



Younger Onset Alzheimer's Resource & Education Day

Saturday, February 11 | 10 a.m. - 3:30 p.m.

A day of learning, connection and resources for people diagnosed with Alzheimer's before age 65, and their families. A free event.

Event Topics Include:

- Younger Onset Alzheimer's 101
- Alzheimer's in the Workplace
- Technology for Independence
- Nutrition and Brain Health
- Panel: Living with Younger Onset Alzheimer's

Attend in person at the Memory Hub (1021 Columbia St, Seattle), online by Zoom, or hybrid at the Alzheimer's Association office (19031 33rd Ave W #301, Lynnwood)

PRESENTED BY:

UW Medicine
MEMORY & BRAIN
WELLNESS CENTER

**WITH SUPPORT
FROM:**



QUESTIONS:

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Register by Feb 6:
<https://bit.ly/3HeCXgR>