



Become a Dementia Friend

Free 60-Minute Information Session - All are welcome!

Receive information about:

- ✦ Dementia and the most common type
- ✦ 5 key messages to know
- ✦ Communication tips and strategies
- ✦ Ways to take action
- ✦ Resources and support

“I feel less
intimidated
and more
informed”



Session Information

Date: July 30, 2024 (Tuesday)

Time: 11:00 am - 12:15 pm

Location: The Memory Hub
1021 Columbia Street
Seattle, WA 98104

Register:

Email dementiafriendswa@uw.edu or call (206)685-6749



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MEMORY & BRAIN
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