

Garden Discovery Program

Fall 2026

Connect with nature and engage with others living with memory loss and family and friends



**October 2,
November 6,
December 4**

10:30 am - 12:00 pm



Maude's Garden

The Memory Hub, 1021 Columbia St. Seattle, WA 98104

- Explore the garden, engage in plant-based projects led by a horticultural therapist, and make social connections in a supportive community.
- A partnership between Seattle Parks and Recreation and the UW Memory and Brain Wellness Center.
- This program is offered at no cost to participants and made possible by support from Skyline Seattle.

Register through Seattle Parks and Recreation, activity #93485

A phone conversation is required for first-time Dementia-Friendly Recreation participants. Please contact tamara.keefe@seattle.gov to schedule.

Detailed directions and parking options will be provided to registered participants.



**Seattle
Parks & Recreation**



The Memory Hub

SKYLINE

UW Medicine
UNIVERSITY of WASHINGTON

**MEMORY & BRAIN
WELLNESS CENTER**