

Dementia and Care Resources for Patients and Families



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Objectives



- Provide an overview of resources for patients and families facing dementia
- Identify Guides and Navigators to assist with accessing resources

Common Dementia Related Needs



- Practical support (in home care, respite, placement options)
- Community engagement
- Education and skills for supporting a loved one with dementia
- Caregiver support

Caregiving Needs



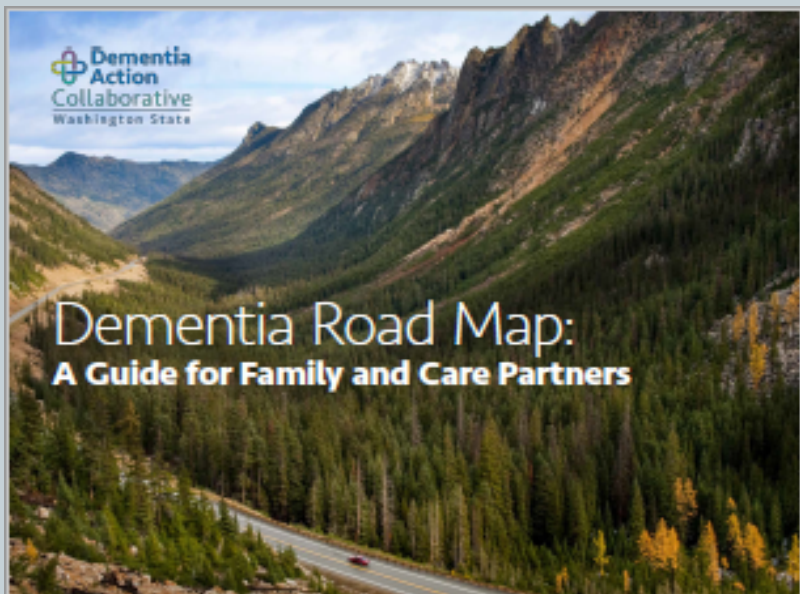
- Caregiving
 - Private pay
 - Private long term care insurance
 - Medicaid Transformation Programs (TSOA & MAC)
 - DSHS long term care programs (COPEs, CFC)
 - ✦ Must meet financial AND functional criteria
 - ✦ Can cover limited in home care, day health and residential care
 - ✦ Apply online at www.washingtonconnection.org
 - ✦ DSHS Contact Center at **877-501-2233**

Guides / Navigators



- Dementia Road Map
- Area Agencies on Aging / Community Living Connections
- Alzheimer's Association
- Other

Dementia Road Map



www.dshs.wa.gov/altsa/dementia-action-collaborative

Area Agencies on Aging



- Info and Referral - CGing agencies, DME, transportation, food benefits
- Benefits Assistance
- Health and Wellness Programs
- Care Giver Support Network
 - Respite Options
 - Support Groups and Counselor referrals
 - Dementia Coaching
 - Caregiver Classes such as “Powerful Tools for CGers”

WA Community Living Connections (CLC)

Area Agencies on Aging

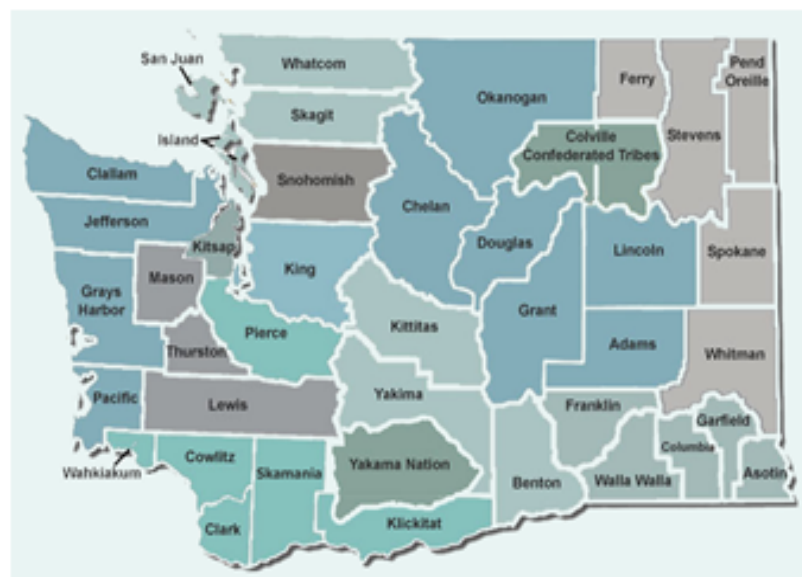
Direct referral form

WA CLC is a network of 13 Area Agencies on Aging (AAA) and their partners in WA

- Each AAA in Washington has an Information & Assistance/Referral (I&A/R) office, with knowledgeable staff to assist in connecting you to local resources
- To find the local I&A/R office
 - Go to **wacdc.org**
 - Click on **CONNECT** to get to map
 - Click on **County** of interest
- Staff help individuals and/or family members find local services, understand options and/or eligibility for services/supports
- Wacdc.org or 1-855-567-0252

Refer a Patient

https://wacdc.org/consite/connect/refer_a_patient.php



Please indicate concerns you have regarding your patients current situation. Select all that apply or use comment box below to elaborate or indicate a concern not included on this list:

- Falls: Balance issues, Falls or Fear of Falling
- Chronic Disease(s): Challenges Managing Chronic Conditions
- Nutrition: Meal Delivery, Congregate Meals, Nutrition Education
- Caregiver Education and Support
- Exercise, Wellness, Social Activities
- Medical Equipment
- Medication Reminders or other Assistive Technology & Devices
- Memory Loss, Alzheimer's and Dementia Support & Information
- Help with Activities of Daily Living: Bathing, Grooming, Dressing
- Other: (please identify other services and/or supports)

Optional Questions

Does this patient have chronic pain?

Is this patient homebound?

Is this patient already a Medicaid client?

Do you have other concerns or needs for this patient?

Would you like to us to contact you for more information?

I have obtained permission to release the above information to the local Area Agency on Aging, Information & Assistance Program, to follow up with services that may assist in meeting my patient's current needs.*



- 24/7 Helpline: **(800)272-3900**
- Website: www.alz.org
- Support Groups
- Caregiver Education and Resources
 - Brochures: Communication, Behaviors, Staying Safe
- Virtual Programs / Webinars

Alzheimer's Association Webinars



10 Warning Signs of Alzheimer's

Dec. 8, 1-2:30 p.m. | [REGISTER](#)

Dec. 17, 2:30-4 p.m. | [REGISTER](#)

COVID-19 and Caregiving

Dec. 1, 2:30-4 p.m. | [REGISTER](#)

Dementia Conversations

Dec. 18, 10-11:30 a.m. | [REGISTER](#)

Effective Communication Strategies

Dec. 16, 1-2:30 p.m. | [REGISTER](#)

Healthy Living for Your Brain and Body

Dec. 2, 2-3:30 p.m. | [REGISTER](#)

Dec. 9, 10-11:30 a.m. | [REGISTER](#)

Legal and Financial Planning for Alzheimer's

Dec. 3, 10 a.m.-12:30 p.m. | [REGISTER](#)

Living with Alzheimer's: For Caregivers-Late Stage

Part 1: Dec. 4, 1-2:30 p.m. | [REGISTER](#)

Part 2: Dec. 11, 1-2:30 p.m. | [REGISTER](#)

Meaningful Activities

Dec. 10, 2-3:30 p.m. | [REGISTER](#)

Understanding Alzheimer's and Dementia

Dec. 7, 1:30-3 p.m. | [REGISTER](#)

Dec. 15, 3-4:30 p.m. | [REGISTER](#)

Understanding & Responding to Dementia-Related Behavior

Dec. 11, 2-3:30 p.m. | [REGISTER](#)

When Living at Home is No Longer an Option

Dec. 3, 2-3:30 p.m. | [REGISTER](#)

All sessions here are listed in Pacific Standard Time, online listings may be different; please note time zone.

TO LEARN MORE OR TO REGISTER,
PLEASE CALL 800.272.3900 OR VISIT US
ONLINE AT [ALZWA.ORG/EDUCATION](https://www.alzwa.org/education)

Links and Resources



- DSHS
 - Apply for benefits: www.washingtonconnection.org/home/
 - Contact Center: **877-501-2233**
 - Brochure: www.dshs.wa.gov/sites/default/files/publications/documents/22-1628.pdf
- Community Living Connections: www.waclc.org/consite/connect/
- Care Giver Support Network brochure: www.dshs.wa.gov/sites/default/files/publications/documents/22-1331.pdf
- Lewy Body Dementia Association: www.lbda.org
- Association for FTD: www.theaftd.org
- Cure PSP: www.curepsp.org