

# Garden Discovery Walks

## Winter 2018

*Savor the season and explore nature with others living with memory loss and family and friends*



**First Fridays**

**FREE!**

**10 a.m. – 12 p.m.**

**Friday, 2/2: Conservatory, Volunteer Park**

**Friday, 3/2: Center for Urban Horticulture, UW Botanic Gardens**

Enjoy a walk through a Seattle public garden, followed by a creative, nature-inspired craft led by a skilled facilitator. Light refreshments provided, bring a bag lunch (optional).

**Register by Tuesday beforehand:**

Cayce Cheairs, (206) 615-0100, [cayce.cheairs@seattle.gov](mailto:cayce.cheairs@seattle.gov)

*Offered in  
partnership:*



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