



Dementia Caregiver Support Group

**Presented by the
Alzheimer's Association**

Hosted at the UW Memory Hub

2nd Monday of Every Month, 1-2:30 pm

Want to Join this Support Group?
Call 800-272-3900

**Build a support system with
people who understand**

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for care partners to:

- Develop a support system
- Exchange practical information on challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs and concerns
- Learn about community resources