

Start at any location listed | Get your passport stamped | Have fun!

Swedish Center for Healthy Aging 🍎

Location: Swedish First Hill
747 Broadway Ave
Building entrance

- **Make your own trail mix**
- **Music Therapist, 3-4 pm**

Murano 🍎 🚰 🚻

Location: 620 Terry Ave
Building entrance

- **Dunk Tank, Corn Hole**
- **Murano Trail Mix**
- **Hydration Station with fruit infused water**

Virginia Mason Franciscan Health

Location: 1201 Terry Ave
Lindeman Pavilion Terrace

- **Puzzles**
- **Movement**
- **Sensory activities**

Horizon House 🅅 🚻 🚰 🍎

Location: 900 University St
Building entrance

- **Hydration Station**
- **Popcorn**
- **Music**
- **Art**
- **Brain Games**
- **Line Dancing**

St. James Cathedral 🚻 🚰

Location: 804 Ninth Ave
SW corner of Marion St and Terry

- **Easy Mindfulness and Yoga**
- **Music from Cathedral**
- **Cathedral Coloring Book**
- **Water, Lemonade**

Frye Art Museum 🚻

Location: 704 Terry Ave
North side of building along Columbia St

- **Collaborative Art Activity**

The Memory Hub 🚻 🚰

Location: 1021 Columbia St
Building entrance

- **Brain Health Chalk Sidewalk Chalk Prompts**
- **Photobooth**
- **Maude's Garden Iced Tea Blend**
- **Karaoke**

Town Hall Seattle 🚻

Location: 1119 8th Ave
Ovation Plaza on west side of building

- **Games and puzzles**

Skyline 🅅 🚻

Location: 715 9th Ave
Terraces building entrance

- **Puzzles**
- **Art activity**

BRAIN HEALTH BLOCK PARTY MAP- FIRST HILL



LEGEND

★ Activity Location

--- Suggested walking route

//// Construction

🍎 Snack

🅅 Parking

💧 Hydration

🚻 Restrooms



TAG US IN YOUR PHOTOS
#brainhealthblockparty2024



My Passport



St. James Cathedral



Frye Art Museum



The Memory Hub



Town Hall Seattle



Swedish Center for Healthy Aging



Skyline



Murano



Virginia Mason Franciscan Health



Horizon House

Prize Drawing Eligibility:

- Get your passport stamped at 3 locations or more to be entered into a prize drawing.
- Fill in your contact information to the right
- Drop your map off at any location

NAME:

PHONE -or- EMAIL:

ACTIVITY MAP AND PASSPORT

Second Annual First Hill Brain Health Block Party

Wednesday, July 10, 2024, 1-4 pm



Participating Locations



<https://thememoryhub.org/event/brain-health-block-party>

