



Community Wellness Talks

Making Art Together at Home

Cal Dobrzynski



SDF 2019

Looking Forward

August 2019











Be kind and gentle.

Sway when it's windy.

Give homes for animals.
Share your shade.

Be glittery after it rains.

-Julia Denlinger

Dementia Road
A Guide for Family and Friends

“

**Change the environment
to better suit us**

–Natural History of the Senses

re: Frye Art Museum

Insights for communication

Face the person, direct eye contact

Speak slowly and clearly

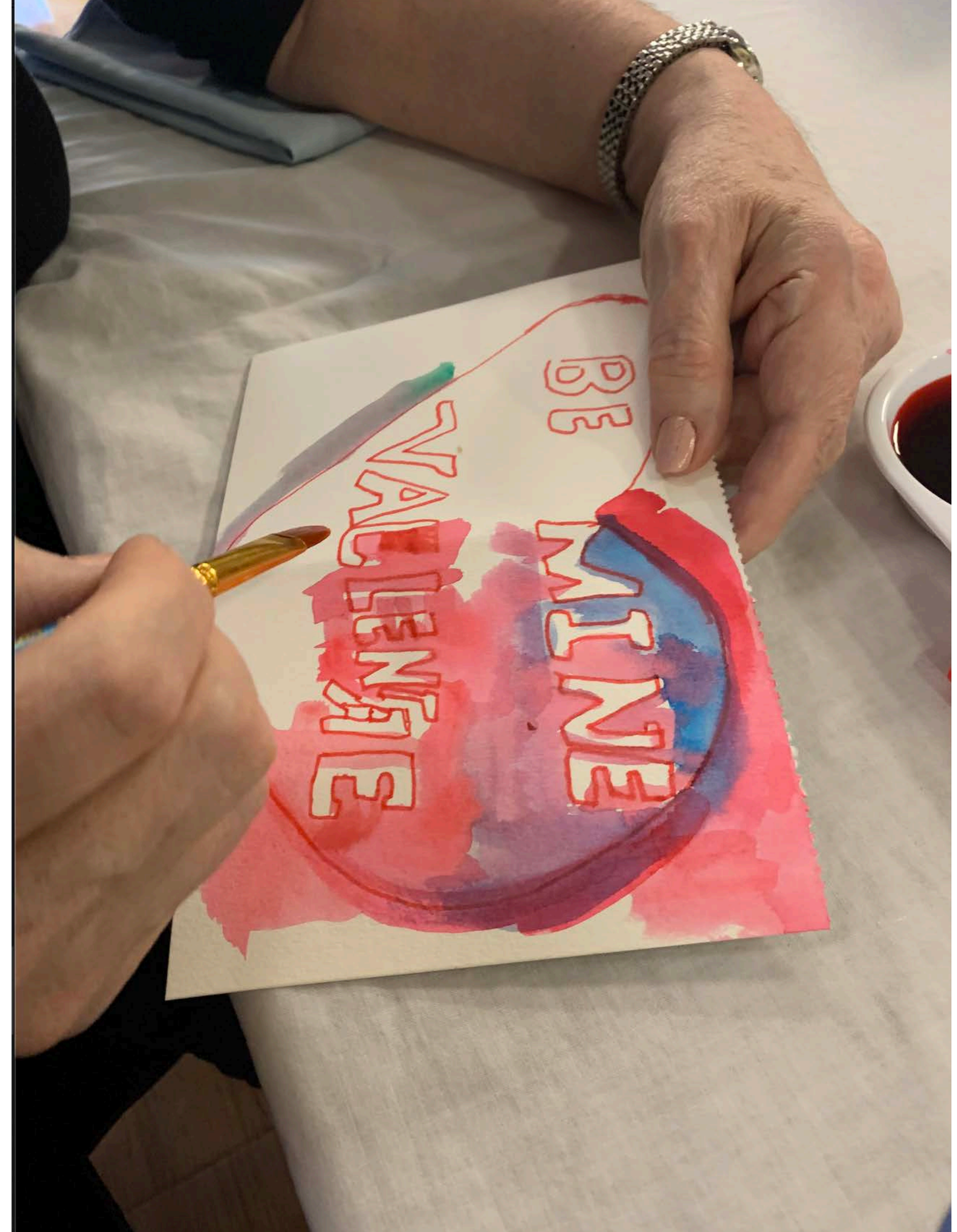
Speak to the person, not about them

Focus on the whole person

Allow time and space for a response

Speak in a relaxed manner



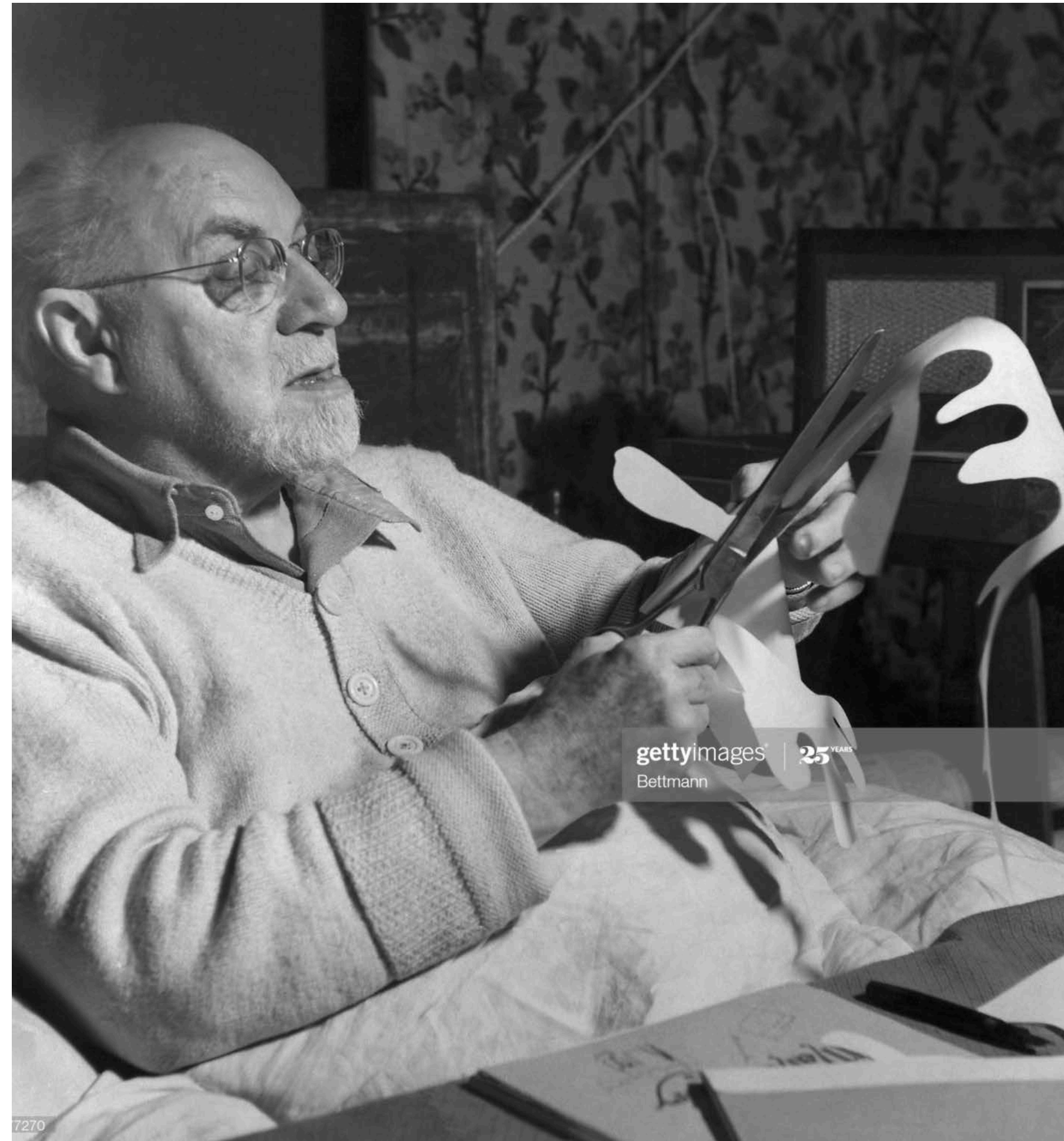








Artist inspired projects



Images: Getty Images



Provoke conversation



Making



Man-Ray inspired photogram



Ford Motor Company Collection, Gift
of Ford Motor Company and John C.
Waddell, 1987



Time Frame:

- 45 Minutes

Materials:

- 5x7" blue light-sensitive paper (as many pieces as you would like!)
 - ** keep the paper in the box until you are ready to expose it to sunlight
- Objects the artist wants to place on the paper (you can find these outside!)
- Spray bottle filled with water
- Sunlight and a warm day

Set Up:

- Find a location outside where you and the artist can sit comfortably, preferably in the shade (but make sure you have an area that has access to the sunlight)
- Bring sun-paper and spray bottle filled with water with you

What is a Photogram?

A **photogram** is a photographic print [picture] made by laying objects onto photographic paper and exposing it to light. The technique of creating photographic prints without using a camera (photograms) is as old as photography itself – but emerged again in various avant-garde contexts in the early 1920s.

Artist Man Ray refined and personalised the technique to such an extent that the new prints eventually carried his name 'rayographs'.

Artist:

Man Ray (Emmanuel Radnitzky)

The influential American photographer and painter adopted the pseudonym Man Ray around 1909. He was a prominent artist during Dada and Surrealism. During his trip to Paris in 1921, Man Ray began to experiment with photography, and may have been introduced to the photogram by Tristan Tzara. He adopted the method and called his works "rayographs," photographic images composed of ordinary objects placed on photo sensitive paper exposed to light. He developed the solarization process which he used in his fashion photography. With the onset of World War II, he lived in California and concentrated on painting and making objects. He returned to Paris in 1951. Man Ray was one of the first artists to make photographs seen as important works of art, equal to that of painting and sculpture.

<https://www.moma.org/artists/3716?locale=en&page=1>
<https://www.tate.org.uk/art/art-terms/p/photogram>



Objects put down on paper to be exposed to the sun's rays.



Final work! This is what the page should look like once you have removed the objects and sprayed the sheet with water.





Image courtesy of Kline Galland

Non-artist specific projects



Uniformed Services University and the
National Intrepid Center of Excellence



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Female (pwo) mask (Chokwe peoples)

About

Transcript

Female (pwo) mask, Chokwe people, Democratic Republic of Congo, early 20th century, wood, plant fiber, pigment, copper alloy, 39.1 cm high (Smithsonian National Museum of African Art)
Speakers: Dr. Peri Klemm and Dr. Beth Harris
Created by Beth Harris and Steven Zucker.

Khan Academy

Olmec mask at The Metropolitan Museum of Art

by THE METROPOLITAN MUSEUM OF ART

▶

This 3,000-year-old Olmec face was made to last. What c...

Watch later

Share

THE MET

Art, Explained

Mask, 10th–6th century B.C., Olmec (Mexico), jadeite, 6 3/4 x 6 5/16" / 17.1 x 16.5 cm (The Metropolitan Museum of Art, New York). Video from The Metropolitan Museum of Art.

The Met

THE MET150

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Images courtesy of Kline Galland



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**I am really, truly in love
with myself right now!**

-Resident, Kline Galland Memory Unit during mask making project



Insights + Tips

Plan for certain time of day

Provide 1–3 materials

Provide prompt if stuck (I have a ton!)

Engage the senses through a range of mediums, including audio, visual, textural objects

Ask questions along the way to engage in discussion

Mix up materials for each project!

Project Library

2						
3	Project	Matisse, Collage	Project	Man Ray, Photogams, requires you to go outside**	Project	Picasso, Scultupe (clay)
4	Materials	Pre cut shapes, glue sticks, modge podge, canvas or large sheets of paper to adhere	Materials	5x7' sun paper, natural materials you find outside	Materials	2 types of clay - soft and molding
5	Instructions	File Here	Instructions	link to a google doc	Instructions	File Here
6	Links / videos					
7		https://www.youtube.com/watch?v=GN0okOq8Hyc	Links / videos		Links / videos	https://www.moma.org/collection/works/80934
8		https://www.tate.org.uk/whats-on/tate-modern/exhibition/henri-matisse-cut-outs		https://www.inthein-between.com/man-ray-before-digital/		Audio: https://www.moma.org/audio/playlist/19#tour-stop-415
9		https://www.moma.org/audio/playlist/6/312		History of photograms: https://www.youtube.com/watch?v=uNYisHIJMPI		Longeer video but might be nice to watch with a few residents: https://www.youtube.com/watch?v=9gjMOBMJrrc
10	Other artwork					https://www.youtube.com/watch?v=Nxes8pyHkJc
11		https://www.anothermag.com/art-photography/gallery/3562/matisse-and-his-collages/4	Other artwork	https://www.widewalls.ch/photogram-artists/		https://www.history.com/this-day-in-history/pablo-picasso-born
12		https://www.moma.org/interactives/exhibitions/2014/matisse/the-cut-outs.html			Other artwork	
13		https://www.anothermag.com/art-photography/gallery/3562/matisse-and-his-collages/6				
14						

Materials Library

	A	B	C	D
1	Amazon	Size	Amount	Delivered?
2	Strathmore sketch pad	9x12in	100 sheets	Delivered
3	Strathmore pastel pad	9x12	24 sheets	Delivered
4	Watercolor Pad	9x12	30 sheets	Delivered
5	Bristol Board	11x17	25 sheets	Delivered
6	Sun Activated Paper	5x17	40 sheets	Delivered
7	Watercolor Postcards		45 sheets	Delivered
8	Oil Pastels		24 colors	Delivered
9	Soft modeling clay		10 Colors	Delivered
10	Craft Glue sticks		3 pack	Delivered
11	Mod podge		1 jar	Delivered
12	Foam brushes		3 brushes	Delivered
13	stencils			Delivered
14	Markers		12 markers	Delivered
15	gel crayons		12 crayons	Delivered
16				
17	Michaels			
18	Wartercolor Tubes		24 tubes	Delivered
19	acrylic paint		16 tubes	Delivered
20	paint brushes			Delivered
21	modeling clay			Delivered
22	canvas panels		10 panels	Delivered
23	Paper Mache Masks		3 packs	Delivered
24	feathers			Delivered
25	flowers			Delivered
26	washi tape		3	Delivered
27	Paint wells		3 wells	Delivered
28	felt flowers			Delivered
29	1 shadow box		1	Delivered
30				
31				

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**The best thing is that you
can be 100 and still paint!**

-Resident, The Summit

**Stay
in-touch**

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