

Collaborating for a Dementia-Friendly Washington: **Inspiring Change**

Event Schedule

Day 1 – Tuesday, September 29

9 – 9:15am

Welcome & Overview

9:15 – 10:30am

Keynote and Discussion: Building Dementia-Friendly Communities, Together

Meredith Hanley, MSW. *Project Director, Dementia Friendly America*

DISCUSSANTS:

David Brown. *Writer and Speaker on Alzheimer's Disease*

Lynn Kimball, MSW. *Executive Director, Aging & Long Term Care of Eastern Washington*

Raina Croff, PhD. *Assistant Professor of Neurology, Oregon Health & Science University*

10:30 – 10:45am

BREAK

10:45 – 11:45am

Innovation Showcase

- Frye Art Museum's Creative Aging Programs, *Mary Jane Knecht*
- Puyallup Library's Memory Café, *Debi Rinehart*
- Tai Chi Connections, *Laurelynn Brooks and Joe Liao*
- Greenwood Senior Center's early stage memory loss program and documentary, *Katie Freeman*

11:45am– 12pm

Program Demonstration: Music Mends Minds

Eileen McKenziesullivan, *Former Executive Director, Senior Services for South Sound*

12pm

CLOSING



Collaborating for a Dementia-Friendly Washington: Inspiring Change

Event Schedule

Day 2 – Wednesday, September 30

9 – 9:15am

Welcome

Program Demonstration: "Z-improv"

Pam Nolte, Co-Founder/Ambassador, Taproot Theatre

9:15 – 10:30am

BREAK-OUT SESSIONS & NETWORKING

Session A

Becoming Dementia-Friendly: The 4-Step Dementia Friendly America Process

Meredith Hanley, MSW. Project Director, Dementia Friendly America

Mark Haberman. Planning and Resource Director, Aging & Long Term Care of Eastern Washington

Joel Loiacono, MPA and Master's Level HCA Certificate. Regional Director for Eastern Washington & North Idaho, Alzheimer's Association, Washington State Chapter

Session B

Raising Dementia Awareness and Challenging Stigma: Two Innovative Approaches

Karen M Winston, MSW. Planning & Development Specialist II, Aging and Disability Services

Michael Woo, PhD, MSW, LICSW, NHA. Care Network Director, Kin On Health Care Center

Peter Trinh. Filmmaker, Director of GAPS

Session C

Staying Active, Staying Connected: How to Start an Alzheimer's Café and a Dementia-Friendly Walking Group

Cayce Cheairs. Dementia-Friendly Recreation Specialist, Seattle Parks and Recreation

Cecily Kaplan. Senior Programs Director, Phinney Neighborhood Association

Session D

Dementia Friends: Engaging Volunteers to Build Community Understanding

Alisa Tirado Strayer, MSW, MPH.

Maria Holt. Program Director, Dementia Services, Lutheran Community Services Northwest

Session E

Culturally Celebratory Approaches to Dementia-friendly Programs: Lessons Learned from the Sharp Study

Raina Croff, PhD. Assistant Professor of Neurology, NIA Layton Aging and Alzheimer's Disease Center, Oregon Health & Science University

Session F

Community in Harmony: How to Start a Participatory Music Program for People with Memory Loss

Erica Phare-Bergh, BMus, DipEd, MMus. Artistic Director, Voices in Motion / University of Victoria

Eileen McKenziesullivan, Former Executive Director, Senior Services for South Sound

Session G

A Whole New (Virtual) World: Creating Connections through Online Dementia-Friendly Programs

Beth Soltzberg, LICSW, MBA. Director, Alzheimer's/Related Disorders Family Support Program, Jewish Family & Children's Service, Boston

10:30 – 10:45am

BREAK

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Day 2 – Wednesday, September 30

10:45 – 11:25am

Panel: Next Steps for Our State

THOUGHT LEADERS REPRESENTING A VARIETY OF GROUPS/SECTORS

David Brown, *Writer and speaker on his personal experience with memory loss due to Alzheimer's disease*

Trang Tu, *Family caregiver*

Cathy Maccaul, *Advocacy Director, AARP Washington*

Cayce Cheairs, *Dementia-friendly Recreation Specialist, City of Seattle, Seattle Parks and Recreation*

Jim Wilgus, *Executive Director, Alzheimer's Association Washington State Chapter
& Regional Leader for the Pacific Northwest*

Ka'imi Sinclair, *PhD, MPH, Associate Professor and Co-Director of Partnerships for Native Health
Institute for Research and Education to Advance Community Health (IREACH)
College of Nursing, Washington State University*

Lori Brown, *Director, Southeast WA Aging and Long Term Care*

Dr. Phyllis D. Gearing-Anderson, *First AME Church – Seattle, Health Committee Chair,
Seattle King County NAACP*

Susan Engels, *Office Chief, State Unit on Aging, Aging and Long Term Support Administration*

Wendy Pender, *MLS, Older Adults Program Coordinator, King County Library System*

11:25 – 11:55am

Reflection and Small Group Discussion: Next Steps for You and Your Community

11:55am – 12pm

CLOSING

