

BOOKS & BEATS

BOOK GROUP FOR CAREGIVERS MUSIC GROUP FOR PEOPLE WITH MEMORY LOSS

Come with your loved one to enjoy an afternoon at the Memory Hub! Caregivers will have a book discussion group led by Seattle Public Library. People with memory loss will have a music engagement program led by a certified music therapist. The last half hour we'll come together for social time and snacks! A free event.

2024 Dates:

1-2:30 p.m. Tues June 18

1-2:30 p.m. Tues Aug 20

1-2:30 p.m. Tues Oct 15

1-2:30 p.m. Tues Dec 17

The Memory Hub
1021 Columbia St, Seattle

RSVP at least 1 week in advance:
www.tinyurl.com/BooksAndBeats
Questions: mbecker1@uw.edu



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