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ART MUSEUM

Dementia, Art & Enhancing Well-Being Recommended Resources

Frye Art Museum Creative Aging: https://fryemuseum.org/creative_aging/

Frye Digital Resources: <https://www.youtube.com/user/FryeArtMuseum>

Caregiving, Policy and Dementia

- *Alzheimer's State Plan*, Washington State Department of Social and Health Services: Aging and Long-Term Support Administration
 - www.dshs.wa.gov/altsa/stakeholders/alzheimers-state-plan
- *Caring for a Person with Alzheimer's Disease or Other Dementia*, Washington State Department of Social and Health Services: Aging and Long-Term Support Administration
 - www.dshs.wa.gov/altsa/home-and-community-services/caring-person-alzheimer's-disease-or-other-dementia
- *Confronting Dementism* by Lynn Casteel Harper (January 21, 2015)
 - <http://changingaging.org/blog/confronting-dementism/>
- *Dementia Beyond Disease: Enhancing Well-being* by G. Allen Power, M.D. (2014)
- *Dementia Beyond Drugs: Changing the Culture of Care* by G. Allen Power, M.D. (2010)
- *Dementia Care: An Evidence-Based Approach* by Marie Boltz & James E. Galvin, editors (2016)
- *Grief in Caregivers of Persons with Alzheimer's Disease and Related Dementia: A Qualitative Synthesis* by Samantha Large and Richard Slinger
 - *Dementia*, Volume 14, Issue 2, pages 164-183, 2015.
- *Moving Beyond Patient and Client Approaches: Mobilizing 'Authentic Partnerships' in Dementia Care, Support and Services* by Jennifer Carson, Sherry L. Dupuis, Rebecca Genoe, Jennifer Gillies, Lisa Loiselle, Leah Sadler, and Colleen Whyte
 - *Dementia* Volume 11, Issue 4, pages 427-452, 2011.
- *My Dementia Community* by Charles Reidy (June 22, 2015)
 - alzwa.wordpress.com/2015/06/22/my-dementia-community/
- *Perspectives*, back issues of newsletter that addresses the concerns of individuals with dementia and discusses up-to-date research.
 - adrc.ucsd.edu/news.html

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- *Remember “I Can’t Remember”*: *Shifting Your Paradigm: Reapproaching Dementia / Alzheimer’s* by Eric and Heather Andersen (2014)
- *The Alzheimer’s Project*, features a series of videos that look at different aspects of Alzheimer’s disease, including pathology, being diagnosed with Alzheimer’s, and caregiving.
 - www.hbo.com/documentaries/the-alzheimers-project-caregivers
- *The Art of Medicine: Overcoming the Social Death of Dementia Through Language* by Daniel R. George
 - *The Lancet* Volume 376, Issue 9741, pages 586-587, August 21, 2010.
- *The Memory Bridge*, information on dementia and Naomi Feil’s “Validation Therapy.”
 - www.memorybridge.org
- *Toward a Theory of Dementia Care: Ethics and Interaction* by Thomas Kitwood
 - *The Journal of Clinical Ethics*, Volume 9, Issue 1, pages 23-34, 1998.
- *What’s missing in the Dementia Friends campaigns?* by Kate Swaffer (July 5, 2015)
 - kateswaffer.com/2015/07/05/whats-missing-in-the-dementia-friends-campaigns

Creativity and Dementia

- *Alzheimer’s Poetry Project*, based on a simple idea to read classic poems to people living with memory loss that they might have learned as children.
 - www.alzpoetry.com
- *Art, Creativity, Dementia* by Janelle Taylor, Discussion of literary and artistic treatment of dementia as a human experience.
 - fryemuseum.org/images/uploads/KCMSB.pdf
- *Beyond Forgetting: Poetry and Prose about Alzheimer’s* by Holly J. Hughes, editor (2009)
 - A collection of poetry and prose about Alzheimer’s disease written by contemporary writers including care partners and healthcare workers. Holly Hughes lives on the Olympic Peninsula and teaches writing workshops for people living with dementia, care partners, and others.
- *Clinical Art Therapy: A Comprehensive Guide* by Helen B. Landgarten (1981)
- *Forget Memory: Creating Better Lives for People with Dementia* by Anne Davis Basting (2009).

Anne Basting is Professor of English at the University of Wisconsin Milwaukee, and founder and President of TimeSlips (see below).

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- *here:now – Conceptual Model of the Impact of an Experimental Arts Program on Persons with Dementia and Their Care Partners* by Lee D. Burnside, Elizabeth K. Hopley, Mary Jane Knecht, and Rebecca G. Logsdon (in *Dementia* Volume 0, Issue 0, 2015. Pages 1-17)
- *I Can't Draw a Straight Line* by Shirley K. Hubalek (1997)
- *I Remember Better When I Paint: Treating Alzheimer's Through the Creative Arts* by Eric Ellena and Berna Huebner (2009)
 - <https://irememberbetterwhenipaint.wordpress.com/about/>
 - This international documentary features innovative art by and creative therapies for people with Alzheimer's.
- *I'm Still Here: A New Philosophy of Alzheimer's Care*, by John Zeisel, Ph.D. (2010)
 - Dr. Zeisel is President and cofounder of the I'm Still Here Foundation and Hearthstone Alzheimer Care. *I'm Still Here* focuses on connecting with individuals living with Alzheimer's through their abilities that don't diminish with time, such as musical and artistic skills, facial expressions, and the sense of touch.
- *Meet Me at MoMA*
 - www.moma.org/visit/accessibility/meetme
 - Robust offering of lesson plans, videos, and other arts engagement resources from the Museum of Modern Art which spearheaded museum access programs for adults living with dementia and their care partners.
- *Momentia*
 - www.momentiasattle.org
 - An online calendar of arts, recreational and social events, activities, and support in the Seattle area for people and families living with memory loss.
- *Montessori-based Activities for Persons with Dementia* by Cameron J. Camp, Ph.D. (1999)
- *Opening Minds Through Art (OMA)*
 - <https://www.scrippsoma.org/>
 - OMA is an intergenerational art program for people with dementia that pairs an older adult with a student to experience creative artmaking. Their website offers research on arts and dementia.
 - The OMA website also includes an extensive offering of free arts-based activities as part of a caregivers guide developed by artists and art organizations through the National Center for Creative Aging.

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- *Quick Brown Fox: An Alzheimer's Story* by Ann Hedreen (2004)
 - <http://www.quickbrownfoxfilm.com/>
 - A film by Seattle-based writer and filmmaker Ann Hedreen, author of *Her Beautiful Brain: A Memoir*, that focuses on her mother's diagnosis with Alzheimer's and its effect on their family.
- *Songwriting Works*
 - <https://songwritingworks.org/>
 - *Songwriting Works* enlivens daily life and supports health for people age 60+, their families and communities by creatively engaging them through music.
- *The Expressive Arts Activity Book: A Resource for Professionals* by Suzanne Darley and Wende Heath (2007)
- *The Genius of Marian* by Anna Fitch and Banker White (2013)
 - <https://geniusofmarian.com/>
 - A documentary that follows Pam White and her family as they grapple with Pam's early onset Alzheimer's. Her son, Banker, records the memories that Pam has of her mother, Marian Williams Steele, an artist, who died of Alzheimer's in 2001.
- *Timeslips*
 - <https://timeslips.org/>
 - Founded in the early nineties by Anne Basting (see above), *Timeslips* has grown into a global storytelling project. The open, poetic language of improvisational storytelling invites people with dementia to express themselves and connect with others.
- *UWM Center on Age & Community* (University of Wisconsin-Madison)
 - <https://uwm.edu/catr/>
 - Selection of resources on creative expression and dementia care. Of note are the white papers "Creative Expression and Dementia Care: Finding Meaning in Dementia June 2006."