Happy New Year!

If you are a new mentor to the Underserved Pathway, welcome and thank you! If you have any questions, please don’t hesitate to contact us!

As a reminder, the purpose of this memo is to help guide your quarterly discussions. For another great place to find ideas for conversations with our students, follow us on Twitter @UWSOM_UP!

Thanks again for taking time to be a mentor for our Underserved Pathway students.

WINTER CHECK-IN WITH YOUR MENTEE:

Mentoring First Year Medical Students (MS1, now known as “Foundations Phase”)

Your foundations phase student has now completed immersion, and two foundation blocks. The first block, Molecular & Cellular Basis of Disease, was 7 weeks. The second 6-week block was titled Invaders & Defenders. Students also had a week long session, the first of four weeks in Foundations, called the Ecology of Health and Medicine, where topics of identity, professionalism, social determinants of health, health care quality, ethics, diversity, global health and more were and will be discussed. Students have now resumed classes and started a 10-week block on Circulatory Systems.

https://uwphotos.smugmug.com/Winter-Days/Katherine-B-Turner
For a schematic on the courses offered to our foundations phase students, please visit this website:


All foundations phase students are doing a longitudinal preceptorship during much of Foundations Phase which starts in January 2019. This preceptorship is called the Primary Care Practicum (PCP), so please discuss their clinical experiences and how that ties into what they are learning in class or with the Underserved Pathway!

Ask your student what they plan to do this summer. **Rural Underserved Opportunities Program (RUOP)** and the **Global Health Immersion Program (GHIP)** each offer a chance to live in a rural, underserved, or international community for a month or more during the summer. The UP requires an **Independent Investigative Inquiry (III)** project that addresses an issue affecting underserved populations. A III project completed during RUOP or GHIP automatically qualifies for UP credit. Some students will do research and you can discuss the topic they will explore.

Students should seek community service or service learning opportunities to meet that requirement. They should also be considering what non-clinical selectives to take with the Underserved Pathway and should start completing some of the UP online modules. Our online modules are now open to the public, so if you want to do a module together with your mentee, suggest it! Here is the link to the UP modules: [https://canvas.uw.edu/courses/1176574](https://canvas.uw.edu/courses/1176574)

Things to talk about with your UP student:

- How did immersion and their first two blocks go? How about Ecology of Health and Medicine? What did they learn?
- What are they doing now in the curriculum?
- Classmates
- Demands on their time and intellect
- What is your student doing this summer? *(See below for more links and information!)*
  - Global Health Immersion Program (GHIP) or Rural Underserved Opportunities Program (RUOP)
- Students must also complete their 2 credits of non-clinical selectives with an underserved focus; the time to take these electives is during Foundations.

**Mentoring Second Year Students (MS2, now called “Foundations Phase, Consolidation and Transition” and “Patient Care” Phase)**

The second-year students who entered fall of 2017 are finished with their pre-clinical curriculum. They are studying to take part 1 of the Boards and then will start clerkships usually in March!

They will enjoy continued discussion about how they are planning their clerkships, studying for boards and moving forward with career plans. They will no doubt benefit from discussing their interests and schedules with you.
It is also important to continue to discuss your student’s progress in the Underserved Pathway. They should consider completing at least four-five of their ten required modules before their clerkships. If you are interested in looking at a module and then discussing with your students, the online modules are now open to the public and found at https://canvas.uw.edu/courses/1176574

• Students must also complete their 2 credits of non-clinical selectives with an underserved focus; this is completed during Foundations or possibly during Consolidation and Transition. Talk with your student. If they did not complete this requirement, they should talk with the UP team and will be directed to do extra modules.

• Have they participated in any community service or service learning? Encourage them to get involved if they haven’t already!

• Did they have a preclinical experience in an underserved site? RUOP and GHIP count for this. If your student did not complete RUOP or GHIP, please have them contact the UP team to see if their PCP site would qualify or what alternative plan can satisfy this requirement.

• Did they complete their Individual Investigative Inquiry (III) with an underserved topic? If not, what are their plans for meeting these requirements? Feel free to direct them back to us if these requirements were not met or they have questions.

Things to talk about with your second year UP student:
- Demands on their time and intellect
- Clerkship schedules
- How is studying going? What are they doing for study breaks?

Mentoring Third Year Students (MS3, now called “Patient Care” and “Explore and Focus” Phases)

At this time, most third year students have completed three or four clerkship experiences. As they see and learn more about clinical medicine, questions may arise around the health disparities that they see on their rotations and the types of care practiced in different settings. They may be wondering about various ways to care for the underserved in their future careers. This can provide fruitful material for conversation.

Students are also now planning their fourth year rotation schedules. Indeed the Explore and Focus Phase begins for many in the spring 2019 and runs for 15 months. Your guidance in selecting elective clerkships, and discussions around care of the underserved and careers with the underserved can be most helpful as your student navigates this stage of their professional development. If your student has not completed 12 credits (6 weeks) of clerkship with an underserved focus, they will need to choose elective clerkship experiences that meet this pathway requirement.

Things to talk about with your UP student:
- How have clerkships been going?
- Concerns about how the transition to clinical years
- Demands on their time and intellect
- Opportunities to practice skills:
  - Writing-up histories & physical exams
  - Giving an oral case presentation

**Mentoring Fourth Year Students (MS4, now called “Explore and Focus” Phase)**

The Pathways Graduation Date and Time is planned for Thursday, May 23 from 3-5 pm at the Vista Café. Please mark your calendars because you are all invited!

The deadline for your fourth-year students to submit their rank list is coming soon:

-- **Wednesday, February 20<sup>th</sup> 9:00 pm E.S.T.**

As students weigh their residency program options, advice on the types of training and experiences working with underserved populations that would best suit their career goals can be helpful in their prioritization process. Match week begins **Monday, March 11<sup>th</sup>** and Match day is **Friday, March 15<sup>th</sup>**. An email or phone call to your student to check in and see where they were matched is a great way to keep in touch with your student.

**Things to talk about with your UP student:**
- Finishing interviews
- Wrapping up medical school
- Deciding their rank list order
- Moving on and staying in touch!
- Completing UP requirements

**Reminder of All UP Student Requirements to Earn a Certificate:**

- **Curriculum: Modules** — *Who are the Underserved?* is **required** for everyone
  - Minimum of **10** online curriculum modules or associated activities for (E15 and after)
  - Minimum of **8** online curriculum modules or associated activities for (E14 and before)
- **Longitudinal mentorship with Underserved Pathway or TRUST mentor:**
  - 1 meeting per quarter or a minimum of 4 meetings per year
  - Meetings can occur via in-person, phone, web-based video conferencing, or email
- **Scholarly project:**
  - III focused on an issue affecting underserved population(s).
  - III completed on RUOP or GHIP automatically qualify.
- **Pre-clinical community experience:**
  - RUOP, GHIP, PCP, and/or preclinical preceptorship in underserved setting
- **Non-clinical coursework: selectives and/or intersessions:**
  - 2 credits focusing on underserved populations or issues (with approval students can also complete extra modules in place of credits)
- **Clinical courses – Clerkships, Patient Care Phase, Career Explorations Phase:**
  - 12 credits (or SIX weeks) of clinical courses in underserved setting or serving vulnerable population(s)
- **Service learning, advocacy, community service or engagement:**
  - 24 hours completed in an underserved setting
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