

Free Dementia Education

Hosted by the UW Memory & Brain Wellness Center

Education programs presented by the Alzheimer's Association



FREE Monthly In-Person Dementia Education Programs

Each month, the Alzheimer's Association will host a FREE in-person education program on a topic related to Alzheimer's and other dementias.

Join us to learn more about:

- [Managing Money: A Caregiver's Guide to Finances](#)
 - Wednesday, February 21, 2024
- [Understanding Alzheimer's & Other Dementias](#)
 - Wednesday, March 20, 2024
- [Healthy Living for Your Brain & Body](#)
 - Wednesday, April 17, 2024
- [Know the 10 Warning Signs of Alz & Dementia](#)
 - Wednesday, May 15, 2024
- [Understanding Dementia Related Behavior](#)
 - Tuesday, June 18, 2024

Other Important Information:

FREE valet parking available (please register to receive more information)

When:
Every 3rd Wednesday
of the Month
(Except for June)

Time:
1:00 PM - 2:30 PM

Where:
The Memory Hub
1021 Columbia St,
Seattle, WA 98104



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To Register:
Contact Kimber Behrends
at kibehrends@alz.org
or (206) 529-3865