

What is the UW ADRC?

The University of Washington Alzheimer's Disease Research Center (ADRC) explores innovative approaches to diagnosis, prevention, and potential treatments for Alzheimer's disease and other neurodegenerative diseases that lead to dementia. The UW ADRC is part of a nationwide network funded by the National Institute on Aging.

ADRC Clinical Core research focuses on how people's memory and thinking may change over time. Clinical Core participants complete ongoing yearly research visits and may choose to enroll in other ADRC research studies and clinical trials.

The UW ADRC strives to recruit a diverse group of participants from various ethnic, cultural, racial, and socioeconomic backgrounds to ensure the research represents and benefits everyone.

Clinical Core Participation

The ADRC Clinical Core is currently recruiting individuals who:

- Have been diagnosed with memory & thinking (cognitive) changes by their medical provider

OR

- Are at least 85 years old and do not have concerns about memory or thinking

Participants select a family member or friend to serve as their study partner who will accompany them to their yearly visits. This person should know the participant well and be able to answer questions about the participant's memory, mood, well-being, and daily activities.

What to expect at a yearly visit:

- Memory and thinking testing
- A brief physical and neurological examination
- Review of medical history and medications
- Questions about memory, mood, well-being, and daily activities
- Blood draw

How does Clinical Core differ from Clinical Care?

The ADRC Clinical Core strives to learn more about early diagnosis, disease pathways, possible genetic components, symptom management, and treatments for Alzheimer's disease and related dementias.

Study procedures are for research purposes only and are **not** the same as clinical diagnostic tests. Participants in the Clinical Core will not receive any type of diagnosis. After a visit, if researchers feel that a participant should be more fully evaluated the participant will be encouraged to seek clinical care from their medical provider.

Clinical Care can address an individual's specific needs and concerns. This may include consultation, medical examinations, diagnostic testing, treatment, and comprehensive follow-up care. Medical providers can review diagnostic test results, explain a diagnosis, and work with individuals to come up with the best next steps in their clinical care.

Frequently Asked Questions

Q: How long do visits last?

A: Visits typically last 3-4 hours.

Q: Why is it important to come in yearly?

A: One of the goals of the Clinical Core is to measure any possible changes that may occur in a person's memory or thinking over time. It is important that measures can be repeated yearly to ensure any and all changes are tracked.

Q: Who will have access to information gathered about me at each visit?

A: Only our immediate ADRC Clinical Core research team will have access to your personal information. Data is de-identified (names and all identifying information are removed) before they are shared with any researchers outside of the UW ADRC Clinical Core.

Q: Does my study partner need to attend with me, or attend every year with me?

A: Study partners are required to attend initial visits but may not need to stay for the entire visit. Follow up visits may involve a telephone interview with the study partner, if appropriate.

Q: Is there parking on site?

A: Yes, we have several parking garages and validate parking during research visits.

CONTACT US!

To learn more:

206-744-0588

uwadrc@uw.edu

uwadrc.org

Harborview Medical Center



**ADRC Clinical Core
Research Study**

206-744-0588
uwadrc@uw.edu
uwadrc.org

