

Caregiver Creative Writing Workshop



**free, virtual, and open
to writers
of any level!**

**Tuesday
10:30am - 12pm**

3 Session Options:

**February 4th
February 11th
February 18th**

Attend Live Via Zoom

Join other dementia caregivers for this opportunity to reflect, write, and share as poet and author Karen Finneyfrock leads us through a gentle practice of reading mentor poet texts and writing our own work. This workshop is intended as an opportunity for self-reflection and self-compassion.

REGISTER

tinyurl.com/CaregiverWritingWorkshop

**(session space is limited. please register
at least 2 days in advance.)**

**For additional information or
questions, please contact:**

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The Memory Hub



CULTURE

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4Culture.