

Garden Discovery Program

Spring 2023

Connect with nature and engage with others living with memory loss and friends and family



Location: Maude's Garden

The Memory Hub, 1021 Columbia St. Seattle, WA 98104

April 7, May 5, June 2

10:30 am - 12 pm

- Explore the garden as springtime approaches, engage in nature-inspired projects led by a horticultural therapist, and make social connections in a supportive community.
- A partnership between Seattle Parks and Recreation and UW Memory and Brain Wellness Center.
- *The Garden Discovery Program is made possible by support from Aegis Living Assisted Living and Memory Care communities.*

Register in advance through Seattle Parks and Recreation, activity #55360.

A conversation with the Dementia-Friendly Recreation Specialist is required for first-time participants. Please contact Tamara Keefe at tamara.keefe@seattle.gov or 206.615.0100.

Detailed directions and a free parking option will be provided to registered participants.



Seattle
Parks & Recreation



UW Medicine
MEMORY & BRAIN
WELLNESS CENTER

Aegis Living
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