

Graduate & Professional Student Senate

GPSS Senate Meeting- 15 October 2014

Meeting called to order at 5:37 by meeting chair Alice Popejoy

Reading of Agenda

Motion: to approve the agenda for Oct 15, 2014 - Alice Popejoy

Vote: Move to approve the agenda - Monica Cortes Viharo, Drama. Seconded- Eddie Schwieterman, Astronomy.

Agenda for the meeting on 15 October 2014 approved without objection.

Approve of Minutes

Motion: to approve the minutes (sent out by secretary) for Oct 1, 2014 - Alice Popejoy

Vote: Move to approve the agenda -Brandon Ray, Atmospheric Sciences. Seconded- Bree Herndon, Family and Child Nursing.

Minutes for the meeting on 1 October 2014 approved without modification.

New Senator Orientation

New senators and returning senators are recommended and welcome to come 30 minutes earlier (5:00PM) for the next senate meeting to get a briefing on where GPSS is situated within the University and get a bit of primer on GPSS.

- *Introduction of Officers:* Alice Popejoy- President, Alex Bolton - Vice President, Natalie Gordon- Secretary, Douglass Taber - Treasurer.
- *Introduction of executive senators:* set agenda for the senate meeting and provide consultant and insight to the president for various matters to make sure the goals and visions are in line.
- *Introduction of executive senator nominees:* Henry Olson, Biochemistry, first year as GPSS Senator. Elloise Kim, English, second year as GPSS Senator. Elloise attended the last Executive Committee meeting.
- *Election process and bylaws:* bylaws are currently undergoing editing and revision to make the election process more democratic and more collective process.
- Point of order by Brian, Political Science “you said you have outlined the election procedure, but you are not going to follow that?”
- Answered by Eddie Schwieterman, Astronomy: “we are effectively nominating everyone who nominated themselves, so in a traditional election, the bylaw says that the senators choose nominees, but everyone has the opportunity to run from the floor so that’s what we are doing now is running from the floor, or you can look at it like we are nominating everyone from the floor, so there’s no bylaws violation.”

Executive Senator Nominees Speeches and Q&A

Henry Olson: My name is Henry Olson and I come from the department of Biochemistry, 3 years ago my wife and I moved to Seattle where I entered the PhD program, last year I was elected to the senate, and I believe that the senate has great power and that comes from your voices. So as executive senator I will facilitate that voice, and allow you to help you and your constituency. I believe that my scientific and analytical background will be a good use to executive committee, and my experience as part of the biochem recruitment committee, the committee in charge of providing logistical support and executive networking events for incoming biochem students, will be in good use, and will allow me to transition from serving a single department to serving the whole GPSS. And finally I look into the continuity of GPSS, so I will be able to use that experience as an executive senator and pass that information along. So I look forward to serving you as a senator or executive senator.

Elloise: Hi I am Elloise, the senator from the English Department. I am very excited to run for this position. I am very excited to work for and work with this year's officers and other executive committee members. I would like to become your voice and set the agenda for the meetings, so we can come to the meeting with certain conclusions and resolutions at the end of every meeting. I am very excited to work for you and work with you. Also I believe this committee will have more diversity by having one person from the school of arts because right now the committee members are all science majors, so I am excited to see someone from a different background on the committee.

What committees were you on last year?- Leah Johnson (Oceanography)

Henry: so last year I was not in the senate, we sent one person from Biochem last year. But I led the recruitment committee. That committee gets a list of students, and we communicate with them before they arrive, we organize activities for over three days and have a \$10,000 budget which \$2,000 is given to the student committee and we organize events and contact vendors, and last year we actually came under budget due to negotiations with vendors and getting good discounts.

Elloise: this is my second year. Last year I participated in the diversity committee and the senate improvement working group, a small groups examined the procedures within the GPSS last quarter.

How do you see yourself as communicator, and how would that fit in the executive senate, could you share with me how you anticipate your personality's impact on the senate? -Joseph Telegen (English)

Henry: well as scientist we are taught to question everything, and move forward. If you are questioning then you are always improving. And so no one is perfect, so moving forward, we can just bring ideas, some will work, and some won't, but as long as you can bring ideas to the table, you can always add value.

Elloise: I think I am a good listener, I want to work as executive senator not because I know more than you guys but I think I can be a good communicator by listening to you patiently. So whenever you tell an issue or appeal to the senate, I will be there and be a good listener to solve your problem.

How do you think your field will affect your role?

Henry: my field is currently working with gene correction, with hereditary diseases and the more I look at it the more I see connections with other field. Music is a particular field that I see connections with, but we are taught the gene, and the code, but there are complications and things that add on to that, so I see the science not just as a factual studying base, or not just creativity, both are born out of dedication. I would like to take the best from all field and use that going forward.

Elloise: We are all here not just to study, we embody more than that, whether it's women of color, or a person from art, I think I will give more diversity to the senate and community.

Parliamentary Procedure Sheet

Alice put emphasis on the idea that we want to hear everyone's voice, and encourage everyone to speak up regardless people's familiarity with parliamentary procedure language.

GPSS Spotlight

Topic : Public Speaking by Monica Cortes Viharo- School of Drama

People are not always going to believe the words that come out of your mouth. There are other ways to undermine the things you say and your authority, ex. playing with sleeves, repetition of filler words, posture, wandering. There are four good things that I want you to know.

1. You speak every single day, even if it doesn't come out of your mouth. You are constantly practicing this, and there's no way that you can't get better at this.
2. Unlike Physics or English, I might not use those exact skills every day, but everyday in my life I need to be a good communicator. Or at least, you need to communicate.
3. Everyone wants you to be good at it. You don't go to lecture thinking "I hope this is a big waste of my life." No. You are hoping for good speaking. Everyone is rooting for you, there's nothing but good energy coming at you. People want to get inspired and get excited, that's what people want. No one is rooting for you to fail.
4. You are the expert. Even when you are nervous, you know your subject 100 time better than your students. You know your subject in depth. You can always count on the fact that you are the expert when teaching undergrads. The other flip side of this is what I call don't know, don't show. No one knows what's in my head, so if you don't show it, no one knows you go off script.

So what happens when you get nervous? Heart beat raises, stomach gets tight, talk really fast, tone raises, nervous tic, same hand gesture. I have a theory, all of those have to do with one thing- breathe. You might be thinking you know how to breathe, but what you are doing now is

probably pretty shallow, so what I want to do now is show you diaphragmatic breathing. Why? Because people believe in what they see rather than what they hear. So everyone stand up.

1. Center Stage: Be rooted. Feet open, two fists apart, now think of yourself as a tree, you are rooted. When you stand like this, you are more likely to get people's attention, because you are center stage. You are physically saying that what I am telling you is important. Being rooted also help you move with purpose rather than wandering.
2. Posture: put your hands up in the air and stretch, and lift your left heel. So my right hand goes a little bit higher. And now try the other side. The idea is that you just created some space there. When you slouch you can't breathe correctly. Pretend like there's a string that's pulling you up, and then tighten your stomach muscles. The other thing that you can do to activate your diaphragm and tighten your muscle is opening your shoulder and chest.
3. Diaphragmatic breathing: Close your eyes, put your finger on your diaphragm, and push all your air out, now inhale through the nose like there's a balloon and exhale your balloon deflate. The idea is when you inhale your balloon gets big, and exhale the balloon gets smaller. Feel your natural rhythm of breathing. If you are nervous, go to the bathroom and breathe with your belly. It helps slow down your breathing.
4. Acoustic: practice to hit the wall with your voice.
5. Tongue twister: American words are mostly made of consonant, so we want to move our mouth. Red leather yellow leather, baby bubble, unique New York, you need, you know you need unique New York.
6. Speaking Center on campus: you make 20 minute appointments on their website, you need to bring something, your own material. I put the website up here.

Question: is everything for the speaking center on this? - Brian Tracey, Marine and Environmental Affairs. Answer: yes

Question: does the Speaking Center teach you how to be an active listener? -Henry Olson, Biochemistry. Answer: We don't have that yet, but I think what you can do is practice when you are critiquing someone else, and be more aware of it.

Question: do you have any tips for emotionally hard topics? -Justin Bare, Computer Science. Answer: If you can relate to another human, that often helps to bring the room down.

GPSS Committee Kick-Off

Alice: I want to let everybody knows that if you look into bylaws, you will see different set of committees than those we are presenting to you today. The way we have operated for a couple years now is quite different from the actual bylaws. Today we are going to introduce you to 8 committees. We will have each of the officers present their committees, then we will have you guys sign up.

Question: Judiciary can not join any of the committee? Amirah Majid, iSchool. Answer: correct.

Committees - President

- The Graduate Student Experience: GSE is the one exception that doesn't exist yet but it will. We decided that the GSE is going to oversee and help graduate student with guiding, and career mentoring, and get professors to talk about alternative careers. This

will also cover college councils which gives budgetary oversight and policy advice to you deans, and Husky Experience which is sponsored by the division of student life and currently falls under the purview of undergraduate students now.

- Graduate Program Reviews: one of the most important function of GPSS is to assist the Graduate School with program reviews.

Committees- Vice President

- State Legislative Committee; works with the Washington Student Association, and all state public university organizations, we help draft our legislative agenda. And Steve is in our State Legislative Committee.
- Federal Legislative Committee. works with student advocates for graduate students. Chrissy is our chair of Federal Legislative Committee.

Committees- Secretary

- Diversity Committee: raises awareness of student diversity on campus, provides funding to different groups, and work to incorporate GPSS to all campus events, puts on diversity events. Brian Tracey has been on our committee for a while now.
- Brian Tracey: we provide funding for culture groups, the Chinese and Taiwanese Student Association night markets, that's the stuffs that we fund. The diversity blueprint is also something that we review and comment on.

Committees- Treasurer

- Finance and Budget Committee
- Travel Grants
- Community & Events Committee: social events, king of the party committee
- Science and Policy.
- These committees are about distributing grants.
- Evan: Join Finance and Budget if you think money is power, join Travel Grants if you like making dreams come true, we really are that last determining factor of whether someone can go to a conference or not.
- Kelly: Science and Policy Committee is joining forces with other groups on campus to advocate science communication and awareness like more funding for science.

Question: If you are on Travel Grants committee, can you still apply for travel grant? Answer: that's okay, but you just can't vote on it.

Alice: entertain the motion to extend 10 minutes to do this committee meet and greet

Vote: So moved - Evan Firth, Second- Joseph Telegen :

Resolve: time extended without any objection.

Updates on the University Committees

Alice: you go to the GPSS website and click on the get involved tab and it will shows university committee appointments. If you are interested in getting more involved, please visit the website

Election Results

Judicial members reveal the results: Elloise is the new Executive Senator.

UW Medicine Updates

Alice: As some of you may remember there was a resolution to clarify the University of Washington relationship affiliation with Peace Health which is a religious catholic medical provider. And there were a lot of concerns with what is going to happen when UW Medicine created an affiliation with Peacehealth, because we are a public institution and Peacehealth does not provide certain health services, or rights to LGBTQ may be declined. There were also concerns about the services and also the training students may receive. In our resolution, GPSS cast a resolution on behalf the 15,000 graduate and professional students- I had a meeting with Paul Ramsey the Dean of the School of Medicine and the hospital and he made it really clear to me that *this affiliation is very different from the actual merger that went on with Providence and Swedish Hospital*. There was a lot of misinformation. My impression is that the communication was very poor, and that's why it raised so many concerns. They graciously agreed to write us a letter to state that this affiliation is in no way to change the services offered by the UW Medicine. The purpose of this affiliation is to create access of the services that we already provide. He assured me that the patient will always get a full range of services. If your constituent is in any way concerned, they can talk to me or email me.

The other situation you may have heard of is the WWAMI. UW is currently the only medical teaching institution in Washington, Wyoming Alaska, Montana, so we had a long partnership with the Washington State University in this WWAMI program and there was a request last year for more funding to the WWAMI program to build up in Eastern Washington so we can have bigger capacity and have more equipment. WSU was on board with it and very recently we learned that WSU wants to start their own medical training program separate from the WWAMI program using the infrastructure that is from the WWAMI program. So needless to say, the provost was not happy, and we were unable to reconcile our differences. But the WWAMI program as it stands is remaining in tack, and we are still requesting for more funds for programing. However, this summer we heard that WSU is starting their own program using the equipment that we have provided.

Officer Report

Natalie Gordon

- The Grads Guiding Grads mentor applications, if you want to be a mentor, are due on Oct 24. They are having a little bit of a problem with the website, so I will send out a PDF copy that you can print and email.
- Fall Social is coming up, so if you are interested in volunteering, please let us know, more details will be coming shortly.
- If you are interested in diversity, there is still one university proxy seat that we need to fill. So if you are interested, please come talk to me.

Alex Bolton

- Federal Legislative Committee: we want more people, so if you are interested sign up.

- Hiring staff almost complete.
- Washington Student Association board meeting in Eastern Washington went well.

Douglas Taber

- Facebook: we have a Facebook, so if you are on it, like us, we like likes
- Pho Thursday: (noon- 1:30) Join me at Pho Tran and ask me any questions if you would like. So make sure to join me
- Question for Committees: also I will stick around after the meeting to answer any questions

Alice Popjoy

- Bad news: I had a fabulous University Affairs Director who got a RA position at the Evans School and has now left us, so we don't currently have one who is my deputy who is suppose to work really closely with me and to answer your emails diligently about university wide committee, so right now I am doing damage control. So I hope to get our university committees filled by next week. So we need a new University Affair Director, we have a posting on Husky Jobs, so if anyone is interested in working for GPSS, please apply or let your friends know.
- Question: Who is eligible for this position- Joseph Telegen. Answer: you have to be a student enrolled in the University of Washington.
- Question: Is it paid? Douglass Taber. Answer: it pays \$18/hr at 18 hrs/week.
- Good news: GPSS is doing things this year. One thing that I had heard since the beginning of my term is that child care on this campus is a big issue. It's an issue for everyone, there is a two year wait list for our child care center on campus. Washington State is at the top ten most expensive state for child care with people and folks among our same income bracket. We need more access to childcare. HFS is coming up with new plan to build new buildings but preserve trees, and green space, construction site- and I thought this is a great opportunity and probably our last opportunity for major construction on central campus to have a childcare facility on campus. We have infrastructure on how to do it. The College of Education is writing up a plan. So let your friend know. Just let everyone know this is happening.

Ideas

Vanessa- Evans School

- Is there a platform where people can share stories? Is there a centralized place where people can collect people's stories like a Facebook Group, or email

Bree Herndon- Family & Child Nursing

- We could do a survey that would allow us to easily share it with our friends and family.

Henry Olson- Biochemistry

- Video stories

Kelly- Mechanical Engineering

- Have you talked to the graduate student union?

Brian Tracey

- This falls under the diversity committee, so if you know RSOs that you would like me to connect with, just send them my way.

Announcements

- Amirah Majid, iSchool: There are employment opportunities through the iSchool, job postings are on their website
- Alice: G3 is in need of more graduate mentors
- Brian Tracey, Marine & Environmental Affairs: The Diversity Committee also holds forums on gender, sex, and sexuality, race etc. If there's something that you want to talk about send me a message me and I will help promote it.
- Elloise Kim, English: GPSS Committees are open to non senators.
- John Lurie, Astronomy: For UAW we are having the first meeting on Wednesday Oct 29th, 4:30 at Gowen hall room 321, there will be child care and we will talk about wage increases

Meeting adjourned at 7:12 pm.

Alice: entertain motion to adjourn meeting

Christopher Wilson: move to Adjourn

Federico Fabbri: Second