

# BOOKS & BEATS

**BOOK GROUP** FOR CAREGIVERS  
**MUSIC GROUP** FOR PEOPLE WITH  
MEMORY LOSS

Come with your loved one to enjoy an afternoon at the Memory Hub!

Caregivers will have a book discussion group led by Seattle Public Library. People with memory loss will have a music engagement program led by a certified music therapist. The last half hour we'll come together for social time and snacks! A free event.

**Offered monthly on the 3rd Wednesdays.**

**Join the fun - for one day or two!**

**2:30 p.m. - 4:00 p.m.**

**May 21 and June 18**

The Memory Hub  
1021 Columbia St, Seattle

**Registration required at least 1 week in advance:**

[www.tinyurl.com/Books-and-Beats](http://www.tinyurl.com/Books-and-Beats)

Questions: [mbecker1@uw.edu](mailto:mbecker1@uw.edu)



UW Medicine  
MEMORY & BRAIN  
WELLNESS CENTER

