

# Be a Part of Building Dementia Awareness

**Invite one or more friends** to this dementia awareness session to help us reach our goal of 5,000 Dementia Friends

## Topics covered:

- Overview of dementia
- 5 key messages to know
- Communication tips & strategies
- Actions for a Healthier Brain at Any Age
- Ways to help foster dementia-friendly communities
- Resources and support

## Session Information:

**Date:** June 26, 2025 (Thursday)

**Time:** 11:00 am - 12:00 pm

**Location:** ZOOM

**Registration link:**

<https://tinyurl.com/dementiaawarenessJUNE>

Or, scan the  
QR code to  
register:



..... February 2025 ..... September 2024 ..... 2018/2019 - Pilot Study .....



Some of the first Dementia Friends in WA state



Celebrating 3,000 Dementia Friends in Darrington



Celebrating 4,000 Dementia Friends with the UW School of Informatics