The Best Friends Approach to Dementia Care

A special event with David Troxel for family and professional caregivers

Thursday, Nov 5 | 10:30 a.m. - 12 p.m.

The Best Friends Approach to dementia care is a life-affirming model used around the world, based on principles of empathy, communication, life-story work, engaging activity, and creative problem solving. In this presentation, discover strategies to address challenging caregiving situations by focusing on relationship and social connection. Learn how you can apply the Best Friends Approach to improve quality of life for yourself and the person in your care.

David Troxel has become internationally known for his writing and teaching in the fields of Alzheimer's disease and long-term care. He has co-authored (with Virginia Bell) six influential books and articles relating to dementia care, including his book The Best Friends™ Approach to Dementia Care.

The Memory Hub, 1021 Columbia St, Seattle.

HOSTED BY:

UW Medicine
UNIVERSITY of WASHINGTON

MEMORY & BRAIN WELLNESS CENTER

PRESENTED IN PARTNERSHIP WITH:

ERA LIVING Memory Care

QUESTIONS:

Marigrace Becker
206-543-2440
mbecker1@uw.edu

Register by Nov 3

tinyurl.com/BestFriendsApproach