



January 22nd - March 12th

EARLY MEMORY LOSS CAREGIVER SUPPORT GROUP

Join our **virtual** support group and receive practical caregiving advice and peer support.

Thursdays - 10 am to 11:30 am PST

Free 8-week series. Limited group size. Pre-registration & introductory phone call required. Register by January 6th, 2026

For more information,
contact Jamie Bird
jbird64@uw.edu
206-221-7304

Pre-register [here](#)

Or Scan the QR Code

