

# PROBLEM SOLVING TREATMENT FOR PATIENTS WITH DEPRESSION



**Red Lion**  
**607 E. Yakima Ave**  
**Yakima WA 98901**

**October 24 9:00 AM-5:00 PM**

**WHAT:** Problem Solving Treatment (PST) teaches and empowers patients to solve the here-and-now problems contributing to their depression and helps increase self-efficacy.

**WHO:** Psychologists, Mental Health Counselors, Social Workers, Marriage and Family Therapists, Nurses and Physicians.

For more information on Problem Solving Treatment from the University of Washington AIMS Center to see if this training is for you, [please go here](#).

## **TO REGISTER:**

[CLICK HERE](#) or go to <https://bit.ly/2UpcTYK>

After registering you will receive a personal email reconfirming your space reservation and more details.

**PRESENTED BY THE  
UNIVERSITY OF  
WASHINGTON  
ADVANCING  
INTEGRATED  
MENTAL HEALTH  
SOLUTIONS CENTER**

**DR. PATRICK RAUE, PHD**  
Associate Director for  
Evidence-Based  
Psychosocial Interventions  
UW AIMS Center

## **Featuring**

**Lori Higa, BSN, RN-BC**  
Clinical Educators  
UW AIMS Center

**Lunch is Provided.**

**Space is limited to 60  
Participants.**

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