**Table of Contents**

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>WE ARE GRATEFUL FOR YOU ALL!</td>
<td>1</td>
</tr>
<tr>
<td>UP MODULES ARE PUBLIC!</td>
<td>1</td>
</tr>
<tr>
<td>CURRICULUM AND UPDATES</td>
<td>2</td>
</tr>
<tr>
<td>AUTUMN: CHECKING IN WITH YOUR UP MENTEE</td>
<td>2</td>
</tr>
<tr>
<td>MENTORING TERM ONE MEDICAL STUDENTS</td>
<td>2</td>
</tr>
<tr>
<td>MENTORING TERM THREE MEDICAL STUDENTS</td>
<td>3</td>
</tr>
<tr>
<td>MENTORING THIRD YEAR STUDENTS (MS3)</td>
<td>4</td>
</tr>
<tr>
<td>MENTORING FOURTH YEAR STUDENTS (MS4)</td>
<td>4</td>
</tr>
<tr>
<td>REMINDER OF ALL UP STUDENT REQUIREMENTS TO EARN A CERTIFICATE</td>
<td>5</td>
</tr>
<tr>
<td>THE UNDERSERVED PATHWAY TEAM (CONTACT LIST)</td>
<td>6</td>
</tr>
</tbody>
</table>

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**We are grateful for you all!**

The purpose of this memo is to help guide your quarterly discussions with your mentees. Another great place to find ideas for conversations with our students is to follow us on Twitter @UWSOM_UP!

Thank you! Each of you contributes so much for our students. Thank you!

Now is a great time to: **schedule a time to see or talk to your mentee in the fall.**

If you would like to be matched to an additional UP student or know of any new providers who you think would be a great mentor, please let us know! For new mentors, please email upath@uw.edu!

**UP modules are public!**

Please note that the UP modules are public! You can visit them and see what students are asked to do, although you will not be able to see their responses nor submit responses. We think they are valuable for all and might provide topics for conversations with your students. The link to the modules is: [https://canvas.uw.edu/courses/1176574](https://canvas.uw.edu/courses/1176574)
Curriculum and Updates

The students entering medical school this month (E19) are the fifth cohort of students to be trained with this three phase curriculum structure: 1. Foundations Phase, 2. Patient Care Phase, and 3. Career Exploration and Focus. Overall, most students are now in this curriculum (there may be a few MD/PhD or expanded students who started with the older curriculum).

To learn more about the current curriculum visit these websites:

- [http://engage.washington.edu/site/MessageViewer?em_id=184042.0](http://engage.washington.edu/site/MessageViewer?em_id=184042.0)

Those of you who are TRUST preceptors will have had your first meeting with your E19 TRUST Scholars this summer with the First Summer Experience (FSE). Starting with the E19 class, TRUST scholars are encouraged but not required to complete the Underserved Pathway. If a TRUST scholar participates in the UP, you are also the mentor for this student in the UP.

The deadline for the Underserved Pathway is now extended to July 1 of second summer (so for E19, July 1 of 2021). Some students realize after doing some rotations during the clinical phase that Underserved care is a path they want to continue so you may find that students who are further along in their training are asking for you to be their UP mentor.

**Spokane-area mentors, mark your calendars!**

There will be a live module presented from Spokane, WA on November 14, 2019 at the Hemmingson Center of Gonzaga University in the 3rd floor ballroom. The focus is the opioid epidemic and we plan to have a panel of primary care physicians present their roles in helping with the opioid crisis. The panel will run from 5:30-6:30pm PST and then there will be a dinner afterwards. Please feel free to attend and please RSVP here: [https://catalyst.uw.edu/webq/survey/upath/378134](https://catalyst.uw.edu/webq/survey/upath/378134)

**AUTUMN: Checking in with Your UP Mentee**

**Mentoring Term One Medical Students**

These are students who are now beginning the Foundations Phase at the UWSOM. Your first year students started two exciting weeks of “Immersion” in August 2019. During this time, various topics were introduced including health equity, communication skills, history and physical exam skills, and more. From there and until the December holiday, they complete a block call The Molecular and Cellular Basis of Disease and one called Invaders and Defenders. This new curriculum is more experiential and courses are not demarcated by specialty (see curriculum above for links).

Things to talk about with your UP student:

- Set-up mentoring goals and expectations: it may be useful for both you and your mentee to read the UP Mentoring Guide (This mentoring guide provides a check-list for initial meetings and suggested mentor and mentee roles):
What are students looking forward to as they enter medical school? What expectations do they have? Personal goals? Interests? What are they nervous about?
- How do you both envision your relationship growing or developing over time?
- How can you as a mentor help them nurture their interests over time?
- What types of patient populations does your mentee hope to serve? What are the demographics of the community you serve?
- Is there an opportunity to work together at some point in time over the next year? What needs to be done to plan this?
- If possible, schedule the next quarterly meeting to see or talk to your mentee.

Please remind your student(s) to look into doing non-clinical selectives (most students do these during the first 18 months/foundations phase of medical school) as well as summer opportunities, most of which involve an option to complete their Independent Investigative Inquiry (III). The UP requires a III project that addresses an issue affecting underserved populations. The Rural Underserved Opportunities Program (R/UOP) and the Global Health Immersion Program (GHIP) each offer a chance to live in a rural, underserved, or international community for a month or more during the summer, and a III completed in one of these programs automatically qualifies for UP credit. Applications for both GHIP and RUOP applications are usually due in January.
- III - https://blogs.uw.edu/somcurr2/
- RUOP https://depts.washington.edu/fammed/education/programs/ruop/
- GHIP https://www.uwmedicine.org/education/md-program/current-students/curriculumprograms/ghip

Mentoring Term Three Medical Students
These are “second year” students who are in the middle of the Foundations Phase at the UWSOM (these students will complete the course work of Foundations Phase in December 2019). This fall their blocks are Mind, Brain, and Behavior and Life Cycles.

Please discuss your student’s progress in the Underserved Pathway.
- Which online Underserved Pathway modules have they completed? (and perhaps what you learned if you looked at and read any of the modules because they are open to the public https://canvas.uw.edu/courses/1176574)
- Have they taken any non-clinical selective courses with an underserved emphasis? (This fall is a good time to satisfy that requirement; many students complete prior to rotations).
- Have they explored options for and participated in community service?
- Have they completed an Individual Investigative Inquiry (III) with an underserved population or is it underway?

Other topics to discuss with your UP student:
- Updates on coursework/programs your student did and how did it go?
- What program did they do (GHIP, RUOP, Research)? What did they learn?
• How are they doing in their studies? Do they have a plan for National Board preparation?
• Demands on their time and intellect
• How is their experience in their Primary Care Practicum going?
• What is their experience with UW College small group sessions?
• What Opportunities do they have to practice skills (note writing, oral case presentations)?
• As they prepare for their clinical years, do they have any concerns regarding clerkships?
• If possible, schedule the next quarterly meeting to see or talk to your mentee

Students will be meeting this Fall to plan their Patient Care Phase clinical schedules. As Underserved Pathway students, they are required to complete 12 clinical credits (6 weeks) in an underserved setting. Some students are also able to take part in the WWAMI State TRACK Program and WWAMI Rural Integrated Training Experience (WRITE). All WRITE participants automatically have enough credits to satisfy UP requirements.
- Current Clinical Curriculum: https://www.uwmedicine.org/education/md-program/current-students/curriculum/phase-2-patient-care

If you and/or your mentee have questions about the status of requirement completion, please have them call or write to UP staff and faculty.

**Mentoring Third Year Students (MS3)**
Most students in their third year will have started their clinical rotations as early as May 2019, after completing their Board exam. (See links above for the clinical curriculum). In addition to checking in on their progress on UP requirements, things to talk about with your UP student:
- What rotations have they done so far? How is it going?
- Any concerns about the transition to clinical years?
- Demands on their time and intellect
- What opportunities do they have to practice skills?
  - Writing-up histories & physical exams
  - Giving an oral case presentation
  - Learning some procedures

For those of you paired with third year students, this is a great time to check in with your student and find out about their initial clinical experiences. A number of personal hopes and fears about their clinical competence and their ability to work with patients may be surfacing. Your guidance can be very helpful as they think about their role in caring for patients and their future career paths.

This is also a good time to start talking with them about elective clerkships once they complete the required clerkships. Clerkships with an emphasis on underserved communities are available and students need to complete 12 credits of clinical coursework (6 weeks, required or elective) at an underserved location to meet Underserved Pathway requirements.

**Mentoring Fourth Year Students (MS4)**
Current MS4 students are in the process of applying to residencies, completing more required clerkships and arranging Sub-Internships and electives—MS4 Curriculum
https://sites.uw.edu/medevalu/exploreandfocus/
Autumn 2019 Underserved Pathway Mentor Memo

UP Website: [https://depts.washington.edu/fammed/education/programs/upath/](https://depts.washington.edu/fammed/education/programs/upath/)

If they have the UP mentioned in their MSPE (dean's letter), they will have completed most UP requirements. Whether or not they have it in their MSPE they can complete the UP for a certificate if they complete all requirements by late April.

Things to talk about with your UP student:
- Preparation for residency interviews: Coach them to mention the UP. We know from former students that programs are interested in students’ participation in this program.
- Specialty choice
- Plans for the remainder of medical school
- Moving on and staying in touch!

At this point, fourth years are submitting their residency applications. They will have a list of residency programs where they are applying. Mentoring your student through this exciting time can be a rewarding experience for both of you. Offer to help your students with their preparation for the interview process – perform a mock interview or work with your student to come up with a list of questions for potential residencies. Help them look at their list with an eye to which programs support training for care of the underserved. Your student should have taken or will soon be taking both the clinical skills and the written step 2 board examinations. Talking with your student about preparing for these exams and about their experiences with these exams is a great way to connect further with your student.

Reminder of All UP Student Requirements to Earn a Certificate
- Curriculum: Modules — *Who Are the Underserved?* is **required** for everyone
  - Minimum of 10 online curriculum modules or associated activities for (E15 and after)
  - Minimum of 8 online curriculum modules or associated activities for (E14 and before)
- Longitudinal mentorship with Underserved Pathway or TRUST mentor:
  - 1 meeting per quarter or a minimum of 4 meetings per year
  - Meetings can occur via in-person, phone, web-based video conferencing, or email
- Scholarly project:
  - III focused on an issue affecting underserved population(s).
  - III completed on RUOP or GHIP automatically qualify.
- Pre-clinical community experience:
  - RUOP, GHIP, PCP, and/or preclinical preceptorship in underserved setting
- Non-clinical coursework: selectives:
  - 2 credits focusing on underserved populations or issues
- Clinical courses – Clerkships, Patient Care Phase, Career Explorations Phase:
  - 12 credits (or SIX weeks) of clinical courses in underserved setting or serving vulnerable population(s)
- Service learning, advocacy, community service or engagement:
  - 24 hours completed in an underserved setting
The Underserved Pathway Team (Contact list)

Feel free to contact us for support, with questions or to share the important work you are doing. Stop by E-304 if you are in Seattle!

Kim Kardonsky, MD  
Underserved Pathway Director  
Kardok2@uw.edu

Sharon Dobie, MD  
Underserved Pathway Faculty Advisor  
dob@uw.edu

Lynn Oliver, MD  
Underserved Pathway Faculty Advisor  
oliverl@uw.edu

Genya Shimkin, MPH  
Underserved Pathway Program Manager  
upath@uw.edu

Medical Student Education (MSE) Section

Department of Family Medicine  
University of Washington  

Physical Address:  
1959 NE Pacific St, E-304  
Seattle, WA 98195-6390

Phone: 206.616.7889  
Fax: 206.543.3821  

Mailing Address:  
UW Box 356391  
Seattle, WA 98195-6391