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Harrison Medical Center Bremerton (HaMC)

**SITE COORDINATORS**: Heidi Allred, MD Heidi.Allred@harrisonmedical.org and Jennifer Rickmar, Assc. Program Coordinator Jennifer.Rickmar@harrisonmedical.org

**GENERAL INFORMATION**

**About us:**

Centrally located in the beautiful Puget Sound Region of the Pacific Northwest, Northwest Washington Family Medicine Residency (NWFMR) has been newly accredited by the ACGME. NWFMR is a community-based, graduate medical education training program committed to excellence in the teaching and professional development of highly qualified family physicians.

We have nine faculty members on staff with decades of experience in Family Medicine and teaching. Two of our faculty members are fellowship-trained in Obstetrics, two in Sports Medicine and several have completed the faculty development program through the University of Washington. Northwest Washington Family Medicine Residency’s mission is to train family physicians to be compassionate leaders of multidisciplinary teams providing full-spectrum, evidence-based care in remote settings and areas with varied levels of resources.

**Our Goals:**

* To train medical students and residents to provide comprehensive care for patients with a broad range of medical conditions across the spectrum of acute illness, chronic illness, and preventive health strategies.
* To train medical students and residents in appropriate usage of evidence-based, cost-conscious strategies for diagnosis and management of patients.
* To train medical students and residents to lead multidisciplinary teams within the Patient Centered Medical Home in rural and underserved areas of the Pacific Northwest.
* To train medical students and residents to communicate efficiently and compassionately during patient, family, and community encounters.
* To train medical students and residents in the use of leading-edge technology for the benefit of their patients and their communities.
* To train medical students and residents to be effective and efficient lifelong learners.
* To train medical students and residents to assume medical leadership and community services roles in local communities, in the Pacific Northwest, and in the nation.

**Your Rotation:**

During your rotation, you will spend most of your time in clinic seeing patients with your faculty preceptor. You are encouraged to spend as much time as possible in our procedure room assisting with procedures. If we have any laboring or newborn patients, part of your experience may be rounding in the hospital. You will do a short presentation midway through your rotation on a topic of your choice, and didactic lectures will be provided weekly by our core faculty. We look forward to meeting you!

Faculty:

Heidi Allred, MD oversees student activities.

Jennifer Rickmar is responsible for the student's daily schedule.

The student will always be supervised by at least one faculty member.

Transportation: Car required.

Meals: Not provided, on-site hospital cafeteria available.

**PRELIMINARY ARRANGEMENTS**

* Jennifer can be reached at 360-782-5826, however the best way to contact her is via email, Jennifer.rickmar@harrisonmedical.org .

The student should prepare to begin the rotation at 8:00 a.m. on the first day. This day is spent in orientation activities and potentially clinic that afternoon.

**DRIVING DIRECTIONS TO NORTHWEST WASHINGTON FAMILY MEDICINE RESIDENCY**

* From Seattle via I-5 South merge on to WA-16W exit 132B towards Gig Harbor/ Bremerton
* WA-16 becomes WA-3 N/State Highway 3W
* Merge onto WA-304 E via exit 36 toward Bremerton
* Take WA-304 E ramp toward City Center/Seattle Ferry
* Take a slight right onto Burwell/WA-304
* Left onto Warren Ave.
* Slight right onto ramp and merge onto Callahan Dr.
* Take 2nd right onto Wheaton Way
* Arrive at 2512 Wheaton Way Bremerton, WA 98312

You can also reach us from either the Seattle/Bremerton ferry (1 hour crossing) or the Seattle/Bainbridge ferry (35 minute crossing).

Northwest Washington Family Medicine Residency is located on the 3rd floor above the family medicine and pulmonary clinics.

**Parking is across the street in the Harrison Annex located on the corner of Wheaton Way and Lebo Blvd.**