

The Remote Cog Study

Black Americans often miss out on early clinical care that can help with memory and mental health changes. We hope to learn how to spot these changes earlier in Black Americans.

We are enrolling Black Americans who are age 65+, concerned about their memory, and interested in a 10-week research study from the comfort of their own homes that includes:

- **Answering health-related questions using paper, a telephone, and a mobile device**
- **Using several devices at home, including a wristwatch, thermometer, and blood pressure monitor**
- **Providing a blood sample**

For more information, please call the Research Study Coordinator at **(206) 277-1379**.



U.S. Department of Veterans Affairs

Veterans Health Administration
Geriatric Research, Education, and Clinical Centers

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