

# Garden Discovery Program

## Summer 2024

*Connect with nature and engage with others living with memory loss and family and friends.*



***Fridays:***

***July 19, August 2,  
September 6***

**10:30 am - 12 pm**



**Maude's Garden**

The Memory Hub, 1021 Columbia St. Seattle, WA 98104

- Explore the garden, engage in plant-based projects led by a horticultural therapist, and make social connections in a supportive community.
- A partnership between Seattle Parks and Recreation and UW Memory and Brain Wellness Center
- The Garden Discovery Program is offered at no cost to participants, and made possible by support from Aegis Living Assisted Living and Memory Care communities.

Register in advance through Seattle Parks and Recreation with [activity #68221](#).

A phone conversation is required for first-time Dementia-Friendly Recreation participants. Please contact [tamara.keefe@seattle.gov](mailto:tamara.keefe@seattle.gov) to schedule.

Detailed directions and a free parking option will be provided to registered participants.

