



# Reflecting on Our Successes as We Look Forward



HPRC continues to be a proud member of the CDC Prevention Research Centers (PRCs) Program. Since the PRC program began in 1986, HPRC has partnered with communities for prevention research that promotes healthy aging, impacts practice, and supports underserved  $\,$ community members.

Thank you to our staff, faculty, students, and community partners! Your input and expertise make HPRC a successful center and vital organization.

#### **CELEBRATE THE HIGHLIGHTS**





### **Promoting Cancer** <u>Prevention Through a</u> **Special Journal** <u>Supplement</u>

HPRC researchers helped produce a supplement of "Preventive Medicine," using Active, Rewarding Lives collaboration to elevate their (PEARLS) can be found in findings and identify disparities in public health as School of Public Health's bipart of the CDC's Cancer Prevention and Control Research Network.

#### **LEARN MORE**



### **HPRC Program Featured in School Magazine**

A story on the history, research, and impact of the Program to Encourage the inaugural issue of the UW annual magazine. The new publication comes in print and online.

#### **LEARN MORE**



# **What We Learned** From PT-REFER

The core research from 2014-19, known as PT-REFER, focused on expanding the reach of EnhanceFitness through outreach to physical therapists. During this project, we heard a clear and consistent call from partnering YMCAs for support and tools for outreach.

# **LEARN MORE**

# CORONAVIRUS RESPONSE, RESOURCES, AND NEWS

UW School of Public Health is providing resources and a response to the novel coronavirus. You can also read Dean Hilary Godwin's message on COVID-19 preparedness, and UW President Ana Mari Cauce's statement on working together against health threats.

#### **LEARN MORE**

# **Upcoming Events**



#### **March Seminar**

**Evaluating the Adoption and Implementation of an Evidence-based Patient Navigation Intervention for** Colonoscopy Screening

Thursday, March 12 | 10 - 11 a.m. (PST)

#### Presenters:

- Allison Cole, HPRC Affliate Investigator and faculty with UW School of Medicine
- Peggy Hannon, Director of HPRC

### JOIN ONLINE!

Meeting ID: 730 693 565

Listen to audio by phone if needed: 408-638-0968

After you join the meeting, there is an option to choose between phone or computer audio.



#### **April Seminar**

**EnhanceWellness Trial: Adaptation of community** health programming for older adults to serve younger adults with long-term disability

Thursday, April 9 | 10 - 11 a.m. (PST)

Presenter: Ivan Molton, UW Medicine

Join online using the information from the above seminar.

Visit our calendar to see a full schedule of our public seminars and events.

#### **HPRC STAFF & STUDENT UPDATES**

- Congrats to HPRC Affiliate Investigator Wendy Barrington for being honored by the National Council of Negro Women.
- . Congrats to HPRC Affiliate Investigator Christine Kava for her promotion from research scientist to acting assistant professor with the Department of Health Services.
- Welcome to Susan Botarelli who joined HPRC this month as a research coordinator and interventionist on our hypertension contracts with the state Department of Health. Under Barbara Baquero's supervision, Susan will be assisting federally-qualified health centers with adoption strategies for various best practices and processes.
- Congrats to HPRC Graduate Research Assistant **Meagan Brown**, who earned her PhD in December.
- MPH student and HPRC Research Assistant **Jenny Wool** spoke with the Alzheimer Foundation of America about her time as a Healthy Brain Research Network Scholar. You can read the Q&A on page 6 of the AFA newsletter.
- MPH student **Sara Woolcock**, who began working with Barbara Baquero in July, said goodbye to HPRC in December. Thank you to Sara for all her hard work.

## **Recent Publications**

Use of Cigarettes and E-Cigarettes and Dual Use Among Adult Employees in the US Workplace. Kava CM, Hannon PA, Harris IR, (February 2020)

<u>Development of a Wellness Committee Implementation Index for Workplace Health Promotion Programs in</u> Small Businesses. Brown MC, Harris IR, Hammerback K, Kohn MI, Parrish AT, Chan GK, Ornelas II, Helfrich CD, Hannon PA. (February 2020)

 $\underline{\textbf{Disseminating Evidence-Based Interventions in Small, Low-Wage Worksites: A Randomized Controlled Trial}$ in King County, Washington (2014-2017). Hannon, P. A., Hammerback, K., Kohn, M. J., Kava, C. M., Gary Chan, K. C., Parrish, A. T., . . . Harris, J. R. (2019 December)

Patient navigator reported patient barriers and delivered activities in two large federally-funded cancer screening programs. Barrington, W. E., DeGroff, A., Melillo, S., Vu, T., Cole, A., Escoffery, C., . . . Hannon, P.

<u>Local Health Jurisdiction Staff Deliver Health Promotion to Small Worksites, Washington</u>. Harris, J. R., Hammerback, K., Brown, M., Ryan, D. E., Coe, N. B., Pike, K. J., . . . Hannon, P. A. (2019 November)

Control Program Grantees, 2009-2015, PHannon, P. A., Maxwell, A. E., Escoffery, C., Vu, T., Kohn, M. I., Gressard, L., . . . DeGroff, A. (2019 October)

See additional recently published articles here.



## A PRC Program Participant

HPRC is a <u>CDC Prevention Research Center</u>, building healthier communities together for over 30 years.







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