






Dementia Friends WA

September 2024 Calendar

Changing the way we think, act, and talk about dementia

-  **Dementia Friends Information Session**- 60- 90 minutes, open to the public, no cost to attend, materials provided to attendees
 -  **失智症之友 - Session offered in Mandarin** presented by [Kin On](#)
 -  **American Indian and Alaksa Native Cultural Adaptation** presented by the [International Association for Indigenous Aging](#)
-  **Overview for Interested Volunteers** - For interested volunteers
-  **Champion Trainings** - For new volunteers

(KEY)

September 3 (Tues.), 6:30-7:30 PM, OTIS ORCHARDS

Location: Otis Orchards Library

Registration/Questions: dementia@altcew.org

September 4 (Wed.), 6:30-7:30 PM, AIRWAY HEIGHTS

Airway Heights Library

Registration/Questions: dementia@altcew.org

September 9 (Mon.), 12:15-1:15 PM, MILL CREEK

YMCA Mill Creek

Space limited to 30 attendees. Register via email: Pleahy@ymca-snoco.org

September 9 (Mon.), 6:30-7:30 PM, CHENEY

Cheney Library

Registration/Questions: dementia@altcew.org

September 10 (Tues.), 2:30-3:30 PM, YAKIMA

Yakima Central Library











Registration/Questions: johnica.castro@dshs.wa.gov / (509)-965-0113

September 10 (Tues.), 5:30-6:30 PM, SPOKANE VALLEY

Dementia Friends Champion Training- For new volunteers

Spokane Valley Library

Registration/Questions: dementia@altcew.org


-  **September 11 (Weds.), 10:00–11:00 AM, WALLA WALLA**
Walla Walla Senior Center
Registration/Questions: Linda between 9 am – 2 pm (509)527-3775
-  **September 12 (Thurs.), 11:30 AM – 12:30 PM, VIRTUAL**
ZOOM session
Registration/Questions: dementiafriendswa@uw.edu / (206)685-6749
-  **September 12 (Thurs.), 6:30- 7:30 PM, SPOKANE VALLEY**
Spokane Valley Library
Registration/Questions: dementia@altcew.org
-  **September 13 (Thurs.), 3:00-4:00 PM, KINGSTON**
Village Green Community Center
Register: Erin- (360)297-1263
-  **September 16 (Mon.) 12:30- 1:30 PM, ISSAQUAH**
Issaquah Senior Center
Register: seniorcenter@issaquahwa.gov
-  **September 16 (Mon.), 6:00-7:00 PM, SPOKANE**
Shadle Park Library
Registration/Questions: dementia@altcew.org
-  **September 17 (Tues.), 5:30-6:30 PM, SPOKANE**
Dementia Friends Champion Training
Spokane Valley Library
Registration/Questions: dementia@altcew.org
-  **September 18 (Weds.), 1:00-2:00 PM, DARRINGTON**
Abbott-Wolfe Center
Register: <https://sno-isle.bibliocommons.com/events/667ca8712486bf251b-b4e72c>
-  **September 18 (Weds.), 6:30-7:30 PM, DEER PARK**
Deer Park Library
Registration/Questions: dementia@altcew.org
-  **September 19 (Thurs.), 10:00-11:00 AM, SPOKANE**
Argonne Library
Registration/Questions: dementia@altcew.org

-  **September 19 (Thurs.), 1:00-2:00 PM, MILL CREEK**
YMCA Mill Creek
No registration required if member, if not a member, email askorheim@ym-ca-snoco.org
-  **September 21 (Sat.), 10:00-11:00 AM, MEDICAL LAKE**
Medical Lake Library
Registration/Questions: dementia@altcew.org
-  **September 22 (Sun.), 9:30 -10:30 AM, BELLINGHAM**
First Christian Church- 495 E Bakerview Rd, Bellingham, WA 98226
Contact Kate Massey 360-410-5817 kate.massey@dshs.wa.gov
-  **September 23 (Mon.), 1:00-2:00 PM, Seattle**
Dementia Friends presented in Mandarin by Kin On
The Memory Hub
yiting.tan@kinon.org
-  **September 23 (Mon.), 2:00- 3:00 PM, EDMONDS**
Edmonds Waterfront Center
Register: Opens Sep 3; Online (<https://www.edmondswaterfrontcenter.org/>)/
Phone (425)774-5555/2nd Floor Reception
-  **September 24 (Tues.), 5:30-6:30 PM (Also Sept 10 and 17), SPOKANE VALLEY**
Dementia Friends Champion Training, 5:30-6:30 PM (Also Sept 10 and 17)
Spokane Valley Library
Registration/Questions: dementia@altcew.org
-  **September 24 (Tues.), 6:30-7:30 PM, AIRWAY HEIGHTS**
Airway Heights Library
Registration/Questions: dementia@altcew.org
-  **September 25 (Weds.), 6:30-7:30 PM, SPOKANE**
Moran Prairie Library
Registration/Questions: dementia@altcew.org
-  **September 27 (Fri.), Information Session 12:00 – 1:00 PM (Expo is happening from 9 AM – 1 PM), RENTON**
Age Friendly Senior 50+ Resource Expo- Don Persson Renton Senior Activity Center More information: https://www.rentonwa.gov/city_hall/public_works/facilities/don_persson_renton_senior_activity_center/senior_resource_expo

 **September 28 (Sat.), 10:00-11:00 AM, SPOKANE**

North Spokane Library

Registration/Questions: dementia@altcew.org

 **September 29 (Sun.), 2:00 – 3:00 PM, AUBURN**


Auburn Library- Hybrid, registration not required for in-person. For virtual attendance, register for Zoom link: <https://kcls.bibliocommons.com/events/66d0e6b36023b72f00be7530>

LOOKING AHEAD- A FEW DATES IN OCTOBER*:

 **October 1 (Mon.), 6:00-7:00 PM, MUKILTEO**

Mukilteo Library

Register: <https://sno-isle.bibliocommons.com/events/66bbc1486982fdb-26f8ac46b>

 **October 3 (Thurs.), 11:30 AM-12:00 pm, VIRTUAL**


Interested Volunteers Overview

Sign up: dementiafriendswa@uw.edu / (206)685-6749

 **October 7 (Mon.), 10:00-11:00 AM, VIRTUAL**

ZOOM session

Email dementiafriendswa@uw.edu for ZOOM link

 **October 7 (Mon.), 1:00- 2:45 PM, VIRTUAL**

CHAMPION training- for new volunteers

Email dementiafriendswa@uw.edu for more information

 **Dementia Friends American Indian & Alaska Native Cultural Adaptation
Led and hosted by: International Association for Indigenous Aging
October 8th (Tues), 11:00 am PT, VIRTUAL**

Register: <https://us06web.zoom.us/meeting/register/tZAlduyorz4oGNlmal-YEGGBtzO-kkcxL6hJX#/registration>

*Full list of October dates will be shared at the end of September/beginning of October

Contact your Dementia Friends Regional Lead to find out about more events happening in your area! Visit www.dementiafriendswa.uw.edu for more information. To schedule an Information Session for your organization, group, workplace, faith community, school, and beyond, email dementiafriendswa@uw.edu to get started.