A Memory Garden is Growing

Inspired by the continuing interest in nature and garden experiences in our community, the Memory and Brain Wellness Center is creating a memory garden for people living with dementia. This garden will be located at the Memory Hub, located beside the Frye Art Museum. The botanical garden is uniquely designed to enhance the lives of people living with dementia, as well as provide a relaxing, restorative space for all. The garden will serve as spot for drop-in gardening, relaxation, and nature-based activities, such as horticultural therapy.

The garden design process is ongoing and incorporates feedback from community members living with memory loss and care partners, as well as lessons learned from the Garden Discovery Walks program of the MBWC/Seattle Parks and Recreation and a visit to our friends at the Portland Memory Garden.

TEAM

- Genevieve Wanucha, MS, Memory Hub Green Space Project Lead, MBWC
- Laura Rumpf, HTR, Healing Garden Consultant
- Margaret (Peach) Jack, MA, CC, GRS, HTS, Landscape Designer and Therapeutic Horticulturalist
- Marigrace Becker, MSW, Program Manager of Community Education and Impact, MBWC

INTERESTED?

- The memory garden team is interested in hearing from individuals, home gardeners, businesses, or organizations who may be able to donate certain perennial plants and herbs, compost, or mulch. Please email gwanucha@uw.edu.
- To sign up for occasional updates about new and ongoing volunteer gardening and garden maintenance opportunities, please email: gwanucha@uw.edu.
- Financial donations will help support the ongoing development of the healing garden. For donation inquiries, please contact mbecker1@uw.edu