

Garden Discovery Walks

Spring 2022

Savor the season and explore a therapeutic memory garden with others living with memory loss and friends and family

First Fridays:

April 1

May 6

June 3

10:30 am - 12 pm



Join us in Maude's Garden at the Memory Hub - the new home base for the Garden Discovery Walks program! Discover changes through the season, engage in horticultural activities, and learn what makes this public "memory garden" particularly accessible to people living with dementia and their families in this 3-part series. No cost to attend. A partnership between Seattle Parks and Recreation and UW Memory and Brain Wellness Center with support from Family Resource Home Care.

Location:

The Memory Hub, 1021 Columbia St. Seattle, WA 98104

Pre-registration required by March 25:

Tamara Keefe, (206) 615-0100, tamara.keefe@seattle.gov

