

Enjoying the Arts from Home

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Purpose of Art

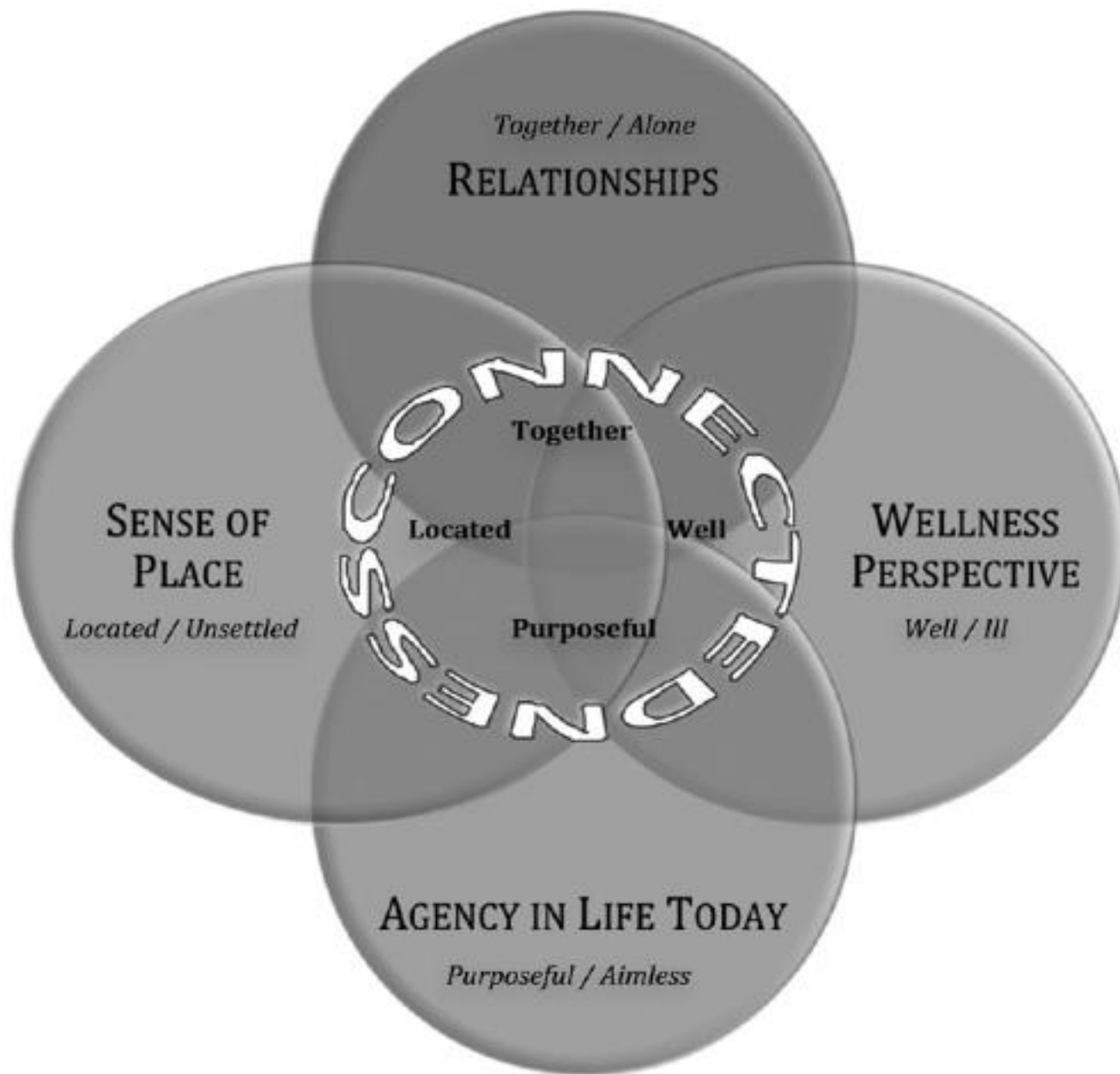
- Non-motivated purpose
 - Basic human instinct for harmony, balance, rhythm
 - Experience of the mysterious
 - Expression of the imagination
 - Ritualistic and symbolic functions

– Claude Levi-Strauss “Art as a System of Signs” 1961

Purpose of Art cont.

- Motivated functions of art
 - Communication
 - Art as entertainment
 - The Avant-Garde. Art for political change
 - Art for psychological and healing purposes

– Claude Levi-Strauss “Art as a System of Signs” 1961



Social Connectedness

- Lack of socialization likely a risk for dementia not just a prodrome
- Socialization is linked to cognition
- Social isolation is a factor for decreased exercise, depression, and increased obesity



How do you enjoy the arts?



How can we experience art from home?

Poetry, reading together

Making Art

watercolor, drawing, clay

Dancing, movement

Listening to music

Online museum visits

DOG SONGS



POEMS

MARY OLIVER







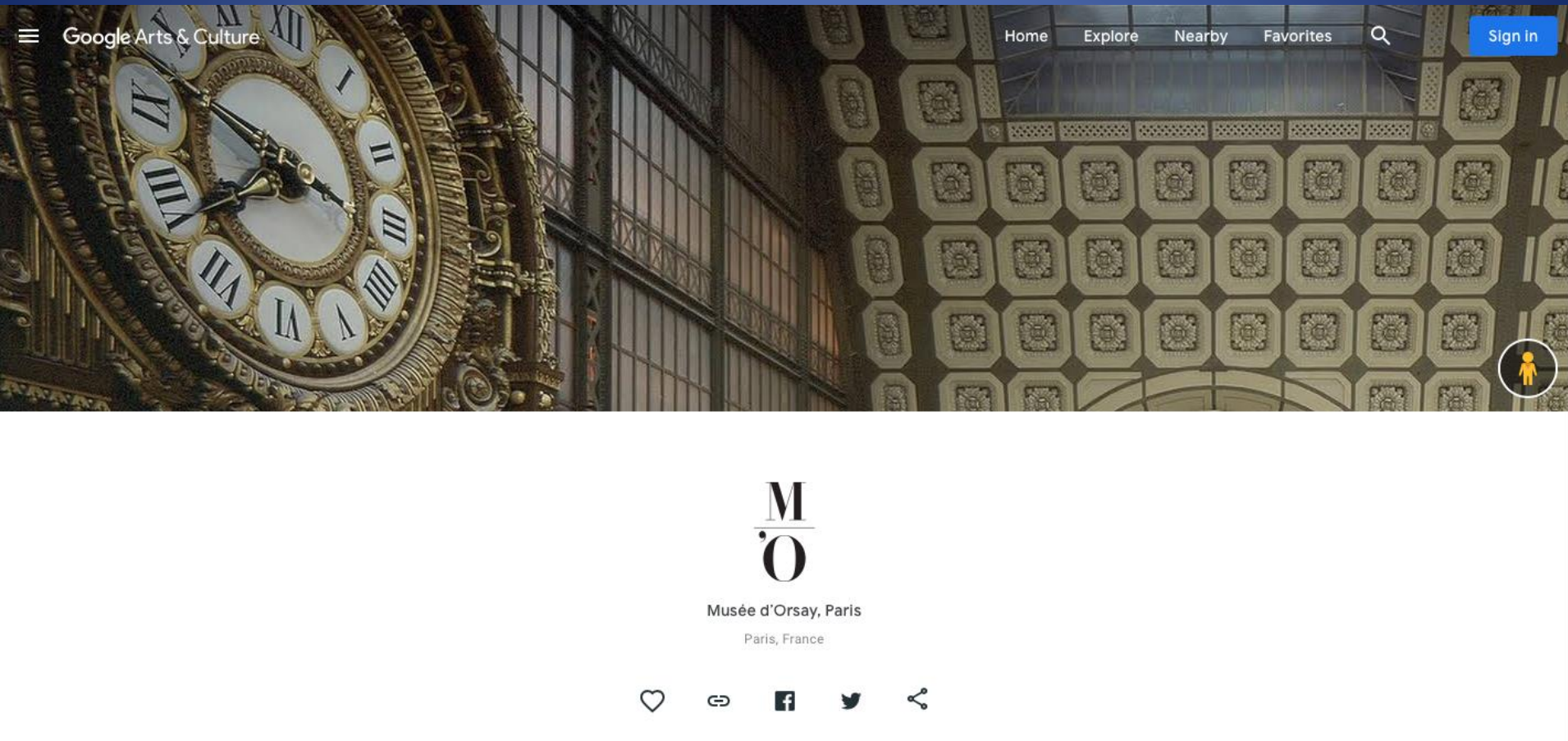




Museum Virtual Tours

<https://artsandculture.google.com/partner/musee-dorsay-paris?hl=en>

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Bored at Home? Here's a Massive List of Museums, Zoos, and Theme Parks Offering Virtual Tours

You can see Frida Kahlo at MoMA or visit the Shedd Aquarium without leaving the couch.

<https://www.goodhousekeeping.com/life/travel/a31784720/best-virtual-tours/>

Questions

What kind of art experiences are you engaging in at home?

Are you creating art?

Are you doing art activities with others? In your home or via video or phone?

What would be helpful for you to engage in art at home, either making or experiencing?