

How Can I Get Involved?

If you are interested in learning more, or if you have any questions about the study, please contact our research coordinator, Victoria Orr, at 206.277.1038.

Contact

The Principal Investigator of this study is

Dr. Debby Tsuang
at S-182 GRECC
1660 S. Columbian
Way Seattle, WA 98108

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Study Coordinator Information



206-277-1038



Join Your Family in Contributing to Alzheimer's Research

National Institute on Aging Alzheimer's Disease Family Based Study (NIA AD-FBS)

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
Geriatric Research, Education, and Clinical Centers

VA



U.S. Department of Veterans Affairs
VA Puget Sound Health Care System

Why Is This Research Important?

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● **Unknown Causes**

Alzheimer's is a degenerative brain disease and the most common cause of dementia.

Although researchers have discovered a great deal about Alzheimer's, it is still unclear what causes the disease.

● **Genetic Changes**

Some families have higher rates of Alzheimer's than others, and studying these families may tell us more about the genetic changes that could be contributing to the development of Alzheimer's disease.

Why Am I Important for Research?

Alzheimer's Disease Family Based Study (AD-FBS), which is funded by the National Institute on Aging, is being conducted by researchers at the VA Puget Sound Health Care System. The study involves individuals with and without Alzheimer's disease.

We are contacting you to help in this very important research on the genetics of Alzheimer's disease because you or one of your family members may have Alzheimer's disease. Also, other members of your family may have participated in this study or in Dr. Thomas Bird's family research. By studying the disease in families, we hope to greatly improve our understanding of the genetics of Alzheimer's.

We will also be sharing our findings with scientists worldwide to encourage more rapid progress in the identification, treatment, and prevention of Alzheimer's disease.

How Can I Help?

If you are interested in helping in this research, we may ask you to participate in some of the following:

- **Answering questions about your family history**
- **Answering questions to assess your memory, which should take about 20 minutes**
- **Allowing an interview of one of your close friends or relatives; we will ask questions about some of the psychological changes that can happen with Alzheimer's disease**
- **A review of your medical records, including past medical history, physical findings, and laboratory data**
- **A blood draw**

If you are willing, we will contact you every 1-2 years to repeat the memory testing and the interview of a close friend or relative.