

# Second Annual First Hill Brain Health Block Party

Wednesday, July 10, 2024, 1-4 pm

Fun and Free Event For All Ages | Special invite to folks age 50+! | Healthy Treats



**Start at any location below, pick up an event map, and get it stamped by partners as you visit activity stations.**

**Enjoy an outdoor brain-healthy activity such as puzzles, games, movement, music, mindfulness, and more!**

**Visit at least three stations for a chance to be entered into a prize drawing.**  
(Walking between all nine stations is ~1 mile.)

## Activity Station Locations:

- The Memory Hub** (1021 Columbia St): Building entrance
- Frye Art Museum** (704 Terry Ave): North side of building along Columbia St
- Horizon House** (900 University St): Building entrance
- Murano Senior Living** (620 Terry Ave): Building entrance
- Swedish First Hill** (747 Broadway Ave): Building entrance
- Skyline Seattle** (715 9th Ave): Terraces building entrance
- St. James Cathedral** (804 Ninth Ave): SW corner of Marion St and Terry Ave
- Town Hall Seattle** (1119 8th Ave): Ovation Plaza on west side of building
- Virginia Mason Franciscan Health** (1201 Terry Ave): Lindeman Pavilion Terrace



For more information, visit: [thememoryhub.org/event/brain-health-block-party](https://thememoryhub.org/event/brain-health-block-party)

UW Medicine  
MEMORY & BRAIN  
WELLNESS CENTER

  
murano  
INDEPENDENT LIVING  
ASSISTED LIVING | MEMORY CARE

 Providence  
SWEDISH

  
The Memory Hub

FRYE  
/ Art Museum

  
ST. JAMES CATHEDRAL  
SEATTLE

 Virginia Mason  
Franciscan Health  
Center for Neurosciences & Spine

 Horizon House

 Dementia  
Friends  
Washington  
A Dementia Friendly America Member

  
TOWN HALL  
SEATTLE

SKYLINE