

Garden Discovery Walks

Summer and Fall 2018

Savor the season and explore nature with others living with memory loss and family and friends

First Fridays

8/3, 9/7, 10/5,
11/2

10 a.m.-12 p.m.



Enjoy a walk through a Seattle public garden, followed by a creative, nature-inspired project led by registered horticulture therapist Laura Rumpf. Light refreshments provided, bring a bag lunch (optional). Our short walks are at an easy strolling pace, usually with places to rest along the way.

Locations vary by month

Pre-registration required:

Cayce Cheairs, (206) 615-0100, cayce.cheairs@seattle.gov

*Offered in
partnership:*



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