Welcome!

FAMILY MEDICINE CLERKSHIP
UNIVERSITY of WASHINGTON
SCHOOL OF MEDICINE

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Co-Director

Jeanne Cawse-Lucas, MD
Co-Director

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Clerkship Administrator
Learn and apply key components of the Family Medicine approach to health care:

1. Biopsychosocial Aspects of Care
2. Comprehensive Care
3. Continuity of Care
4. Context of Care
5. Coordination and Integration of Care

Buffalo, WY
1. Discuss the principles of care within the framework of family medicine, and the critical role of family physicians within any health care system.
Objectives 2-4: Clinical Knowledge

2. Gather information, formulate differential diagnoses, propose initial diagnostic evaluation, and offer management plans for patients with common presentations within the framework of family medicine.

3. Manage initial evaluation and follow-up visits with patients needing longitudinal care, such as chronic disease and pregnancy, in a family medicine setting.

4. Collaboratively, with patient input, develop evidence-based health promotion/disease prevention plans for patients of any age or gender in a family medicine setting.
Objectives 5-6: Communication & Professionalism

5. Demonstrate use of patient centered communication skills during history taking, physical exam, use of electronic health records, and collaborative decision making in an outpatient setting.

6. Demonstrate professionalism in the care of patients and families, and in interactions with the health care team and communities.
INFO FOR STUDENTS

Welcome to the Family Medicine Clerkship!

Orientation
- Family Medicine Clerkship Syllabus 2019-20
- Please read the syllabus prior to beginning your Clerkship to familiarize yourself with the goals and objectives, evaluation process, and policies.
- Orientation Slides Deck for Webinar 2019-20
  - The orientation webinar is given on the FIRST DAY of the Clerkship from 12:00pm PST - hosted by Family Medicine Clerkship Administrator. Join by Zoom or Phone.
- ZOOM Link
- PHONES (both work)
  - +1-408-635-0959, Meeting ID:5359347879
  - +1-840-636-0959, Meeting ID:5359347879
- UW School of Medicine - MS Program Handbook

Clerkship Sites & Required Documents
- Clerkship Sites & Credentialing Info
- Assignment Tracker
  - During the clerkship, refer to the Assignment Tracker for all curricular responsibilities and timelines. Weekly updates of the Assignment Tracker is a requirement of the clerkship.
- Family Medicine Tracker
- Clinical Encounters
- Log in as a requirement of the clerkship:
  - Clinical Encounters login
  - How to log clinical encounters video

SCEMC Final Exam
- NBME Testing Information
- Required Cases and Readings
- PMQ SHELF Exam Review
- PMQ NBME SHELF Exam Study Resources
- Testing Location by Site

EVALUATION DOCUMENTS
- SOAP-E – Effective Patient-Centered Care (SPCC), PCP Form – Physician
- SOAP-E Guidelines
- Proficiency in the Family Medicine Clerkship
- Feedback and Evaluation Form (Grade Analytics)
Assignment Tracker

- Track all curricular activities and timelines online
- Update Assignment Tracker WEEKLY
- Review tracker with preceptor at Mid Clerkship Review and at end of clerkship
- SCROLL ALL THE WAY DOWN. Weekly assignments at bottom of tracker

<table>
<thead>
<tr>
<th>Family Medicine Key Components</th>
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<tbody>
<tr>
<td>Assignment</td>
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<tr>
<td>Biopsychosocial Aspects of Care</td>
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<tr>
<td>Comprehensive Care</td>
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<td>Continuity of Care</td>
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<td>Coordination and Integration of Care</td>
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<th></th>
<th>Week 1</th>
<th>Week 2</th>
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<th>Week 4</th>
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<th>Week 6</th>
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<td>Continuity of Care</td>
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<td>Context of Care</td>
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Required Clinical Experiences: Acute*

- Low Back Pain
- Fever
- Asthma

*If you are unable to see any of the required clinical encounters, you may complete a reading. Links will be on our website.

On the tracker, there is a list of other common presentations that are NOT required but may guide your reading and choice of clinical encounters.
Required Clinical Experiences: Chronic

- Depression
- Type 2 Diabetes
- COPD
- Childhood ADHD
- Substance Abuse and Dependence
- Chronic Pain Management
- Prenatal Management
Required Clinical Experiences: Preventive Care

- Health Maintenance Adult
  - Male 50-75
  - Female 50-75
  - Female 14-45

- Childhood Immunizations
Effective Patient Centered Care (EPCC)

**WEEKS 1&2**

**Learn** EPCC concepts through:

- Articles
- Online Training
- Videos
- Direct Observations

**Assignment**

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<tr>
<td>Week 1</td>
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<td>Week 2</td>
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<td>Week 3</td>
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<th>Progress</th>
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<tr>
<td>Read (2) articles:</td>
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<tr>
<td>- Relationship, Communication and Efficiency: Creating a clinical model from a literature review</td>
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<tr>
<td>- Engaging Patients in Collaborative Care Plans</td>
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<tr>
<td>Complete Improving Communication Assessment Training</td>
</tr>
<tr>
<td>Observe your preceptor interviewing a patient using the Patient Centered Observation Form</td>
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<tr>
<td>View the video Patient Centered Care and Using the EHR using the Patient Centered Observation Form and compare the OK and Better sections of the video encounter</td>
</tr>
<tr>
<td>Read EHR in the Exam Room: Tips on Patient-Centered Care</td>
</tr>
<tr>
<td>Ask faculty to rate your Patient Centered Interviewing Skills using the Patient Centered Observation Form and ask faculty for feedback</td>
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<tr>
<td>Review your progress with the patient-centered interviewing skills with your preceptor during the mid-clerkship review. Identify those skills that</td>
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Effective Patient Centered Care (EPCC) Mini-CEX for FMC:

**WEEKS 2-6**

- **Apply** EPCC concepts into practice using the Patient Centered Observation Form
- **Use form** 4-6 times
- **Link to form:** [www.pcof.us](http://www.pcof.us)

Note: It is ok to break this up into sections but please do full PCOF in one visit at least once during rotation.
Clinical Encounters on E*Value

- You MAY log clinical encounters every time you see them but you only need to log them once.
- Link: https://sites.uw.edu/medevalu/clinical-encounters/
Optional Curriculum

- Suffering in Medicine
- UW Medicine WISH Online Learning modules (Suturing Curriculum)
- Articulating and Reflecting on Tacit Expertise
EHR Orientation Checklist

See: Family Medicine Clerkship website > Info for Students

EVALUATION DOCUMENTS
- MiniCEX – Effective Patient-Centered Care (EPCC), PCOF Form – Physician
- Professionalism in the Family Medicine Clerkship
- Feedback and Evaluation Form (Grade Anchors)
- Grade Appeal Form

OTHER DOCUMENTS
- Recipe for Family Medicine Clerkship Success
- EHR Orientation Checklist
- Guide to Identifying Student Mistreatment
- Body Fluid Exposure Procedure
- Higher Order Thinking Skills
- UW School of Medicine Handbook – MD Program Handbook
SOAP-Q

You have been introduced to the SOAP-Q format in EHM
- Subjective
- Objective
- Assessment
- Plan
- Quality

Clerkship site directors have been introduced to this framework
- Check in with your site director to see if they would like you to use it if you encounter a quality or safety issue during patient care
Professionalism

- Review:
  - Professional expectations of the clerkship
  - Professionalism section of Feedback & Evaluation form

- Discuss professional performance at Mid & End of Clerkship Review - REQUIRED

- Professionalism Award Nominations:
  - Student Award
  - Staff and Faculty Award

2016-17 Student Award for Professionalism: Recipient Nick Swenson with Dr. Sonja Olson, Country Doctor
Professional Learning Environment

Teacher-Learner Relationships: Both have rights and responsibilities

1. Responsibilities of Teachers:
   - Treat learners fairly, respectfully, and without bias related to their age, race, gender, sexual orientation, disability, religion, or national origin.
   - Give learners timely, constructive, and accurate feedback.
Professional Learning Environment

2. Responsibilities of Learners:
   - Be courteous and respectful of others.
   - Put patients' welfare ahead of educational needs.
   - Know limitations and ask for help when needed.
   - Maintain patient confidentiality.
   - View feedback as an opportunity to improve knowledge and performance skills.

2016-17 Student Professionalism Award being presented to Angela Primbas by Dr. Jeanne Cawse-Lucas
Learning Environment Concerns

**Reporting Mistreatment or a Serious Concern:**

- To report mistreatment or a serious concern that doesn’t require immediate response, use the Learning Environment Feedback Tool.

- You are able to provide a description of your concern and indicate your follow-up preference and how you would like your feedback shared.

- You will have the option of reporting completely anonymously or indicating how you want your identity and the identity of anyone else involved in the situation to be shared.

http://blogs.uw.edu/esom/learning-environment/
Professionalism Concerning Learning Environment Concerns

- We aim to protect student confidentiality.

- Unless there is imminent danger we do not notify the site until anonymity can reasonably be assured.

- We would like permission to contact you, but we respect your choice.

Photo: Deb Coolidge
Tickchik Alaska State Park
Tools for FM Clerkship Success

Examples of Helpful Tips:

- **It's essential to know your patients well, which includes reading up on their illnesses and upcoming surgeries.** You can also do the corresponding articles/cases that pertain to a patient’s diagnosis (see the assignment tracker for details).
- **Participate (even if you are shy or uncertain) and don't be afraid to get answers wrong!** A majority of students commented that being wrong is not nearly as important as students fear it is. Go back and find out the answer to a question you got wrong and report back to your team. One medical student said, "Answering questions wrong is NOT a red flag, but not trying is."
- **Oral presentations are very important so put in the time to do them well.** They should be well-organized and CONCISE, touching on only the most important details. Keep in mind the goal of the presentation-to convey information to your attendings and the team.
Duty Hours

Please check your [UWSOM MD Program Handbook](#) for work hours policy.
Final Exam: The last Thursday of the clerkship at nearest testing location

Family Medicine Modular Exam

- Questions: 90
- Time: 2 hours 15 minutes
- If your site is more than 2 hours from the nearest testing center, the Wednesday before the exam is a half day of clinic to accommodate travel.

Anacortes, WA
# FINAL EXAM CONTENT

## System
- General Principles, Including Normal Age-Related Findings and Care of the Well Patient 5%–10%
- Immune System 1%–5%
- Blood & Lymphoreticular System 1%–5%
- Behavioral Health 5%–10%
- Nervous System & Special Senses 1%–5%
- Skin & Subcutaneous Tissue 3%–7%
- Musculoskeletal System (% increases with the addition of the Musculoskeletal module) 5%–10%
- Cardiovascular System 5%–10%
- Respiratory System 5%–10%
- Gastrointestinal System 5%–10%
- Renal & Urinary System 1%–5%
- Pregnancy, Childbirth, & the Puerperium 1%–5%
- Female Reproductive System & Breast 1%–5%
- Male Reproductive System 1%–5%
- Endocrine System 5%–10%
- Multisystem Processes & Disorders 1%–5%
- Biostatistics, Epidemiology/Population Health, & Interpretation of the Medical Lit. 1%–5%
- Social Sciences 5%–10%
  - Communication and interpersonal skills
  - Medical ethics and jurisprudence
  - Systems-based practice and patient safety

## Physician Task
- Health Maintenance, Prevention & Surveillance 20%–25%
- Diagnosis, including Foundational Science Concepts 40%–50%
- Pharmacotherapy, Intervention & Management 25%–30%

## Site of Care
- Ambulatory 100%

## Patient Age
- Birth to 17: 15%–20%
- 18 to 65: 55%–65%
- 66 and older: 15%–20%
Readings

- **Step-Up to Family Medicine**: Outline format, easy to get through in 4 weeks, written specifically to do well on the FM Clerkship and shelf exam.

- **Review articles on AAFP.org** (the readings for the required clinical encounters almost all are in this category)

- **Case Files for FM**: Good if you are a case-based learner and can get through in a 6-week clerkship

- **Essentials of FM**: Very good book, but very long, maybe difficult to get through in 6 weeks.
Questions:

- **AAFP board review questions**
  - Become a student member for free and you will have **free** access to these questions. Past students have found these very helpful.
  - It takes a few days to activate your account, so sign up early in the rotation.
  - Well over 1000 questions. On average the question stems may be a little shorter than the ones on the shelf.

- **NBME Practice Tests**
  - Available for purchase on the NBME website

- **Pretest FM**
  - If you like Pretest for other clerkships you will probably like it for this clerkship as well. It does cost money.
Required Activities

Week One
✓ Site Orientation
✓ Clerkship Orientation Webinar

Week Three
✓ Mid-Clerkship Review

Photo: Quinn Rivera MS1 | Cody, WY
Required Activities

Week Six
✓ Final Exam
✓ End of Clerkship Review
✓ Friday is a travel day

End of Week Six
✓ Site and Faculty Evaluations

4-6 Times DURING the Rotation
✓ Use of the PCOF form as the mini-CEX
Evaluation Process

Site Director collects feedback from preceptors about student’s performance.

Site Director incorporates feedback into preliminary grade form considering depth, length of time, and when each faculty worked with the student.

Final grades are assigned by Clerkship Directors at the Seattle office based on the site’s scores and final exam performance.
Grade Anchors

Student Evaluations are based on 11 scoring categories and the final exam:

1. Knowledge of Subject Area
2. Data-Gathering Skills
3. Clinical Skills
4. Patient-Centered Care Skills
5. Management Skills
6. Integration Skills
7. Communication Skills
8. Relationships with Patients
9. Professional Relationships
10. Dependability and Responsibility
11. Educational Attitudes
Feedback & Evaluation Form

Link to Grade Anchors

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### FAMILY MEDICINE CLERKSHIP FEEDBACK AND EVALUATION FORM

The Family Medicine Clerkship is a mastery-based required clerkship. Evaluation is primarily based on the student’s performance in the last 2-3 weeks of the clerkship with possible exceptions involving unacceptable professional behavior. Review the anchors in each category and select the category that most closely mirrors the student’s performance in that area. The anchors are not a checklist where all items are required to achieve a particular grade.

### CLINICAL KNOWLEDGE AND SKILLS SECTION

<table>
<thead>
<tr>
<th>Knowledge in Subject Area: Includes level of knowledge and application to clinical problems.</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Knowledge</td>
<td>Never demonstrates an understanding of basic principles.</td>
<td>Inconsistently demonstrates understanding of basic principles.</td>
<td>Generally demonstrates understanding of basic principles.</td>
<td>Often demonstrates understanding of basic and some complex principles.</td>
<td>Consistently demonstrates understanding of basic and most complex principles.</td>
</tr>
<tr>
<td>Data Gathering Skills: Includes basic history and physical examination.</td>
<td>Never obtains basic history and physical.</td>
<td>Inconsistently obtains basic history and physical.</td>
<td>Generally obtains basic history and physical.</td>
<td>Often obtains basic history and physical.</td>
<td>Consistently obtains basic history and physical.</td>
</tr>
<tr>
<td>Clinical Skills: Includes oral case presentations, written or dictated notes, histories, physical exams and procedural skills.</td>
<td>Never communicates medical histories and physical exams in an organized or complete manner.</td>
<td>Inconsistently communicates medical histories and physical exams in an organized or complete manner.</td>
<td>Generally communicates medical histories and physical exams in an organized or complete manner.</td>
<td>Often communicates medical histories and physical exams in an organized or complete manner.</td>
<td>Consistently communicates medical histories and physical exams in an organized or complete manner.</td>
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**COMMENTS:**

1. CLINICAL KNOWLEDGE AND SKILLS (Constructive criticism will not appear in the dean’s letter unless there is a pattern of similar behavior across other clerkships)
Grading Criteria

University of Washington Family Medicine Clerkship (FMC)

Each category will have a score from 1 to 5 and a GPA will be averaged based on aggregate of the scores. NOTE: A score of 1 in any category, will result in a Final Grade of Fail.

<table>
<thead>
<tr>
<th>EXAM GRADE</th>
<th>SCORE</th>
<th>FINAL GRADE ADJUSTMENT</th>
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<tbody>
<tr>
<td>HONORS</td>
<td>84% +</td>
<td>+0.1</td>
</tr>
<tr>
<td>HIGH PASS</td>
<td>68-83%</td>
<td>No adjustment</td>
</tr>
<tr>
<td>PASS</td>
<td>50-67%</td>
<td>Max final GPA 4.6. Not eligible for honors. Grade decrease: -0.2</td>
</tr>
<tr>
<td>FAIL</td>
<td>Less than 50%</td>
<td>Retake 6 week Clerkship</td>
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QUESTIONS?

YOU CAN ALWAYS CONTACT US AT:

fmclerk@uw.edu
206-616-7890