

Garden Discovery Program

Summer 2025

Connect with nature and engage with others living with memory loss and family and friends



Maude's Garden

The Memory Hub, 1021 Columbia St. Seattle, WA 98104

**July 18, August 1,
September 5**

10:30 am - 12 pm

- Explore the garden, engage in plant-based projects led by a horticultural therapist, and make social connections in a supportive community.
- A partnership between Seattle Parks and Recreation and UW Memory and Brain Wellness Center
- The Garden Discovery Program is offered at no cost to participants, and made possible by support from Aegis Living Assisted Living and Memory Care communities.

Register through Seattle Parks and Recreation, activity #79337

A phone conversation is required for first-time Dementia-Friendly Recreation participants. Please contact tamara.keefe@seattle.gov to schedule.

Detailed directions and a free parking option will be provided to registered participants.



**Seattle
Parks & Recreation**



UW Medicine
MEMORY & BRAIN
WELLNESS CENTER

Aegis Living
Assisted Living | Memory Care