edu
206-616-7890